

STRZEGOMSKA DWUNASTKA - 23.06.2018, STRZEGOM
- 12KM - OPENK

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| Msc | StNr | Nzwisko i Imię | Klub/Miejscowość | Rok | Msc | Kateg | 6km | Netto | Km/h | Temp |
|-----|------|---------------------------|----------------------|------|-----|-------|-------|---------|--------|------|
| 1 | 88 | ROZUMKIEWICZ SONIA | SWIDNICKA GRUPA BIEG | 1990 | 1e | K18 | 24:26 | 48:55 | 14,719 | 4:04 |
| 2 | 1 | WOJTANOWSKA PAULINA | GLKS SWIDNICA,BIELAW | 1989 | 2e | K18 | 24:27 | 49:01 | 14,689 | 4:05 |
| 3 | 127 | LACHOWSKA MONIKA | KLUB BIEGACZA BOLESL | 1980 | 1e | K30 | 25:10 | 51:08 | 14,081 | 4:15 |
| 4 | 213 | MORAWSKA BOŻENA | SWIDNICA | 1969 | 1e | K40 | 25:50 | 51:43 | 13,922 | 4:18 |
| 5 | 26 | SZYMAŃSKA BRYGIDA | STRZEGOMSKA DWUNASTK | 1990 | 3e | K18 | 26:52 | 53:47 | 13,387 | 4:28 |
| 6 | 85 | PIEKARSKA KARINA | SWIEBODZICE | 1975 | 2e | K40 | 27:12 | 54:27 | 13,223 | 4:32 |
| 7 | 352 | KALITA KATARZYNA | GLKS ZELAZNA SWIDNIC | 1989 | 4e | K18 | 28:13 | 56:38 | 12,713 | 4:43 |
| 8 | 75 | FARNHOLTZ EWA | STRZEGOMSKA DWUNASTK | 1984 | 2e | K30 | 28:38 | 56:49 | 12,672 | 4:44 |
| 9 | 146 | JANKOWSKA MAGDALENA | JKSSALAMANDRA,CHELMI | 1981 | 3e | K30 | 28:34 | 56:51 | 12,665 | 4:44 |
| 10 | 337 | PERZYNSKA KAROLINA | ZORKA JELONKI RUNNIN | 1987 | 4e | K30 | 28:21 | 57:44 | 12,471 | 4:48 |
| 11 | 72 | GAJEWSKA KATARZYNA | EBIEGI.PL,KLODZKO | 1977 | 3e | K40 | 28:49 | 58:35 | 12,290 | 4:52 |
| 12 | 167 | WYSZOWSKA AGNIESZKA | PREDATORS WALBRZYCH, | 1975 | 4e | K40 | 28:50 | 58:47 | 12,248 | 4:53 |
| 13 | 52 | ROMANÓW-ŁOJKO MARTA | WROCLAW | 1986 | 5e | K30 | 29:59 | 58:54 | 12,224 | 4:54 |
| 14 | 282 | JĘCZMIENIAK ALICJA | TEAM LUBAWKA,LUBAWKA | 1971 | 5e | K40 | 30:03 | 59:12 | 12,162 | 4:56 |
| 15 | 140 | POTONIEC KAROLINA | ROGOZNICA | 1997 | 5e | K18 | 29:26 | 59:26 | 12,114 | 4:57 |
| 16 | 333 | KOTOWSKA KLAUDIA | ZORKA JELONKI RUNNIN | 1994 | 6e | K18 | 29:56 | 59:26 | 12,114 | 4:57 |
| 17 | 116 | DURKALEC EWELINA | BOLKÓW | 1983 | 6e | K30 | 29:30 | 59:43 | 12,057 | 4:58 |
| 18 | 48 | KRÓL-PIDANTY MARZENA | STRZEGOMSKA DWUNASTK | 1975 | 6e | K40 | 29:59 | 59:47 | 12,043 | 4:58 |
| 19 | 267 | ROMANCZYK BEATA | STRZEGOMSKA 12,STRZE | 1979 | 7e | K30 | 29:21 | 1:00:00 | 12,000 | 5:00 |
| 20 | 53 | TRAWIŃSKA BARBARA | KAMIENNA GÓRA | 1980 | 8e | K30 | 30:48 | 1:00:19 | 11,937 | 5:01 |
| 21 | 257 | DOBROCHOWSKA ILONA | STRZEGOMSKA DWUNASTK | 1979 | 9e | K30 | 30:14 | 1:00:50 | 11,836 | 5:04 |
| 22 | 285 | MIECZNIKIEWICZ KAROLINA | DEKORIA RUNNERS,SWID | 1980 | 10e | K30 | 30:54 | 1:01:49 | 11,647 | 5:09 |
| 23 | 104 | SWIERK KRYSZYNA | NATURALNIE JANOWICE, | 1957 | 1e | K60 | 30:25 | 1:02:05 | 11,597 | 5:10 |
