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| Msc | NrSt | Nazwisko | Klub/Miasto | Rok | MscKat | Netto | Km/h | Tempo |
|-----|------|----------------------|-----------------------|------|--------|-------|--------|-------|
| 1 | 734 | BOROWSKI TOMASZ | SZCZECIN | 2000 | 1e | 0:29 | 14,897 | 4:01 |
| 2 | 809 | RZESZOWSKI PAWEŁ | SZCZECIN | 1978 | 2e | 0:31 | 13,935 | 4:18 |
| 3 | 327 | OSSOWICZ MARCIN | BARLINEK | 1986 | 3e | 0:33 | 13,091 | 4:35 |
| 4 | 11 | KUC MACIEJ | STARGARD | 1993 | 4e | 0:33 | 13,091 | 4:35 |
| 5 | 588 | KAPLANIAK ADRIAN | 12 BZ,SZCZECIN | 1985 | 5e | 0:33 | 13,091 | 4:35 |
| 6 | 412 | CZAJA ADRIAN | SZCZECIN | 1984 | 6e | 0:33 | 13,091 | 4:35 |
| 7 | 440 | BERLINSKI WOJCIECH | SZCZECIN | 1992 | 7e | 0:36 | 12,000 | 5:00 |
| 8 | 625 | MLYNARZ KAMIL | SKB KRASNIK/ BIEG CIA | 1990 | 8e | 0:36 | 12,000 | 5:00 |
| 9 | 475 | SAMSON DAMIAN | SZCZECIN | 1988 | 9e | 0:39 | 11,077 | 5:25 |
| 10 | 717 | STELMACH MARIUSZ | SZCZECIN | 1986 | 10e | 0:40 | 10,800 | 5:33 |
| 11 | 340 | PIELECHOWSKI PIOTR | SZCZECIN | 1992 | 11e | 0:41 | 10,537 | 5:41 |
| 12 | 561 | KOWALSKI MACIEK | SZCZECIN | 2000 | 12e | 0:41 | 10,537 | 5:41 |
| 13 | 554 | KRAWCZYK MATEUSZ | KB PIONIER SZCZECIN/ | 1991 | 13e | 0:41 | 10,537 | 5:41 |
| 14 | 899 | KUS ADAM | UKS CITYZEN ,POZNAN | 1997 | 14e | 0:41 | 10,537 | 5:41 |
| 15 | 41 | PYREK RAFAŁ | RUN FOR FUN BEZRZECZ | 1976 | 15e | 0:42 | 10,286 | 5:50 |
| 16 | 457 | WOŁYNIAC SZYMON | KOSZALIN | 1996 | 16e | 0:42 | 10,286 | 5:50 |
| 17 | 838 | MASTERNAK KRYSZTIAN | BINOWO | 1995 | 17e | 0:43 | 10,047 | 5:58 |
| 18 | 383 | KRYGIER KRZYSZTOF | #K2DLAPOLAKOW,SZCZEC | 1983 | 18e | 0:44 | 9,818 | 6:06 |
| 19 | 522 | WIEDRO MARCIN | SZCZECIN | 1980 | 20e | 0:44 | 9,818 | 6:06 |
| 20 | 445 | FRITSCH MATEUSZ | SZCZECIN | 2001 | 21e | 0:44 | 9,818 | 6:06 |
| 21 | 375 | KOWAL TOMASZ | SZCZECIN | 1975 | 22e | 0:44 | 9,818 | 6:06 |
| 22 | 468 | WISNIEWSKI KRZYSZTOF | EKOTRENDY ,SZCZECIN | 1984 | 23e | 0:45 | 9,600 | 6:15 |
| 23 | 84 | WIERZBICKI RAFAŁ | SZCZECIN | 1977 | 25e | 0:45 | 9,600 | 6:15 |
| 24 | 328 | SZCZĘSNY MACIEJ | DAJ MI CIASTKO! ,SZCZ | 1981 | 26e | 0:46 | 9,391 | 6:23 |
| 25 | 697 | FORNAL GRZEGORZ | SZCZECIN | 1986 | 27e | 0:46 | 9,391 | 6:23 |
| 26 | 799 | KACZMAREK MACIEJ | CENTRUM MEDYCZNE EUR | 1990 | 28e | 0:47 | 9,191 | 6:31 |
| 27 | 761 | FILIPIAK KRZYSZTOF | KLUB SPORTOWY DOBRA | 1997 | 29e | 0:47 | 9,191 | 6:31 |
| 28 | 229 | CHŁOPEK TOMASZ | SZCZECIN,SZCZECIN | 1988 | 30e | 0:47 | 9,191 | 6:31 |
| 29 | 202 | RUSEK KAMIL | SZCZECIN | 1983 | 31e | 0:47 | 9,191 | 6:31 |
| 30 | 662 | ANDRZEJEWSKI DAREK | MIERZYN | 1971 | 34e | 0:47 | 9,191 | 6:31 |
| 31 | 17 | JAWORSKI PIOTR | ALISIAINATALKA,SZCZE | 1981 | 35e | 0:47 | 9,191 | 6:31 |
| 32 | 249 | KONTEK SZYMON | RUBASZNY GENTLEMAN,S | 1983 | 36e | 0:48 | 9,000 | 6:40 |
| 33 | 467 | SWIĄTEK KUBA | SKS HUSARIA,SZCZECIN | 1977 | 38e | 0:48 | 9,000 | 6:40 |
| 34 | 586 | SIECZKOWSKI MICHAŁ | KB PIONIER SZCZECIN, | 1983 | 39e | 0:48 | 9,000 | 6:40 |
| 35 | 564 | PIETRUSZKA PAWEŁ | KUSY MKS SZCZECIN,SZ | 2002 | 40e | 0:48 | 9,000 | 6:40 |
| 36 | 185 | WOJSZCZYK MICHAŁ | BRIDGESTONE STARGARD | 1984 | 41e | 0:48 | 9,000 | 6:40 |
| 37 | 497 | TOPOREK PRZEMYSŁAW | SZCZECIN | 1984 | 42e | 0:48 | 9,000 | 6:40 |
| 38 | 576 | SLIPSKI BARTŁOMIEJ | JBK!!! ,SZCZECIN | 1986 | 43e | 0:48 | 9,000 | 6:40 |
| 39 | 354 | ZWIERZYNSKI DOMINIK | SZCZECIN | 1979 | 44e | 0:48 | 9,000 | 6:40 |
| 40 | 853 | SZUBINSKI ADAM | PRZECLAW | 1981 | 45e | 0:48 | 9,000 | 6:40 |
| 41 | 312 | SIWEK PIOTR | BEZRZECZE | 1985 | 46e | 0:48 | 9,000 | 6:40 |
| 42 | 643 | PRZYBYŁ RAFAŁ | SZCZECIN | 1986 | 47e | 0:48 | 9,000 | 6:40 |
| 43 | 417 | PASIKOWSKI KAMIL | SKB DZIK,SZCZECIN | 1997 | 48e | 0:49 | 8,816 | 6:48 |
| 44 | 284 | SZYSZKA KONRAD | WIECZORNE BIEGANIE W | 1980 | 49e | 0:49 | 8,816 | 6:48 |
| 45 | 95 | WYBRANIEC ŁUKASZ | SZCZECIN | 1980 | 50e | 0:49 | 8,816 | 6:48 |
| 46 | 139 | DROZDZINSKI KONRAD | SZCZECIN | 1983 | 51e | 0:49 | 8,816 | 6:48 |
| 47 | 333 | ŁYSON PIOTR | STARGARD | 1989 | 52e | 0:49 | 8,816 | 6:48 |
| 48 | 79 | WASILEWSKI ANDRZEJ | SZCZECIN | 1978 | 53e | 0:49 | 8,816 | 6:48 |
| 49 | 540 | MIADLICKI PIOTR | WIECZORNE BIEGANIE W | 1991 | 54e | 0:49 | 8,816 | 6:48 |
