

**STRZEGOMSKA 12 - 18.06.2016, STRZEGOM**  
**- 12KM - M40**

18-06-2016 14:13

Pag: 1

| Msc | StNr | Nazwisko iImię        | Klub/Miejscowość     | Rok  | Msc  | 6km   | Brutto  | Netto   | Km/h   | Tempo |
|-----|------|-----------------------|----------------------|------|------|-------|---------|---------|--------|-------|
| 1   | 198  | LEŚNICKI MAREK        | STRZEGOMSKA 12,STANO | 1967 | 12e  | 23:14 | 47:53   | 47:50   | 15,052 | 3:59  |
| 2   | 124  | PATALON MAREK         | MARCINOWICE          | 1967 | 14e  | 23:38 | 48:41   | 48:38   | 14,805 | 4:03  |
| 3   | 26   | PELIŃSKI ANDRZEJ      | SWIDNICA             | 1969 | 22e  | 23:49 | 50:08   | 50:03   | 14,386 | 4:10  |
| 4   | 216  | MIŁUCH TOMASZ         | SOWIE TEAM,WALBRZYCH | 1975 | 23e  | 24:44 | 50:23   | 50:17   | 14,319 | 4:11  |
| 5   | 32   | PAĞOWSKI ANDRZEJ      | WROCLAW              | 1973 | 27e  | 25:39 | 51:07   | 51:03   | 14,104 | 4:15  |
| 6   | 106  | SARGALSKI MAREK       | TEMPO WALBRZYCH,WAL  | 1972 | 33e  | 25:53 | 52:30   | 52:25   | 13,736 | 4:22  |
| 7   | 155  | TRABKA DAMIAN         | TRABKA JOANNA I DAMI | 1974 | 34e  | 25:57 | 52:33   | 52:28   | 13,723 | 4:22  |
| 8   | 93   | MARKOWSKI PIOTR       | 22BPG,NOWA RUDA      | 1974 | 38e  | 25:24 | 53:01   | 52:55   | 13,606 | 4:25  |
| 9   | 49   | TARŁOWSKI PRZEMYSŁAW  | BIEGOWA SWIDNICA,SWI | 1975 | 49e  | 25:53 | 54:12   | 54:08   | 13,300 | 4:31  |
| 10  | 1    | FEDYCZKOWSKI EDWARD   | FEDYCZKOWSCY JUSTYNA | 1973 | 50e  | 26:40 | 54:21   | 54:18   | 13,260 | 4:31  |
| 11  | 236  | BARAŃSKI KRZYSZTOF    | NADLESNICTWO WALBRZY | 1974 | 55e  | 26:42 | 54:57   | 54:53   | 13,119 | 4:34  |
| 12  | 67   | LĘGA WIESŁAW          | SWIDNICA             | 1972 | 61e  | 28:10 | 55:12   | 55:00   | 13,091 | 4:36  |
| 13  | 137  | KOWAL ARTUR           | KOWAL DANUTA I ARTUR | 1968 | 67e  | 28:14 | 56:41   | 56:18   | 12,789 | 4:43  |
| 14  | 129  | ZAGAŁA PIOTR          | WWW.MOJEMIASTO.SWIDN | 1969 | 69e  | 28:33 | 56:51   | 56:24   | 12,766 | 4:44  |
| 15  | 195  | BATOR ROBERT          | JAROSZÓW 104A        | 1975 | 72e  | 28:40 | 57:00   | 56:40   | 12,706 | 4:45  |
| 16  | 108  | BUDKA MIROSLAW        | WALBRZYCH            | 1968 | 77e  | 29:09 | 57:21   | 57:18   | 12,565 | 4:46  |
| 17  | 130  | ZAJĄC SEBASTIAN       | NIEZRZESZONY,SWIDNIC | 1970 | 84e  | 28:40 | 58:17   | 58:03   | 12,403 | 4:51  |
| 18  | 5    | TERESZKIEWICZ DARIUSZ | STRZEGOMSKA DWUNASTK | 1974 | 88e  | 28:46 | 58:36   | 58:08   | 12,385 | 4:53  |
| 19  | 167  | PUDŁOWSKI PIOTR       | STRZEGOM             | 1976 | 90e  | 28:00 | 58:50   | 58:37   | 12,283 | 4:54  |
| 20  | 18   | LATKO DANIEL          | SWIDNICA             | 1968 | 93e  | 29:28 | 59:08   | 58:57   | 12,214 | 4:55  |
