

**BIEG SZLAK TRAFI 2018 - 04.08.2018, PARCHATKA
- 7KM - 7K-K**

04-08-2018 11:52

Pag: 1

| Msc | StNr | Nazwisko i Imię | Klub/Miejscowość | Rok | MscGen | Brutto | Netto | Km/h | Tempo |
|-----|------|---------------------------|----------------------|------|--------|--------|-------|--------|-------|
| 1 | 3 | TYLUTKI KINGA | MULTIMEDIA RUNNERS P | 1983 | 22e | 41:24 | 41:16 | 10,178 | 5:54 |
| 2 | 161 | DANILUK EDYTA | AVANGARDA PUŁAWY | 1986 | 23e | 41:47 | 41:38 | 10,088 | 5:58 |
| 3 | 187 | WIDELSKA EWELINA | BELŻYCE | 1983 | 33e | 42:54 | 42:50 | 9,805 | 6:07 |
| 4 | 9 | BILSKA-ZAJĄC EWA | MULTIMEDIA RUNNERS P | 1984 | 34e | 42:55 | 42:40 | 9,844 | 6:07 |
| 5 | 126 | DYŚ MAŁGORZATA | LUBLIN | 1979 | 36e | 43:40 | 43:30 | 9,655 | 6:14 |
| 6 | 180 | PESZEK KATARZYNA | DZIKIE GRUBASY SZATA | 1978 | 37e | 43:43 | 43:28 | 9,663 | 6:14 |
| 7 | 24 | GORECKA ALEKSANDRA | BIEGUSIEM.PL,MARKUSZ | 1994 | 39e | 43:59 | 43:43 | 9,607 | 6:17 |
| 8 | 117 | BISZCZUK MARIOLA | AVANGARDA PUŁAWY | 1985 | 40e | 44:07 | 44:03 | 9,535 | 6:18 |
| 9 | 116 | ZMARZ MALGORZATA | SANOK | 1979 | 45e | 45:23 | 45:16 | 9,278 | 6:29 |
| 10 | 151 | WITKOWSKA-WALENCIK JUSTYN | AVANGARDA PUŁAWY | 1981 | 46e | 45:25 | 45:17 | 9,275 | 6:29 |
| 11 | 10 | MICHALAK BEATA | GÓRA KALWARIA | 1989 | 47e | 45:27 | 45:14 | 9,285 | 6:29 |
| 12 | 120 | ZAWADZKA MONIKA | AVANGARDA PUŁAWY | 1974 | 50e | 46:32 | 46:27 | 9,042 | 6:38 |
| 13 | 150 | WĘGLIŃSKA KATARZYNA | AVANGARDA PUŁAWY | 1976 | 52e | 47:03 | 46:53 | 8,958 | 6:43 |
| 14 | 75 | WÓJCIK ANNA | DZIKIE MUSTANGI | 1989 | 54e | 47:34 | 46:44 | 8,987 | 6:47 |
| 15 | 6 | KOŁODZIEJCZYK MARTA | FIZJO-SPORT LECZNA B | 1980 | 61e | 48:39 | 48:15 | 8,705 | 6:57 |
| 16 | 184 | WÓJCIK AGNIESZKA | ŁĘCZNA | 1977 | 62e | 48:39 | 48:15 | 8,705 | 6:57 |
| 17 | 59 | KAWKA MAŁGORZATA | ZYRZYN | 1985 | 64e | 49:17 | 49:02 | 8,566 | 7:02 |
| 18 | 113 | MALETKA DOMINIKA | KOLBIEL | 1989 | 65e | 49:17 | 49:07 | 8,551 | 7:02 |
| 19 | 155 | MARGOL-SZUWARA AGNIESZKA | 1. BDM | 1980 | 67e | 49:31 | 49:05 | 8,557 | 7:04 |
| 20 | 374 | BIENIAS MARIOLA | ŁYZIO & MILORD KĄPAN | 1988 | 69e | 50:05 | 49:52 | 8,422 | 7:09 |
| 21 | 131 | MEJKA ANETA | RACEFIGHTER | 1976 | 71e | 50:19 | 50:12 | 8,367 | 7:11 |
| 22 | 25 | WÓJCIK MAŁGORZATA | DSS ORLETA,STEZYCA | 1980 | 72e | 50:23 | 49:51 | 8,425 | 7:11 |
| 23 | 55 | ZAKASZEWSKA AGNIESZKA | IM-POSSIBLE TEAM | 1984 | 76e | 50:49 | 50:15 | 8,358 | 7:15 |