| 50 | 376 | GRUDOWSKI KONRAD | AKTYWNE PRAWOBRZEZE, | 1985 | 55e | 0:50 | 8,640 | 6:56 |

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| Msc | NrSt | Nazwisko | Klub/Miasto | Rok | MscKat | Netto | Km/h | Tempo |
|-----|------|------------------------|----------------------|------|--------|-------|-------|-------|
| 51 | 49 | PAKUŁA TOMASZ | PAN BROKUL TEAM,GOLE | 1984 | 56e | 0:50 | 8,640 | 6:56 |
| 52 | 821 | NIESTEROWICZ KAROL | KS WISKORD,SZCZECIN | 1990 | 58e | 0:50 | 8,640 | 6:56 |
| 53 | 477 | TRUKAWKA ANDRZEJ | SZCZECIN | 1989 | 59e | 0:50 | 8,640 | 6:56 |
| 54 | 76 | GRUPA JAROSŁAW | SZWLA,STARGARD | 1982 | 60e | 0:50 | 8,640 | 6:56 |
| 55 | 193 | MILANOWICZ MACIEJ | BRIDGESTONE STARGARD | 1985 | 61e | 0:50 | 8,640 | 6:56 |
| 56 | 599 | PĘTECKI DAMIAN | SZCZECIN | 1986 | 62e | 0:50 | 8,640 | 6:56 |
| 57 | 261 | MARCINKIEWICZ WOJCIECH | SZCZECIN | 1985 | 63e | 0:50 | 8,640 | 6:56 |
| 58 | 788 | WOJCIAK MARCIN | PUSZCZYK BUKOWY,SZCZ | 1998 | 64e | 0:50 | 8,640 | 6:56 |
| 59 | 165 | WOJTKUN DANIEL | WARZYMICE | 1985 | 65e | 0:50 | 8,640 | 6:56 |
| 60 | 225 | HOLYNSKI LESZEK | WIECZORNE BIEGANIE W | 1987 | 66e | 0:50 | 8,640 | 6:56 |
| 61 | 385 | POLICZKIEWICZ MACIEJ | WARZYMICE | 1983 | 67e | 0:50 | 8,640 | 6:56 |
| 62 | 123 | BAJUK MARCIN | SZCZECIN | 1981 | 68e | 0:50 | 8,640 | 6:56 |
| 63 | 146 | ZELEK MARIUSZ | MODLITWA BIEGANIA GR | 1975 | 69e | 0:50 | 8,640 | 6:56 |
| 64 | 491 | KLISOWSKI MATEUSZ | RAZ SZCZECIN,CHOJNA | 1993 | 70e | 0:50 | 8,640 | 6:56 |
| 65 | 254 | CHROBOT MACIEJ | WIECZORNE BIEGANIE W | 1987 | 71e | 0:50 | 8,640 | 6:56 |
| 66 | 851 | WIERZBINSKI RACIAŁ | JW2117,BIALOGARD | 1988 | 72e | 0:51 | 8,471 | 7:05 |
| 67 | 320 | MAJ KRZYSZTOF | WIECZORNE BIEGANIE W | 2000 | 73e | 0:51 | 8,471 | 7:05 |
| 68 | 778 | LIPERTOWICZ SEBASTIAN | LOVELASY,POLICE | 1983 | 74e | 0:51 | 8,471 | 7:05 |
| 69 | 20 | ZAMUŁA PAWEŁ | STRUS KIJEWÓ,SZCZECI | 1974 | 75e | 0:51 | 8,471 | 7:05 |
| 70 | 732 | ZARZECZNY ADAM | BEZRZECZE,SZCZECIN | 1963 | 76e | 0:51 | 8,471 | 7:05 |
| 71 | 221 | WAHN PRZEMYSŁAW | SZCZECIN | 1983 | 77e | 0:51 | 8,471 | 7:05 |
| 72 | 415 | MILEWSKI LUKASZ | SZCZECIN | 1987 | 78e | 0:51 | 8,471 | 7:05 |
| 73 | 700 | OKRUTA BARTŁOMIEJ | PROFIACTIVE.PL,SZCZE | 1986 | 79e | 0:52 | 8,308 | 7:13 |
| 74 | 648 | BOGUSŁAW ŁUKASZ | WALCZ | 1990 | 80e | 0:52 | 8,308 | 7:13 |
| 75 | 657 | SZCZEPANSKI ADAM | ALBATROSY,MILANOWEK | 1981 | 81e | 0:52 | 8,308 | 7:13 |
| 76 | 322 | ALEKSANDROV DENYS | SZCZECIN | 1992 | 82e | 0:52 | 8,308 | 7:13 |
| 77 | 88 | BASIAK PRZEMYSŁAW | SZCZECIN | 1973 | 83e | 0:52 | 8,308 | 7:13 |
| 78 | 1 | ADAMSKI JANUSZ | DUOLIFE TEAM,SZCZECI | 1969 | 84e | 0:52 | 8,308 | 7:13 |
| 79 | 743 | WODZICKI MATEUSZ | SZCZECIN | 1986 | 85e | 0:52 | 8,308 | 7:13 |
| 80 | 579 | TABĘCKI RADOSŁAW | GRUPA TOM,SZCZECIN | 1986 | 86e | 0:52 | 8,308 | 7:13 |
| 81 | 879 | TOMIUK ROBERT | SZCZECIN | 1992 | 87e | 0:52 | 8,308 | 7:13 |
| 82 | 682 | WOŁOSZYN WOJCIECH | STARGARD | 1984 | 88e | 0:52 | 8,308 | 7:13 |
| 83 | 350 | NOACK PATRICK | CITYRUNNER BERLIN,BE | 1981 | 89e | 0:52 | 8,308 | 7:13 |
| 84 | 875 | NIEWIADOMSKI KONRAD | AC MILAN,DEBNO | 1982 | 90e | 0:53 | 8,151 | 7:21 |
| 85 | 286 | ROJEWSKI MATEUSZ | SZCZECIN | 1987 | 91e | 0:53 | 8,151 | 7:21 |
| 86 | 669 | PANKOWSKI JERZY | SZCZECIN | 1988 | 92e | 0:53 | 8,151 | 7:21 |
| 87 | 351 | MARKIEWICZ DAWID | MIŁOSNA BEZA,SZCZECI | 1984 | 93e | 0:53 | 8,151 | 7:21 |
| 88 | 105 | GARUS RACIAŁ | MIERZYN | 1991 | 94e | 0:53 | 8,151 | 7:21 |
| 89 | 492 | GERLECKI PIOTR | BARLINEK | 1987 | 95e | 0:53 | 8,151 | 7:21 |
| 90 | 860 | FAFEREK PIOTR | SSC SALLING GROUP,SZ | 1987 | 96e | 0:53 | 8,151 | 7:21 |
| 91 | 465 | PROSCIĄK ARKADIUSZ | SZCZECIN | 1984 | 97e | 0:53 | 8,151 | 7:21 |
| 92 | 116 | SACHARSKI BARTŁOMIEJ | WIECZORNE BIEGANIE W | 1989 | 98e | 0:53 | 8,151 | 7:21 |
| 93 | 344 | ZAENSCH ARNE | CITYRUNNER BERLIN,BE | 2001 | 99e | 0:53 | 8,151 | 7:21 |
| 94 | 629 | ZIOBROWSKI DAWID | EKIPA Z TARCZOWEJ,SZ | 1983 | 100e | 0:53 | 8,151 | 7:21 |
| 95 | 815 | WOZNIĄK ŁUKASZ | SZCZECIN | 1987 | 102e | 0:53 | 8,151 | 7:21 |
| 96 | 140 | MINOROWICZ PAWEŁ | SZCZECIN | 1988 | 103e | 0:53 | 8,151 | 7:21 |