| 24 | 193 | LUBAŃSKA ALICJA | ZS BUKOWICE,BUKOWICE | 1968 | 1e | K50 | 30:30 | 1:02:46 | 11,471 | 5:13 |
| 25 | 20 | FARION MARZENA | THE FARIONS,STRZEGOM | 1981 | 11e | K30 | 32:00 | 1:03:25 | 11,353 | 5:17 |
| 26 | 251 | NALEWAJKO IZABELA | SMERFETKA,KARWIANY | 1972 | 7e | K40 | 32:19 | 1:03:48 | 11,285 | 5:19 |
| 27 | 149 | CELUCH RENATA | KB LEW LEGNICA,CHOJN | 1975 | 8e | K40 | 31:43 | 1:04:02 | 11,244 | 5:20 |
| 28 | 157 | DROŻYŃSKA STELLA | SWIDNICA | 1977 | 9e | K40 | 30:39 | 1:04:07 | 11,230 | 5:20 |
| 29 | 92 | KOWZAN MARZENA | WALBRZYCH | 1978 | 10e | K40 | 31:40 | 1:04:09 | 11,224 | 5:20 |
| 30 | 265 | WISNIEWSA EWA | ROGOZNICA | 1968 | 2e | K50 | 31:28 | 1:04:24 | 11,180 | 5:22 |
| 31 | 132 | KĘSY-KOWALSKA HANNA | SZCZAWNORUN,SZCZAWNO | 1967 | 3e | K50 | 31:46 | 1:04:28 | 11,169 | 5:22 |
| 32 | 350 | ZAKASZEWSKA ALICJA | GÓRA | 1971 | 11e | K40 | 32:08 | 1:05:03 | 11,068 | 5:25 |
| 33 | 367 | CZYREK-SZUMIŃSKA MAGDALEN | WALBRZYCH | 1981 | 12e | K30 | 31:40 | 1:05:06 | 11,060 | 5:25 |
| 34 | 89 | CICHOŃ ELŻBIETA | STRZEGOMSKA DWUNASTK | 1981 | 13e | K30 | 32:42 | 1:05:08 | 11,054 | 5:25 |
| 35 | 242 | MARZAŁ MAGDALENA | GLUSZYCA | 1981 | 14e | K30 | 31:55 | 1:05:12 | 11,043 | 5:26 |
| 36 | 348 | POPIELARCZYK ADRIANNA | WILCZYCE | 1974 | 12e | K40 | 32:57 | 1:05:16 | 11,032 | 5:26 |
| 37 | 232 | SERAFIN EWELINA | RADKÓW | 1977 | 13e | K40 | 32:30 | 1:05:30 | 10,992 | 5:27 |
| 38 | 294 | RACZYŃSKA DAGMARA | SOKOLOWSKO,SOKOLOWSK | 1977 | 14e | K40 | 33:43 | 1:05:53 | 10,928 | 5:29 |
| 39 | 174 | RAINSZ ANNA | JAWORZYNA SLASKA | 1986 | 15e | K30 | 32:42 | 1:06:31 | 10,824 | 5:32 |
| 40 | 3 | KOPACZYŃSKA BEATA | ZIELONA GÓRA | 1971 | 15e | K40 | 33:07 | 1:06:34 | 10,816 | 5:32 |
| 41 | 292 | JÓDA WERONIKA | ZARÓW | 1974 | 16e | K40 | 34:06 | 1:06:39 | 10,803 | 5:33 |
| 42 | 320 | ŚNIEŻNA BEATA | LUBAWKA TEAM,LUBAWKA | 1966 | 4e | K50 | 31:59 | 1:06:45 | 10,787 | 5:33 |
| 43 | 63 | ŁAZAROWICZ KATARZYNA | JKS SALAMANDRA,JAWOR | 1977 | 17e | K40 | 33:39 | 1:07:03 | 10,738 | 5:35 |
| 44 | 94 | SZOLC OLGA | AKTYWNY WALBRZYCH,WA | 2000 | 7e | K18 | 32:44 | 1:07:27 | 10,675 | 5:37 |
| 45 | 298 | MACHOWCZYK AGNIESZKA | WALBRZYCH | 1974 | 18e | K40 | 34:22 | 1:07:34 | 10,656 | 5:37 |
| 46 | 161 | ŁUBIŃSKA NATALIA | WROCLAW | 1989 | 8e | K18 | 33:16 | 1:07:37 | 10,648 | 5:38 |
| 47 | 124 | KLIMOWICZ-BODYS MAŁGORZAT | WROCLAW | 1976 | 19e | K40 | 33:31 | 1:07:43 | 10,633 | 5:38 |
| 48 | 368 | RUDKIEWICZ MARTYNA | BIELAWA | 1995 | 9e | K18 | 36:08 | 1:07:46 | 10,625 | 5:38 |
| 49 | 225 | PIETRZAK ANNA | WROCLAW | 1977 | 20e | K40 | 33:50 | 1:07:49 | 10,617 | 5:39 |
| 50 | 93 | SZERER IWONA | AKTYWNY WALBRZYCH,WA | 1974 | 21e | K40 | 32:27 | 1:08:04 | 10,578 | 5:40 |