| 24 | 7 | GAWLIK SYLWIA | LUBLIN | 1980 | 78e | 50:58 | 50:27 | 8,325 | 7:16 |
| 25 | 21 | STOIŃSKA BARBARA | LASKI | 1981 | 80e | 51:25 | 50:57 | 8,243 | 7:20 |
| 26 | 66 | RACZKIEWICZ RENATA | LEICESTER | 1984 | 81e | 51:29 | 51:13 | 8,200 | 7:21 |
| 27 | 103 | STEPIEŃ DOROTA | WARSZAWA | 1984 | 82e | 51:35 | 51:12 | 8,203 | 7:22 |
| 28 | 109 | NOWAK KATARZYNA | DZIKIE GRUBASY SZATA | 1987 | 83e | 51:50 | 51:36 | 8,140 | 7:24 |
| 29 | 167 | PIOTROWICZ MAGDALENA | CISOWIANKA TEAM PL,L | 1986 | 86e | 52:44 | 52:23 | 8,018 | 7:32 |
| 30 | 159 | SAWA KAMILA | AVANGARDA PUŁAWY | 1990 | 87e | 52:50 | 52:42 | 7,970 | 7:32 |
| 31 | 104 | GORZKOWSKA IWONA | BUKOWSKO | 1980 | 89e | 52:58 | 52:51 | 7,947 | 7:34 |
| 32 | 14 | KRASOWICZ IWONA | LUBLIN | 1977 | 91e | 53:12 | 52:39 | 7,977 | 7:36 |
| 33 | 79 | CZARNECKA EWA | MULTIMEDIA RUNNERS P | 1980 | 93e | 53:29 | 53:10 | 7,900 | 7:38 |
| 34 | 62 | BARDEZEL JUSTYNA | LÓDZ | 1983 | 96e | 53:34 | 53:21 | 7,873 | 7:39 |
| 35 | 154 | KURPIŃSKA EWELINA | AVANGARDA PUŁAWY | 1990 | 98e | 53:36 | 53:28 | 7,855 | 7:39 |
| 36 | 83 | BORZECKA MAGDALENA | PUŁAWY | 1979 | 100e | 53:40 | 53:28 | 7,855 | 7:40 |
| 37 | 146 | KRÓL ALEKSANDRA | AVANGARDA PUŁAWY | 1991 | 101e | 53:43 | 53:31 | 7,848 | 7:40 |
| 38 | 32 | GNIECIAK MONIKA | GÓRA PUŁAWSKA | 1980 | 102e | 53:54 | 53:26 | 7,860 | 7:42 |
| 39 | 163 | KLESZCZYŃSKA AGNIESZKA | MULTIMEDIA RUNNERS P | 1985 | 103e | 53:54 | 53:23 | 7,868 | 7:42 |
| 40 | 143 | DYŚ OLGA | LUBLIN | 1989 | 104e | 53:57 | 53:32 | 7,846 | 7:42 |
| 41 | 164 | KŁOPOT STANISŁAWA | PUŁAWY | 1972 | 105e | 53:58 | 53:26 | 7,860 | 7:42 |
| 42 | 54 | RUTKOWSKA MILENA | AVANGARDA FITNESS&SP | 1982 | 106e | 53:58 | 53:27 | 7,858 | 7:42 |
| 43 | 40 | RZEŃNIK JOLANTA | 9-TKA RUNNING TEAM,P | 1962 | 107e | 54:06 | 53:55 | 7,790 | 7:43 |
| 44 | 88 | BRZEZNICKA JUSTYNA | WARSZAWA | 1980 | 108e | 54:10 | 53:37 | 7,833 | 7:44 |
| 45 | 43 | WOJDASZKA DOMINIKA | GARBÓW | 1990 | 109e | 54:40 | 54:24 | 7,721 | 7:48 |
| 46 | 169 | WALCZAK IZABELA | LUBLIN BIEGA | 1984 | 110e | 55:55 | 55:17 | 7,597 | 7:59 |
| 47 | 96 | PAWŁOWSKA-LIS MARIA | JANOWIEC | 1977 | 113e | 56:34 | 55:48 | 7,527 | 8:04 |
| 48 | 56 | BOCHENKIEWICZ MARIA | MULTIMEDIA RUNNERS P | 1987 | 115e | 57:01 | 56:41 | 7,410 | 8:08 |
| 49 | 58 | WIKIERA ALINA | BARANÓW | 1988 | 117e | 57:03 | 56:29 | 7,436 | 8:09 |
| 50 | 80 | BOCHENKIEWICZ KAMILA | MULTIMEDIA RUNNERS P | 1982 | 118e | 57:06 | 56:49 | 7,392 | 8:09 |