| 97 | 618 | KRAKOWIAK ŁUKASZ | STARGARD JA SIE NIE | 1983 | 104e | 0:53 | 8,151 | 7:21 |
| 98 | 752 | MUCHA MICHAŁ | WIECZORNE BIEGANIE W | 1980 | 105e | 0:54 | 8,000 | 7:30 |
| 99 | 272 | MIĘKUS KRYSZTIAN | MOSTY | 1989 | 106e | 0:54 | 8,000 | 7:30 |
| 100 | 416 | OLEJARZ DAMIAN | POLICE | 1987 | 107e | 0:54 | 8,000 | 7:30 |

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| Msc | NrSt | Nazwisko | Klub/Miasto | Rok | MscKat | Netto | Km/h | Tempo |
|-----|------|-----------------------|----------------------|------|--------|-------|-------|-------|
| 101 | 307 | JANCZAK RAFAŁ | SZCZECIN | 1975 | 108e | 0:54 | 8,000 | 7:30 |
| 102 | 764 | JACKOWIAK PAWEŁ | ENDORFINA NOWOGARD,N | 1984 | 109e | 0:54 | 8,000 | 7:30 |
| 103 | 822 | ZYWICKI JANUSZ | KB PIONIER SZCZECIN, | 1968 | 110e | 0:54 | 8,000 | 7:30 |
| 104 | 460 | GRYCZKA MICHAŁ | SZCZECIN | 1985 | 111e | 0:54 | 8,000 | 7:30 |
| 105 | 184 | DOBRYCKI PIOTR | BRIDGESTONE STARGARD | 1976 | 112e | 0:54 | 8,000 | 7:30 |
| 106 | 538 | KIESZKOWSKI ADAM | TRI RZEZNIA,SZCZECIN | 1985 | 113e | 0:54 | 8,000 | 7:30 |
| 107 | 791 | PORWICH RADEK | TT SZCZECIN,SZCZECIN | 1972 | 114e | 0:54 | 8,000 | 7:30 |
| 108 | 310 | PODLES RAFAŁ | SZCZECIN | 1994 | 115e | 0:54 | 8,000 | 7:30 |
| 109 | 295 | KOWALAK CZESŁAW | UNIBALTIC,SZCZECIN | 1971 | 116e | 0:54 | 8,000 | 7:30 |
| 110 | 342 | PETRYNSKI KRYSZTIAN | PIONIER SZCZECIN,SZC | 1992 | 117e | 0:54 | 8,000 | 7:30 |
| 111 | 719 | FILIPIAK PRZEMEK | POLICE | 1981 | 118e | 0:54 | 8,000 | 7:30 |
| 112 | 335 | OLECH ZBIGNIEW | MHTZ,SZCZECIN | 1978 | 119e | 0:54 | 8,000 | 7:30 |
| 113 | 518 | KUCHARCZYK WOJCIECH | SZCZECIN | 1991 | 120e | 0:54 | 8,000 | 7:30 |
| 114 | 880 | BIESIADZINSKI PIOTR | SZCZECIN | 1982 | 121e | 0:54 | 8,000 | 7:30 |
| 115 | 405 | LECHOWICZ TOMEK | OFFSEASON,STARGARD | 1979 | 122e | 0:54 | 8,000 | 7:30 |
| 116 | 173 | PLESNER KRZYSZTOF | JRG3 SZCZECIN,STARGA | 1979 | 123e | 0:54 | 8,000 | 7:30 |
| 117 | 508 | BEBKO DANIEL | SZCZECIN | 1983 | 124e | 0:54 | 8,000 | 7:30 |
| 118 | 62 | RUSINEK RADOSŁAW | SZCZECIN | 1978 | 125e | 0:54 | 8,000 | 7:30 |
| 119 | 714 | OSINSKI GRZEGORZ | SZCZECIN | 1987 | 126e | 0:54 | 8,000 | 7:30 |
| 120 | 859 | PACHUT ARKADIUSZ | CHOJNA | 1992 | 127e | 0:54 | 8,000 | 7:30 |
| 121 | 572 | WOJCIAK KRZYSZTOF | BANIE | 1982 | 128e | 0:54 | 8,000 | 7:30 |
| 122 | 585 | OCZKOWSKI MACIEJ | MAO SE BIEK,SZCZECIN | 1983 | 129e | 0:54 | 8,000 | 7:30 |
| 123 | 884 | CHLEBEK MARCIN | SZCZECIN | 1985 | 130e | 0:54 | 8,000 | 7:30 |
| 124 | 603 | MALIK RADOSŁAW | DRUZYNA A,SZCZECIN | 1989 | 131e | 0:55 | 7,855 | 7:38 |
| 125 | 433 | KOŁOMANSKI HUBERT | SZCZECIN | 1985 | 132e | 0:55 | 7,855 | 7:38 |
| 126 | 186 | BABICZ WOJCIECH | BRIDGESTONE STARGARD | 1979 | 133e | 0:55 | 7,855 | 7:38 |
| 127 | 557 | PRYMELSKI JAROSŁAW | SZCZECIN | 1987 | 134e | 0:55 | 7,855 | 7:38 |
| 128 | 806 | SZARZEC PRZEMYSŁAW | 12BZ/1BPZMOT/3KPZMOT | 1979 | 135e | 0:55 | 7,855 | 7:38 |
| 129 | 213 | WOCHOWSKI JAROSŁAW | KLUB BIEGACZA 366 WI | 1971 | 136e | 0:55 | 7,855 | 7:38 |
| 130 | 628 | KROL MARCIN | 14 BATALION ULANOW J | 1980 | 137e | 0:55 | 7,855 | 7:38 |
| 131 | 455 | LESZCZYNSKI MARCIN | SZCZECIN | 1979 | 139e | 0:55 | 7,855 | 7:38 |
| 132 | 291 | TARCZEWSKI PAWEŁ | SZCZECIN | 1978 | 140e | 0:55 | 7,855 | 7:38 |
| 133 | 316 | PANCZYK TOMASZ | SZCZECIN | 1988 | 141e | 0:55 | 7,855 | 7:38 |
| 134 | 330 | SĘK MARCIN | SZCZECIN | 1987 | 142e | 0:55 | 7,855 | 7:38 |
| 135 | 728 | DASZEWSKI FILIP | DEBNO | 1998 | 143e | 0:55 | 7,855 | 7:38 |
| 136 | 810 | CHLASTA JACEK | NYHA IV,SZCZECIN | 1984 | 144e | 0:55 | 7,855 | 7:38 |
| 137 | 843 | WAJS SEBASTIAN | 12 BZ,SZCZECIN | 1983 | 145e | 0:55 | 7,855 | 7:38 |
| 138 | 532 | BRONIECKI MATEUSZ | SZCZECIN | 1994 | 146e | 0:55 | 7,855 | 7:38 |
| 139 | 23 | WOŁOWIEC ŁUKASZ | BKF MYJNIE,SZCZECIN | 1986 | 147e | 0:55 | 7,855 | 7:38 |
| 140 | 187 | MATUSIAK RAFAŁ | BIEGIEM NA SLUZBE,SZ | 1994 | 148e | 0:55 | 7,855 | 7:38 |
| 141 | 404 | SIKORSKI ANDRZEJ | STARGARD | 1971 | 149e | 0:56 | 7,714 | 7:46 |
| 142 | 388 | KOLENDA KRZYSZTOF | 220V/ KALMAR RUNNERS | 1977 | 150e | 0:56 | 7,714 | 7:46 |
| 143 | 623 | TYSZKIEWICZ KRZYSZTOF | SCHWEDT | 1976 | 152e | 0:56 | 7,714 | 7:46 |
| 144 | 474 | KLIMEK PIOTR | 12BZ,SZCZECIN | 1979 | 153e | 0:56 | 7,714 | 7:46 |