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|-----|------|---------------------|----------------------|------|-----|-------|-------|---------|--------|------|
| 51 | 156 | DĄBROWSKA AGATA | LOMNICA | 1982 | 16e | K30 | 33:16 | 1:08:33 | 10,503 | 5:42 |
| 52 | 38 | NIECHAJ ANNA | PREDATORS WALBRZYCH, | 1979 | 17e | K30 | 33:16 | 1:08:49 | 10,463 | 5:44 |
| 53 | 51 | RASZCZUK MARTYNA | PREDATORS WALBRZYCH | 1982 | 18e | K30 | 33:16 | 1:08:49 | 10,463 | 5:44 |
| 54 | 277 | MADOŃ MAGDALENA | ZIELONA GÓRA | 1987 | 19e | K30 | 34:29 | 1:09:15 | 10,397 | 5:46 |
| 55 | 101 | PRZYBYSZ AGNIESZKA | WALBRZYCH | 1974 | 22e | K40 | 34:26 | 1:09:16 | 10,395 | 5:46 |
| 56 | 80 | HYRLIK KATARZYNA | POKONAJ GRANICE GRUP | 1973 | 23e | K40 | 34:20 | 1:10:12 | 10,256 | 5:51 |
| 57 | 198 | SIECZKOWSKA ANNA | THE FARIONS,SOBOKLES | 1979 | 20e | K30 | 34:17 | 1:10:28 | 10,218 | 5:52 |
| 58 | 143 | DUDEK MARIOLA | STRZEGOMSKA DWUNASTK | 1976 | 24e | K40 | 35:10 | 1:10:36 | 10,198 | 5:53 |
| 59 | 301 | PARCHANOWICZ BOŻENA | STRZEGOM | 1967 | 5e | K50 | 35:16 | 1:11:10 | 10,117 | 5:55 |
| 60 | 123 | GARBACZ KATARZYNA | SWIDNICA | 1979 | 21e | K30 | 34:16 | 1:11:25 | 10,082 | 5:57 |
| 61 | 98 | RECZULSKA MONIKA | AKTYWNY WALBRZYCH,WA | 1973 | 25e | K40 | 35:35 | 1:11:58 | 10,005 | 5:59 |
| 62 | 312 | CEDZIDŁO MAŁGORZATA | LUBAWKA | 1976 | 26e | K40 | 35:10 | 1:12:22 | 9,949 | 6:01 |
| 63 | 159 | KOZUBOWICZ WIOLETTA | SWIDNICKA GRUPA BIEG | 1974 | 27e | K40 | 33:50 | 1:12:37 | 9,915 | 6:03 |
| 64 | 138 | PŁOSZAJCZYK BEATA | STRZEGOMSKA DWUNASTK | 1968 | 6e | K50 | 36:07 | 1:13:10 | 9,841 | 6:05 |
| 65 | 201 | BRABAŃSKA AGATA | KORBOLE TEAM,KUBICE | 1971 | 28e | K40 | 36:02 | 1:13:10 | 9,841 | 6:05 |
| 66 | 345 | NALEPA DOMINIKA | JELEŃ GÓRA | 1995 | 10e | K18 | 36:09 | 1:13:20 | 9,818 | 6:06 |
| 67 | 727 | KOWALSKA EDYTA | STRZEGOMSKA 12,STRZE | 1977 | 29e | K40 | 36:08 | 1:15:42 | 9,511 | 6:18 |
| 68 | 54 | BIAŁOŻYD BOŻENA | WROCLAW | 1959 | 7e | K50 | 37:49 | 1:16:23 | 9,426 | 6:21 |
| 69 | 324 | KOZIEŁ DAGMARA | WSCHOWA | 1992 | 11e | K18 | 37:56 | 1:16:36 | 9,399 | 6:23 |
| 70 | 43 | DOBROWOLSKA BOŻENA | JELEŃ GÓRA | 1952 | 2e | K60 | 37:31 | 1:17:17 | 9,316 | 6:26 |
| 71 | 9 | SZYMAŃSKA MARIA | STRZEGOMSKA DWUNASTK | 1959 | 8e | K50 | 38:37 | 1:18:50 | 9,133 | 6:34 |
| 72 | 120 | STANISZEWSKA ARETA | WALBRZYSKIE MORSY I | 1990 | 12e | K18 | 39:13 | 1:19:22 | 9,072 | 6:36 |
| 73 | 118 | NOWAK KATARZYNA | DZIECMOROWICE | 1985 | 22e | K30 | 39:13 | 1:19:23 | 9,070 | 6:36 |
| 74 | 154 | BIJAK DOROTA | WROCLAW | 1957 | 3e | K60 | 39:48 | 1:20:11 | 8,979 | 6:40 |
| 75 | 100 | PIETRAS BARBARA | STRZEGOMSKA DWUNAST | 1951 | 4e | K60 | 39:26 | 1:23:20 | 8,640 | 6:56 |
| 76 | 346 | NOWAKOWSKA GENOWEFA | BIEGAMDLAZDROWIA.PL, | 1956 | 5e | K60 | 42:17 | 1:24:30 | 8,521 | 7:02 |