**BIEG SZLAK TRAFI 2018 - 04.08.2018, PARCHATKA
- 7KM - 7K-K**

04-08-2018 11:52

Pag: 2

| Msc | StNr | Nazwisko i Imię | Klub/Miejscowość | Rok | MscGen | Brutto | Netto | Km/h | Tempo |
|-----|------|-------------------------|----------------------|------|--------|---------|---------|-------|-------|
| 51 | 130 | MATYSIAK KAROLINA | TCZÓW | 1983 | 119e | 57:07 | 56:51 | 7,388 | 8:09 |
| 52 | 186 | BOJARSZCZUK JOLANTA | PULAWY | 1977 | 123e | 57:59 | 57:46 | 7,271 | 8:17 |
| 53 | 102 | DERMAŃSKA MARTA | WARSZAWA | 1984 | 124e | 58:07 | 57:44 | 7,275 | 8:18 |
| 54 | 37 | GAWRYJOLEK KAROLINA | GOLAB | 1984 | 125e | 58:08 | 57:31 | 7,302 | 8:18 |
| 55 | 153 | MARCZAK-SIKORA KAROLINA | MULTIMEDIA RUNNERS P | 1980 | 126e | 58:26 | 57:41 | 7,281 | 8:20 |
| 56 | 4 | PROKOPIUK MAGDALENA | RADONIE | 1975 | 130e | 59:40 | 58:51 | 7,137 | 8:31 |
| 57 | 67 | SZARSKA IWONA | ALETEMPO,WARSZAWA | 1960 | 133e | 1:00:38 | 59:59 | 7,002 | 8:39 |
| 58 | 144 | GRONOWSKA MAŁGORZATA | MIACZYN | 1977 | 134e | 1:01:09 | 1:00:23 | 6,956 | 8:44 |
| 59 | 92 | JAWORSKA JUSTYNA | PULAWY | 1978 | 135e | 1:01:09 | 1:00:23 | 6,956 | 8:44 |
| 60 | 68 | GLINKA EWA | DZIKIE MUSTANGI | 1987 | 137e | 1:02:38 | 1:01:48 | 6,796 | 8:56 |
| 61 | 81 | WIECZOREK BEATA | DZIKIE GRUBASY SZATA | 1987 | 138e | 1:02:54 | 1:02:40 | 6,702 | 8:59 |
| 62 | 106 | FIROSZ MAŁGORZATA | BIEGAJĄCY ŚWIDNIK | 1999 | 139e | 1:03:45 | 1:03:25 | 6,623 | 9:06 |
| 63 | 156 | NAWROCKA AGNIESZKA | AVANGARDA PULAWY | 1977 | 141e | 1:05:14 | 1:05:04 | 6,455 | 9:19 |
| 64 | 19 | SMOCZYŃSKA AGNIESZKA | JÓZEFOSLAW | 1969 | 142e | 1:05:19 | 1:04:42 | 6,491 | 9:19 |
| 65 | 63 | CIESIELSKA IWONA | WARSZAWA | 1969 | 143e | 1:05:19 | 1:04:43 | 6,490 | 9:19 |
| 66 | 85 | KĘSKA EWA | LUBLIN | 1960 | 144e | 1:06:12 | 1:05:48 | 6,383 | 9:27 |
| 67 | 41 | KOWALSKA MONIKA | T-MOBILE RUNNING TEA | 1979 | 146e | 1:08:01 | 1:07:33 | 6,218 | 9:43 |
| 68 | 127 | OŻÓG DOROTA | CHELM | 1975 | 147e | 1:09:05 | 1:08:47 | 6,106 | 9:52 |
| 69 | 128 | OŻÓG IWONA | CHELM | 1973 | 148e | 1:09:05 | 1:08:47 | 6,106 | 9:52 |
| 70 | 95 | BARCZAK SYLWIA | STAY INSANE | 1984 | 149e | 1:09:30 | 1:09:02 | 6,084 | 9:55 |
| 71 | 11 | MOSKALIK IWONA | MULTIMEDIA RUNNERS P | 1980 | 150e | 1:11:14 | 1:10:26 | 5,963 | 10:10 |
| 72 | 65 | RABA JOLANTA | GRUPA BIEGOWA UM W-W | 1963 | 152e | 1:12:31 | 1:11:49 | 5,848 | 10:21 |
| 73 | 17 | SMOCZYŃSKA KATARZYNA | JÓZEFOSLAW | 1974 | 153e | 1:12:32 | 1:11:55 | 5,840 | 10:21 |
| 74 | 77 | MATUSZEWSKA KAROLINA | LEGIONOWO | 1979 | 154e | 1:17:12 | 1:16:31 | 5,489 | 11:01 |