| 145 | 552 | OKIENCZUK RADEK | KONGO SAFIRI,DOBRA | 1983 | 154e | 0:56 | 7,714 | 7:46 |
| 146 | 443 | KRUK BARTOSZ | BEZRZECZE | 1983 | 155e | 0:56 | 7,714 | 7:46 |
| 147 | 615 | KOWALSKI ARNOLD | SZCZECIN | 1992 | 156e | 0:56 | 7,714 | 7:46 |
| 148 | 453 | LEMANCZYK ARKADIUSZ | SZCZECIN | 1993 | 157e | 0:56 | 7,714 | 7:46 |
| 149 | 781 | KIEŁBASIEWICZ DAWID | 1994,SZCZECIN | 1994 | 158e | 0:56 | 7,714 | 7:46 |
| 150 | 9 | JAROSZEWICZ GRZEGORZ | SKODA PEHAMOT,POLICE | 1973 | 159e | 0:56 | 7,714 | 7:46 |

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|-----|------|-----------------------|----------------------|------|--------|-------|-------|-------|
| 151 | 847 | ABRAMOWICZ TOMASZ | BIEGOHOLLICA,SZCZECI | 1988 | 160e | 0:56 | 7,714 | 7:46 |
| 152 | 362 | PRZEKOPOWICZ BARTOSZ | 102. BATALION OCHRON | 1992 | 161e | 0:56 | 7,714 | 7:46 |
| 153 | 900 | GŁOCKO WOJCIECH | SZCZECIN | 1974 | 162e | 0:56 | 7,714 | 7:46 |
| 154 | 775 | KOPERA KRZYSZTOF | BIEGAMBOLUBIE,SZCZEC | 1984 | 163e | 0:56 | 7,714 | 7:46 |
| 155 | 93 | GĄŁASZEWSKI KAMIL | SZCZECIN | 1987 | 164e | 0:56 | 7,714 | 7:46 |
| 156 | 135 | JASTRZEBSKI DANIEL | SZCZECIN | 1977 | 166e | 0:56 | 7,714 | 7:46 |
| 157 | 400 | SOWINSKI KONRAD | HIAB SPORT TEAM,SZCZ | 1989 | 167e | 0:56 | 7,714 | 7:46 |
| 158 | 677 | WASILUK MARCIN | MBM-2 SYSTEMY INFORM | 1979 | 168e | 0:57 | 7,579 | 7:55 |
| 159 | 16 | ZAMARLIK TOMASZ | RYTM,SZCZECIN | 1980 | 169e | 0:57 | 7,579 | 7:55 |
| 160 | 782 | ZIELONKA DOMINIK | SZCZECIN | 1993 | 171e | 0:57 | 7,579 | 7:55 |
| 161 | 607 | STODOLNY PAWEŁ | SZCZECIN | 1988 | 172e | 0:57 | 7,579 | 7:55 |
| 162 | 151 | BIELAN ARTUR | SZCZECIN | 1980 | 173e | 0:57 | 7,579 | 7:55 |
| 163 | 619 | KACZMAREK JAKUB | STARGARD. JA SIE NIE | 1997 | 176e | 0:57 | 7,579 | 7:55 |
| 164 | 886 | MOCNY TOMASZ | SZCZECIN | 1984 | 177e | 0:57 | 7,579 | 7:55 |
| 165 | 112 | ZYGMUNT TOMASZ | ZANDARMERIA WOJSKOWA | 1978 | 178e | 0:57 | 7,579 | 7:55 |
| 166 | 505 | ŁUKAWSKI MIROSŁAW | NIEZRZESZONY,SZCZECI | 1962 | 179e | 0:57 | 7,579 | 7:55 |
| 167 | 742 | KIJEWSKI ZBIGNIEW | SZCZECIN | 1985 | 180e | 0:57 | 7,579 | 7:55 |
| 168 | 271 | BASIAK MARIUSZ | SZCZECIN | 1975 | 181e | 0:57 | 7,579 | 7:55 |
| 169 | 325 | ROGOZINSKI ADRIAN | SZCZECIN | 1990 | 182e | 0:58 | 7,448 | 8:03 |
| 170 | 275 | BIERNACKI ANDRZEJ | EPIDEMIASPORTU / TEA | 1976 | 184e | 0:58 | 7,448 | 8:03 |
| 171 | 160 | MYSLICKI RAFAŁ | JATKI | 1989 | 185e | 0:58 | 7,448 | 8:03 |
| 172 | 359 | WYSOCKI BRONISLAW | BIEGAM BO LUBIE,STAR | 1963 | 186e | 0:58 | 7,448 | 8:03 |
| 173 | 228 | WIELINSKI MICHAŁ | AKPB MARMEL,TORUN | 1981 | 187e | 0:58 | 7,448 | 8:03 |
| 174 | 624 | PACEK TOMASZ | SZCZECIN | 1990 | 188e | 0:58 | 7,448 | 8:03 |
| 175 | 280 | KOWALCZYK KONRAD | RUNNING SUPPERS TEAM | 1984 | 191e | 0:58 | 7,448 | 8:03 |
| 176 | 616 | WOZNIAK PIOTR | WIECZORNE BIEGANIE W | 1989 | 192e | 0:58 | 7,448 | 8:03 |
| 177 | 157 | RACHWAŁSKI TOMASZ | RACH-CIACH TEAM,SZCZ | 1983 | 193e | 0:58 | 7,448 | 8:03 |
| 178 | 407 | KAPUSTA MARCIN | SZCZECIN | 1985 | 194e | 0:58 | 7,448 | 8:03 |
| 179 | 524 | WOJCİK JACEK | SZCZECIN | 1979 | 195e | 0:59 | 7,322 | 8:11 |
| 180 | 581 | HARASZCZUK KRYSZTIAN | FIZJOBIEGACZE SZCZEC | 1987 | 196e | 0:59 | 7,322 | 8:11 |
| 181 | 253 | HAJDUK MACIEJ | SZCZECIN | 1977 | 197e | 0:59 | 7,322 | 8:11 |
| 182 | 293 | SOWA KRZYSZTOF | ZWIEDZANIE PRZEZ BIE | 1984 | 199e | 0:59 | 7,322 | 8:11 |
| 183 | 438 | BERLINSKI MATEUSZ | SKB DZIK,SZCZECIN | 1983 | 200e | 0:59 | 7,322 | 8:11 |
| 184 | 200 | ZAWLIK TOMASZ | SZCZECIN | 1978 | 201e | 0:59 | 7,322 | 8:11 |
| 185 | 473 | OFIARSKI MATEUSZ | SZCZECIN | 1991 | 202e | 0:59 | 7,322 | 8:11 |
| 186 | 161 | BARTOSIEWICZ ADAM | OCR POLSKA,GRYFINO | 1977 | 203e | 0:59 | 7,322 | 8:11 |
| 187 | 36 | CHAREZA MARCIN | ZAWADZKIEGO SZCZECIN | 1980 | 204e | 0:59 | 7,322 | 8:11 |
| 188 | 776 | MAZURSKI PAWEŁ | GRYFICE | 1989 | 205e | 0:59 | 7,322 | 8:11 |
| 189 | 670 | GRĘDZINSKI ARTUR | KOLARZE Z GORKI CISN | 1978 | 206e | 0:59 | 7,322 | 8:11 |
| 190 | 294 | BADOCHA ŁUKASZ | HIAB SPORT TEAM/FIGH | 1994 | 207e | 0:59 | 7,322 | 8:11 |
| 191 | 587 | WESOŁOWSKI MARCIN | SADLNO | 1984 | 208e | 0:59 | 7,322 | 8:11 |