| 21  | 160  | MICHAŁOWICZ BENEDYKT  | JUDO START STRZEGOM, | 1973 | 101e | 29:30 | 1:00:21 | 1:00:10 | 11,967 | 5:01  |
| 22  | 103  | JARACZ ARKADIUSZ      | KAMIENNOGÓRSKA GRUPA | 1972 | 104e | 30:38 | 1:00:57 | 1:00:38 | 11,875 | 5:04  |
| 23  | 153  | TERESZKIEWICZ DARIUSZ | STRZEGOM             | 1970 | 106e | 29:27 | 1:01:07 | 1:01:04 | 11,790 | 5:05  |
| 24  | 78   | ŚLĘCZKOWSKI JACEK     | STRZEGOMSKA DWUNASTK | 1975 | 108e | 29:56 | 1:01:13 | 1:01:06 | 11,784 | 5:06  |
| 25  | 203  | DRĄG SŁAWOMIR         | CHELMIEC             | 1968 | 111e | 29:52 | 1:01:37 | 1:01:27 | 11,717 | 5:08  |
| 26  | 114  | SZABELAN PAWEŁ        | KURIER KAMIENIARSKI, | 1972 | 119e | 32:15 | 1:02:23 | 1:02:00 | 11,613 | 5:11  |
| 27  | 174  | WALA KRZYSZTOF        | KB TKKF JAWOR,JAWOR  | 1974 | 126e | 30:30 | 1:03:04 | 1:02:53 | 11,450 | 5:15  |
| 28  | 210  | HENDZEL MARIUSZ       | :),LEGNICA           | 1973 | 127e | 30:20 | 1:03:12 | 1:02:56 | 11,441 | 5:16  |
| 29  | 148  | ZAPOLNY JANUSZ        | STRZEGOMSKA DWUNASTK | 1973 | 131e | 29:43 | 1:03:29 | 1:03:23 | 11,359 | 5:17  |
| 30  | 86   | ZDZIARSKI TOMASZ      | WROCLAW              | 1973 | 133e | 30:33 | 1:03:48 | 1:03:25 | 11,353 | 5:19  |
| 31  | 80   | FARION MARCIN         | KLUB SPORTOWY "START | 1972 | 145e | 33:05 | 1:04:35 | 1:04:24 | 11,180 | 5:22  |
| 32  | 31   | PIDANTY GRZEGORZ      | PIDANTY MARZENA I GR | 1974 | 160e | 32:22 | 1:07:13 | 1:07:00 | 10,746 | 5:36  |
| 33  | 184  | SARAMA ARKADIUSZ      | BIEGAJACA KASTA MIED | 1970 | 161e | 29:40 | 1:07:19 | 1:07:00 | 10,746 | 5:36  |
| 34  | 79   | DYBIEC ARKADIUSZ      | KAMIENNOGÓRSKA GRUPA | 1973 | 168e | 32:30 | 1:08:36 | 1:08:16 | 10,547 | 5:43  |
| 35  | 119  | CIMASZEWSKI PIOTR     | WALBRZYCH            | 1975 | 169e | 33:11 | 1:08:56 | 1:08:40 | 10,485 | 5:44  |
| 36  | 21   | PARZYSZEK PIOTR       | JAWOR                | 1971 | 193e | 37:40 | 1:14:00 | 1:13:40 | 9,774  | 6:10  |
| 37  | 230  | PREISS GRZEGORZ       | WROCLAW              | 1976 | 198e | 36:37 | 1:14:23 | 1:14:00 | 9,730  | 6:11  |
| 38  | 218  | CYNK ROBERT           | STOWARZYSZENIE NASZ  | 1968 | 199e | 37:48 | 1:14:47 | 1:14:16 | 9,695  | 6:13  |
| 39  | 92   | KOCIŁOWICZ DANIEL     | IRBET TEAM,LEGNICA   | 1975 | 202e | 35:43 | 1:15:31 | 1:15:23 | 9,551  | 6:17  |
| 40  | 229  | NIWIŃSKI RAJMUND      | BOGUSZÓW GORCE       | 1967 | 205e | 34:36 | 1:16:59 | 1:16:44 | 9,383  | 6:24  |
| 41  | 88   | DUDEK KRZYSZTOF       | DUDEK MARIOLA I KRZY | 1974 | 211e | 39:35 | 1:19:55 | 1:19:31 | 9,055  | 6:39  |
| 42  | 97   | URBAŃSKI GRZEGORZ     | URBAŃSCY KATARZYNA I | 1972 | 216e | 43:24 | 1:32:18 | 1:31:59 | 7,828  | 7:41  |