| 192 | 331 | PUSZ JANUSZ | SZCZECIN | 1987 | 209e | 0:59 | 7,322 | 8:11 |
| 193 | 753 | SOBKOWIAK ROBERT | SWINOUJSCIE | 1968 | 210e | 0:59 | 7,322 | 8:11 |
| 194 | 8 | ŁOKIETEK DARIUSZ | BIEGNACE LOKCIE,SZCZ | 1969 | 211e | 0:59 | 7,322 | 8:11 |
| 195 | 311 | KUBIACZYK IRENEUSZ | DRUZYNA SZPIKU,MOSTY | 1977 | 212e | 1:00 | 7,200 | 8:20 |
| 196 | 686 | CIESINSKI KAROL | STARGARD | 1979 | 213e | 1:00 | 7,200 | 8:20 |
| 197 | 414 | SALAŁAJ PIOTR | JKB,SZCZECIN | 1967 | 214e | 1:00 | 7,200 | 8:20 |
| 198 | 756 | CZERWINSKI ARTUR | GOGGLE PAE TEAM,SZCZ | 1974 | 215e | 1:00 | 7,200 | 8:20 |
| 199 | 888 | BUKOWSKI JAREK | RUNNING SAPPERS TEAM | 1988 | 216e | 1:00 | 7,200 | 8:20 |
| 200 | 774 | SARBIEWSKI PRZEMYSŁAW | 102. BATALION OCHRON | 1980 | 217e | 1:00 | 7,200 | 8:20 |

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| Msc | NrSt | Nazwisko | Klub/Miasto | Rok | MscKat | Netto | Km/h | Tempo |
|-----|------|----------------------|----------------------|------|--------|-------|-------|-------|
| 201 | 265 | JANKOWSKI PIOTR | SZCZECIN | 1975 | 218e | 1:00 | 7,200 | 8:20 |
| 202 | 30 | DOBROWOLSKI MATEUSZ | SZCZECIN | 1994 | 219e | 1:00 | 7,200 | 8:20 |
| 203 | 55 | ADAMOWICZ DANIEL | KB PIONIER,SZCZECIN | 1984 | 220e | 1:00 | 7,200 | 8:20 |
| 204 | 699 | ROGOWSKI AREK | BB SQUAD,SZCZECIN | 1979 | 221e | 1:00 | 7,200 | 8:20 |
| 205 | 96 | MARKS MACIEJ | PAPRYKARZE,DOLUJE | 1975 | 222e | 1:00 | 7,200 | 8:20 |
| 206 | 671 | GĘBSKI ŁUKASZ | SZCZECIN | 1983 | 223e | 1:00 | 7,200 | 8:20 |
| 207 | 64 | HRYNIEWICZ JACEK | KONGSBERG MARITIME,S | 1988 | 224e | 1:00 | 7,200 | 8:20 |
| 208 | 773 | KŁOSIŃSKI MARCIN | SZCZECIN | 1973 | 225e | 1:00 | 7,200 | 8:20 |
| 209 | 783 | DYBIZBAŃSKI WOJCIECH | CITY TRAIL TEAM,POLI | 1988 | 226e | 1:00 | 7,200 | 8:20 |
| 210 | 251 | HASCIŁO KRZYSZTOF | GRYFUS SZCZECIN,SZCZ | 1977 | 227e | 1:00 | 7,200 | 8:20 |
| 211 | 790 | WOJTKOWIAK RAFAŁ | SZCZECIN | 1979 | 229e | 1:00 | 7,200 | 8:20 |
| 212 | 820 | TIUKHIN DENYS | WINE BAR CAFE NIEBO, | 1991 | 230e | 1:00 | 7,200 | 8:20 |
| 213 | 630 | MICHAŁOWSKI TOMASZ | SZCZECIN | 1979 | 231e | 1:00 | 7,200 | 8:20 |
| 214 | 86 | TWAROGAL KAMIL | WIECZORNE BIEGANIE W | 1990 | 232e | 1:00 | 7,200 | 8:20 |
| 215 | 262 | KONECKI KRZYSZTOF | WOLNI BIEGACZE SZCZE | 1971 | 233e | 1:00 | 7,200 | 8:20 |
| 216 | 672 | PODBRZESKI JAKUB | SZCZECIN | 1985 | 234e | 1:00 | 7,200 | 8:20 |
| 217 | 349 | RATANCUK PAWEŁ | BEZRZECZE | 1978 | 235e | 1:00 | 7,200 | 8:20 |
| 218 | 528 | CZERWIŃSKI DARIUSZ | LOVELASY,POLICE | 1969 | 236e | 1:00 | 7,200 | 8:20 |
| 219 | 723 | KLEPACZ PIOTR | SZCZECIN | 1969 | 237e | 1:00 | 7,200 | 8:20 |
| 220 | 574 | OLENDER TOMASZ | KOSTRZYŃ NAD ODRĄ | 1964 | 238e | 1:00 | 7,200 | 8:20 |
| 221 | 319 | CHANKO ROMAN | PARKRUN SZCZECIN,SZC | 1972 | 239e | 1:01 | 7,082 | 8:28 |
| 222 | 675 | SMOLIŃSKI PAWEŁ | SZCZECIN | 1994 | 240e | 1:01 | 7,082 | 8:28 |
| 223 | 667 | SCHERFENBERG ŁUKASZ | ZS ZWYROLE,SZCZECIN | 1984 | 241e | 1:01 | 7,082 | 8:28 |
| 224 | 130 | LEKSZYCKI MICHAŁ | SKW,SZCZECIN | 1963 | 242e | 1:01 | 7,082 | 8:28 |
| 225 | 201 | BAJEROWICZ MACIEJ | SZCZECIN | 1980 | 243e | 1:01 | 7,082 | 8:28 |
| 226 | 419 | KURZYMSKI PIOTR | BIZON TEAM,SZCZECIN | 1970 | 244e | 1:01 | 7,082 | 8:28 |
| 227 | 125 | BIENIEK JAKUB | SZCZECIN | 1979 | 245e | 1:01 | 7,082 | 8:28 |
| 228 | 394 | RYMER WOJTEK | KLUB WLASNY JEDNOOSO | 1972 | 246e | 1:01 | 7,082 | 8:28 |
| 229 | 796 | BINKOWSKI KRYSZTIAN | SZCZECIN | 1984 | 247e | 1:01 | 7,082 | 8:28 |
| 230 | 278 | GNIĘWOSZ PIOTR | SZCZECIN,SZCZECIN | 1984 | 248e | 1:01 | 7,082 | 8:28 |
| 231 | 711 | KUC DARIUSZ | STARGARD | 1963 | 249e | 1:01 | 7,082 | 8:28 |
| 232 | 517 | NOWY WITOLD | SZCZECIN | 1966 | 250e | 1:01 | 7,082 | 8:28 |
| 233 | 858 | ŁAWNICZAK SEBASTIAN | POLICE | 1977 | 251e | 1:01 | 7,082 | 8:28 |
| 234 | 646 | GAĆIARSKI KRYSZTIAN | FIZJOBIEGACZE SZCZEC | 1990 | 253e | 1:01 | 7,082 | 8:28 |
| 235 | 660 | MOSKWA GRZEGORZ | 12BZ,SZCZECIN | 1970 | 255e | 1:01 | 7,082 | 8:28 |
| 236 | 432 | BUDA BARTOSZ | SZCZECIN | 1983 | 256e | 1:01 | 7,082 | 8:28 |
| 237 | 544 | ROSIĄK MARCIN | WIECZORNE BIEGANIE W | 1987 | 257e | 1:01 | 7,082 | 8:28 |
| 238 | 459 | ZAKRZEWSKI ADAM | SZCZECIN | 1985 | 259e | 1:01 | 7,082 | 8:28 |
| 239 | 837 | WISNIEWSKI KRZYSZTOF | BIEGAM BO LUBIE,SZCZ | 1979 | 260e | 1:01 | 7,082 | 8:28 |
| 240 | 277 | KROEHNKE ARTUR | STARGARD | 1975 | 261e | 1:01 | 7,082 | 8:28 |
| 241 | 792 | PAWLICZAK RAFAŁ | FIZJOBIEGACZE SZCZEC | 1974 | 262e | 1:01 | 7,082 | 8:28 |
| 242 | 486 | BUDZOWSKI ROMAN | WORLD UNCOVERED,STAR | 1978 | 263e | 1:02 | 6,968 | 8:36 |
| 243 | 456 | GAŁEK GRZEGORZ | BRAK,SZCZECIN | 1975 | 264e | 1:02 | 6,968 | 8:36 |
| 244 | 427 | CZAPCZYK ADRIAN | POZNAN | 1981 | 265e | 1:02 | 6,968 | 8:36 |
| 245 | 621 | BILLER DOMINIK | SZCZECIN | 1979 | 266e | 1:02 | 6,968 | 8:36 |
| 246 | 568 | CZYRNY ŁUKASZ | 1981,KARNICE | 1981 | 267e | 1:02 | 6,968 | 8:36 |
| 247 | 598 | ULANOWICZ TOMASZ | WIECZORNE BIEGANIE W | 1971 | 268e | 1:02 | 6,968 | 8:36 |
| 248 | 499 | ZOSIUK MACIEJ | GORKI NOTECKIE | 1995 | 269e | 1:02 | 6,968 | 8:36 |
| 249 | 115 | STĘPNIK ROBERT | WIECZORNE BIEGANIE W | 1985 | 270e | 1:02 | 6,968 | 8:36 |
| 250 | 749 | ZARNICKI KACPER | DUNIEWO | 1998 | 271e | 1:02 | 6,968 | 8:36 |

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| Msc | NrSt | Nazwisko | Klub/Miasto | Rok | MscKat | Netto | Km/h | Tempo |
|-----|------|-------------------------|-----------------------|------|--------|-------|-------|-------|
| 251 | 233 | OLCZYK BŁAZEJ | 1996.DOLICE | 1996 | 272e | 1:02 | 6,968 | 8:36 |
| 252 | 204 | BIAŁCZAK TOMASZ | NOWOGARD.NOWOGARD | 1984 | 273e | 1:02 | 6,968 | 8:36 |
| 253 | 784 | DUDCZYK NORBERT | STARGARD | 1993 | 274e | 1:02 | 6,968 | 8:36 |
| 254 | 59 | PRZYBYCINSKI PIOTR | APKLL TEAM,SZCZECIN | 1980 | 275e | 1:02 | 6,968 | 8:36 |
| 255 | 169 | WOJCIK WOJCIECH | SZCZECIN | 1984 | 277e | 1:02 | 6,968 | 8:36 |
| 256 | 664 | SCIERKO DAWID | SZCZECIN | 1991 | 279e | 1:02 | 6,968 | 8:36 |
| 257 | 189 | KACZOROWSKI MICHAL | UV,SZCZECIN | 1976 | 281e | 1:03 | 6,857 | 8:45 |
| 258 | 589 | BEDNAREK JACEK | SZCZECIN | 1978 | 282e | 1:03 | 6,857 | 8:45 |
| 259 | 472 | ALEKSIEWICZ ADRIAN | WIECZORNE BIEGANIE W | 1975 | 283e | 1:03 | 6,857 | 8:45 |
| 260 | 39 | WILKLISZ WOJCIECH | SZCZECIN | 1970 | 284e | 1:03 | 6,857 | 8:45 |
| 261 | 435 | SAROSI KRISTOF | IRONMAN PRODMAR SZCZ | 2002 | 285e | 1:03 | 6,857 | 8:45 |
| 262 | 870 | STĘPIEN WOJCIECH | SZCZECIN | 1982 | 286e | 1:03 | 6,857 | 8:45 |
| 263 | 902 | KUZBIK JAKUB | PUSZCZYK BUKOWY,SZCZ | 1984 | 287e | 1:03 | 6,857 | 8:45 |
| 264 | 12 | CHARLEJ IRENEUSZ | WIECZORNE BIEGANIE W | 1972 | 288e | 1:03 | 6,857 | 8:45 |
| 265 | 25 | KOWZAN MARCIN | SZCZECIN | 1990 | 289e | 1:03 | 6,857 | 8:45 |
| 266 | 449 | DUDKA ROBERT | SZCZECIN,SZCZECIN | 1989 | 290e | 1:03 | 6,857 | 8:45 |
| 267 | 231 | GASZEWSKI PATRYK | NOWOGARD,NOWOGARD | 1984 | 291e | 1:03 | 6,857 | 8:45 |
| 268 | 313 | ADAMSKI PAWEŁ | SZCZECIN | 1988 | 292e | 1:03 | 6,857 | 8:45 |
| 269 | 183 | USEWICZ MACIEK | POLICE | 1981 | 293e | 1:03 | 6,857 | 8:45 |
| 270 | 469 | PLEWIK DARIUSZ | B&R AUTOMATYKA,MIERZ | 1980 | 294e | 1:03 | 6,857 | 8:45 |
| 271 | 814 | SZCZYPKA BŁAZEJ | TIETO,SZCZECIN | 1986 | 295e | 1:03 | 6,857 | 8:45 |
| 272 | 512 | STANCZYK SŁAWOMIR | STARGARD. JA SIE NIE | 1988 | 296e | 1:03 | 6,857 | 8:45 |
| 273 | 567 | SZYMAŃSKI WOJCIECH | SZCZECIN | 1981 | 297e | 1:03 | 6,857 | 8:45 |
| 274 | 83 | RACKI GRZEGORZ | SZCZECIN | 1986 | 298e | 1:03 | 6,857 | 8:45 |
| 275 | 827 | NIEMIRO PAWEŁ | JAGODOWO-KALINOWY TE | 1980 | 299e | 1:03 | 6,857 | 8:45 |
| 276 | 674 | RAJCHOWIAK JAKUB | SZCZECIN | 1981 | 301e | 1:03 | 6,857 | 8:45 |
| 277 | 410 | WOLSKI TOMASZ | WIECZORNE BIEGANIE W | 1972 | 302e | 1:03 | 6,857 | 8:45 |
| 278 | 560 | GORSKI MAREK | SZCZECIN | 1978 | 303e | 1:03 | 6,857 | 8:45 |
| 279 | 26 | SZAŁKOWSKI MARIUSZ | SZCZECIN | 1974 | 304e | 1:03 | 6,857 | 8:45 |
| 280 | 162 | KWIATKOWSKI ADAM | SZCZECIN | 1980 | 305e | 1:03 | 6,857 | 8:45 |
| 281 | 739 | OBROCKI ADRIAN | SZCZECIN | 1986 | 306e | 1:03 | 6,857 | 8:45 |
| 282 | 818 | DALESZYŃSKI MICHAŁ | LEKNO,SZCZECIN | 1980 | 307e | 1:03 | 6,857 | 8:45 |
| 283 | 637 | LESNIAK DARIUSZ | SZCZECIN | 1968 | 308e | 1:03 | 6,857 | 8:45 |
| 284 | 56 | SZYMAŃSKI SŁAWOMIR | SZCZECIN | 1981 | 310e | 1:04 | 6,750 | 8:53 |
| 285 | 750 | WIRZMAN RAFAŁ | BEZRZECZE | 1970 | 312e | 1:04 | 6,750 | 8:53 |
| 286 | 365 | REKOWSKI KACPER | SPC,SZCZECIN | 1991 | 313e | 1:04 | 6,750 | 8:53 |
| 287 | 663 | MIADLICKI KAROL | WIECZORNE BIEGANIE W | 1989 | 315e | 1:04 | 6,750 | 8:53 |
| 288 | 212 | PIWOWARSKI DARIUSZ | WIECZORNE BIEGANIE W | 1975 | 316e | 1:04 | 6,750 | 8:53 |
| 289 | 120 | SKRZYPKOWSKI ŁUKASZ | SZCZECIN | 1980 | 317e | 1:04 | 6,750 | 8:53 |
| 290 | 556 | ROSTRYGIN MACIEJ | WKURW_TEAM.SZCZECIN | 1983 | 318e | 1:04 | 6,750 | 8:53 |
| 291 | 531 | MIGDAŁSKI KRYSZTIAN | POLLITRANS BIERZWNIAK | 1982 | 319e | 1:04 | 6,750 | 8:53 |
| 292 | 885 | PODKOWKA KRZYSZTOF | SZCZECIN | 1970 | 320e | 1:04 | 6,750 | 8:53 |
| 293 | 803 | WIDECKI KRZYSZTOF | SZCZECIN | 1973 | 321e | 1:04 | 6,750 | 8:53 |
| 294 | 807 | SIKORSKI MACIEJ | SZCZECIN | 1992 | 322e | 1:04 | 6,750 | 8:53 |
| 295 | 558 | MOKRZYCKI KRZYSZTOF | NA WZGORZU,BEZRZECZE | 1965 | 323e | 1:04 | 6,750 | 8:53 |
| 296 | 15 | SZMYD KACPER | SZCZECIN | 1986 | 324e | 1:04 | 6,750 | 8:53 |
| 297 | 787 | KWIECINSKI NORBERT | SZCZECIN | 1976 | 325e | 1:04 | 6,750 | 8:53 |
| 298 | 495 | SKONECZNY PRZEMYSŁAW | SZCZECIN | 1985 | 326e | 1:04 | 6,750 | 8:53 |
| 299 | 676 | WOJCIECHOWSKI SEBASTIAN | SZCZECIN | 1972 | 327e | 1:04 | 6,750 | 8:53 |
| 300 | 411 | CZERKAWSKI JAROSŁAW | SZCZECIN | 1967 | 328e | 1:04 | 6,750 | 8:53 |

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| Msc | NrSt | Nazwisko | Klub/Miasto | Rok | MscKat | Netto | Km/h | Tempo |
|-----|------|-----------------------|----------------------|------|--------|-------|-------|-------|
| 301 | 496 | KRYCH BARTŁOMIEJ | SZCZECIN | 1995 | 329e | 1:04 | 6,750 | 8:53 |
| 302 | 881 | ZALEWSKI MACIEJ | SZCZECIN | 1977 | 330e | 1:04 | 6,750 | 8:53 |
| 303 | 487 | CHOWANSKI BARTOSZ | CJS TLUMACZENIA MYSL | 1979 | 331e | 1:04 | 6,750 | 8:53 |
| 304 | 288 | NUSZKIEWICZ KRZYSZTOF | SZCZECIN | 1961 | 333e | 1:05 | 6,646 | 9:01 |
| 305 | 297 | KUSZ GRZEGORZ | BRIDGESTONE STARGARD | 1966 | 335e | 1:05 | 6,646 | 9:01 |
| 306 | 259 | STELMACH KONRAD | FUNDACJA DR TERESY C | 1992 | 336e | 1:05 | 6,646 | 9:01 |
| 307 | 326 | ORŁOWSKI PAWEŁ | MIERZYN | 1977 | 338e | 1:05 | 6,646 | 9:01 |
| 308 | 429 | SZKUDLAREK KRZYSZTOF | SZCZECIN | 1966 | 339e | 1:05 | 6,646 | 9:01 |
| 309 | 299 | HETMANSKI ARKADIUSZ | LOVELASY,POLICE | 1982 | 340e | 1:05 | 6,646 | 9:01 |
| 310 | 129 | SOBANSKI ARKADIUSZ | SCS MYSLIBORZ,POLICE | 1974 | 341e | 1:05 | 6,646 | 9:01 |
| 311 | 341 | FRACKOWIAK RAFAŁ | SZCZECIN | 1985 | 343e | 1:05 | 6,646 | 9:01 |
| 312 | 523 | NAREJKO PAWEŁ | CHOJNA | 1992 | 344e | 1:05 | 6,646 | 9:01 |
| 313 | 85 | TRELA KRZYSZTOF | ZALOM | 1989 | 345e | 1:05 | 6,646 | 9:01 |
| 314 | 789 | KOZŁOWSKI ADAM | WIECZORNE BIEGANIE W | 1972 | 346e | 1:05 | 6,646 | 9:01 |
| 315 | 92 | WOJCIK TOMASZ | SZCZECIN | 1983 | 348e | 1:05 | 6,646 | 9:01 |
| 316 | 152 | PRZYBYSZ GRZEGORZ | SZCZECIN | 1985 | 349e | 1:05 | 6,646 | 9:01 |
| 317 | 377 | GWOZDZIK KAMIL | RYCHNOW TEAM,RYCHNOW | 1991 | 350e | 1:05 | 6,646 | 9:01 |
| 318 | 397 | SLUGAJ RAFAŁ | SZCZECIN | 1976 | 351e | 1:05 | 6,646 | 9:01 |
| 319 | 63 | TOMCZAK TOMASZ | BEZRZECZE,BEZRZECZE | 1975 | 352e | 1:05 | 6,646 | 9:01 |
| 320 | 80 | SKOKOWSKI JACEK | SKOKOWSCY TEAM,SZCZE | 1964 | 353e | 1:05 | 6,646 | 9:01 |
| 321 | 766 | KOWALCZYK PAWEŁ | ELITARNY KLUB BIEGAC | 1983 | 354e | 1:05 | 6,646 | 9:01 |
| 322 | 647 | CHEŁMINIAK SŁAWOMIR | CZARNA LAKA | 1979 | 356e | 1:05 | 6,646 | 9:01 |
| 323 | 653 | LESNIEWSKI SEBASTIAN | SZCZECIN | 1989 | 357e | 1:05 | 6,646 | 9:01 |
| 324 | 780 | DROZD MARIUSZ | MJD TEAM,SZCZECIN | 1976 | 358e | 1:06 | 6,545 | 9:10 |
| 325 | 170 | MIEDLAR KRZYSZTOF | STARGARD | 1988 | 359e | 1:06 | 6,545 | 9:10 |
| 326 | 501 | FRYDRYCH MICHAŁ | FC AQUILA SZCZECIN,S | 1989 | 360e | 1:06 | 6,545 | 9:10 |
| 327 | 198 | GRABARSKI SEBASTIAN | ZUZA,KOSTRZYN NAD OD | 1979 | 361e | 1:06 | 6,545 | 9:10 |
| 328 | 142 | ROGALA ADRIAN | WKURW_TEAM,NOWOGARD | 1978 | 362e | 1:06 | 6,545 | 9:10 |
| 329 | 877 | SERWIN KRZYSZTOF | SZCZECIN | 1980 | 363e | 1:06 | 6,545 | 9:10 |
| 330 | 99 | NOWAK DAREK | SWINOUJSCIE | 1963 | 364e | 1:06 | 6,545 | 9:10 |
| 331 | 569 | JARCZEWSKI DAMIAN | POLICE | 1988 | 365e | 1:06 | 6,545 | 9:10 |
| 332 | 403 | LIEBNER PATRYK | AKA DOCHODZENIE ODSZ | 1982 | 366e | 1:06 | 6,545 | 9:10 |
| 333 | 167 | MAJCHRZAK PAWEŁ | KARLINO BIEGAJ,KARLI | 1975 | 368e | 1:06 | 6,545 | 9:10 |
| 334 | 693 | KĘSZYCKI OSKAR | AZEMONSTERS,SZCZECIN | 1991 | 369e | 1:06 | 6,545 | 9:10 |
| 335 | 242 | GRZEGOLEC GRZEGORZ | WIERZBICKI RUNNING P | 1986 | 370e | 1:06 | 6,545 | 9:10 |
| 336 | 515 | STEFANIAK PIOTR | SLOBITY | 1985 | 372e | 1:06 | 6,545 | 9:10 |
| 337 | 399 | JAWORSKI BARTŁOMIEJ | SPC,TORUN | 1992 | 373e | 1:06 | 6,545 | 9:10 |
| 338 | 243 | MILEWSKI TOMEK | SZCZECIN | 1976 | 374e | 1:06 | 6,545 | 9:10 |
| 339 | 276 | GORSKI DAMIAN | LIPIANY | 1984 | 376e | 1:06 | 6,545 | 9:10 |
| 340 | 876 | GIERASIMOWICZ SZYMON | TOTALSPORT.PL,SZCZEC | 1979 | 377e | 1:06 | 6,545 | 9:10 |
| 341 | 823 | BARTOSINSKI WOJCIECH | SZCZECIN | 1992 | 378e | 1:06 | 6,545 | 9:10 |
| 342 | 423 | ANDREATTO JACEK | GRYFINO | 1981 | 379e | 1:06 | 6,545 | 9:10 |
| 343 | 535 | PINTOWSKI PIOTR | SZCZECIN | 1973 | 382e | 1:07 | 6,448 | 9:18 |
| 344 | 507 | GABINOWSKI MARCIN | BEZRZECZE | 1973 | 383e | 1:07 | 6,448 | 9:18 |
| 345 | 106 | BĘDKOWSKI PIOTR | WELTYN | 1990 | 384e | 1:07 | 6,448 | 9:18 |
| 346 | 485 | KOZERA DOMINIK | SZCZECIN | 1981 | 385e | 1:07 | 6,448 | 9:18 |
| 347 | 230 | KOKOWSKI JACEK | SZCZECIN | 1976 | 386e | 1:07 | 6,448 | 9:18 |
| 348 | 57 | BOGUSZ PAWEŁ | KRAKOW | 1980 | 387e | 1:07 | 6,448 | 9:18 |
| 349 | 218 | KAMIONKA ANDRZEJ | SZCZECIN | 1983 | 388e | 1:07 | 6,448 | 9:18 |
| 350 | 502 | KAZIMIR MARCIN | PAPAJ CROSSFIT,SZCZE | 1991 | 389e | 1:07 | 6,448 | 9:18 |

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|-----|------|---------------------------|-----------------------|------|--------|-------|-------|-------|
| 351 | 195 | WITORZĘC DARIUSZ | 1973, LEGI | 1973 | 390e | 1:07 | 6,448 | 9:18 |
| 352 | 274 | SZMYT MARIUSZ | SZCZECIN | 1976 | 391e | 1:07 | 6,448 | 9:18 |
| 353 | 503 | CĄBROWSKI PATRYK | KUBA, STARGARD | 1983 | 392e | 1:07 | 6,448 | 9:18 |
| 354 | 315 | CHROBOCINSKI JAN | KLUB FRAJEROW, SZCZEC | 1991 | 393e | 1:07 | 6,448 | 9:18 |
| 355 | 408 | BOGACKI SYLWESTER | CEREKIEW | 1987 | 394e | 1:07 | 6,448 | 9:18 |
| 356 | 448 | JEDYNAK ŁUKASZ | SZCZYTNO | 1980 | 396e | 1:08 | 6,353 | 9:26 |
| 357 | 500 | SIWEK TOMASZ | WIELGOWO ROWEROWO, SZ | 1985 | 397e | 1:08 | 6,353 | 9:26 |
| 358 | 533 | RUMOWSKI TOMASZ | SZCZECIN, SZCZECIN | 1977 | 398e | 1:08 | 6,353 | 9:26 |
| 359 | 757 | HADER GRZEGORZ | SZCZECIN | 1984 | 399e | 1:08 | 6,353 | 9:26 |
| 360 | 771 | TALAREK ROBERT | TELERANEK, SZCZECIN | 1977 | 400e | 1:08 | 6,353 | 9:26 |
| 361 | 745 | NOWEK PAWEŁ | AMIGO FISHING, WARZYM | 1982 | 402e | 1:08 | 6,353 | 9:26 |
| 362 | 390 | NOWAK LESZEK | FAMILIA NOWAK ESCOBE | 1978 | 403e | 1:08 | 6,353 | 9:26 |
| 363 | 428 | ANDRZEJCZAK ROMAN | SZCZECIN | 1963 | 404e | 1:08 | 6,353 | 9:26 |
| 364 | 779 | WĄSOWSKI TOMASZ | 12 BRYGADA ZMECHANIZ | 1985 | 406e | 1:08 | 6,353 | 9:26 |
| 365 | 754 | BŁESZYNSKI MACIEJ | SZCZECIN | 1991 | 408e | 1:08 | 6,353 | 9:26 |
| 366 | 240 | KACZMAREK ARTUR | TORPEDY, BEZRZECZE | 1970 | 409e | 1:08 | 6,353 | 9:26 |
| 367 | 334 | JASNIENIECKI ROBERT | SZCZECIN | 1975 | 410e | 1:08 | 6,353 | 9:26 |
| 368 | 323 | KOZINIEC KRYSZTIAN | DRUZYNA FILIPA, SZCZE | 1978 | 411e | 1:08 | 6,353 | 9:26 |
| 369 | 768 | SZYMCZAK MARCIN | SZCZECIN | 1978 | 412e | 1:08 | 6,353 | 9:26 |
| 370 | 498 | OLESKOW MAREK | ASSET INVESTMENT, SZC | 1983 | 413e | 1:08 | 6,353 | 9:26 |
| 371 | 878 | WLAZ LUCJAN | ALIGANCKO, KOPICE | 1972 | 414e | 1:08 | 6,353 | 9:26 |
| 372 | 651 | POSIAKOW MARCIN | SZCZECIN | 1980 | 415e | 1:08 | 6,353 | 9:26 |
| 373 | 172 | GAJEWSKI PRZEMEK | SYBERIANHAMSTER, SZCZ | 1978 | 416e | 1:09 | 6,261 | 9:35 |
| 374 | 54 | SANKA PAWEŁ | SZCZECIN | 1977 | 417e | 1:09 | 6,261 | 9:35 |
| 375 | 493 | WILCZOPOLSKI JAROSŁAW | SZCZECIN | 1992 | 419e | 1:09 | 6,261 | 9:35 |
| 376 | 704 | TATYS TOMASZ | SWIDWIN | 1974 | 420e | 1:09 | 6,261 | 9:35 |
| 377 | 645 | MĄDRAWSKI TOMASZ | SZCZECIN | 1974 | 421e | 1:09 | 6,261 | 9:35 |
| 378 | 476 | KMIECIK TOMASZ | SZCZECIN | 1975 | 422e | 1:09 | 6,261 | 9:35 |
| 379 | 578 | PASTERNAK RAFAŁ | TEAM ODRA GRYFINO, GR | 1982 | 424e | 1:09 | 6,261 | 9:35 |
| 380 | 301 | WILCZOPOLSKI KAMIL | SZCZECIN | 1990 | 425e | 1:09 | 6,261 | 9:35 |
| 381 | 777 | KACZOROWSKI PRZEMEK | SZCZECIN | 1974 | 426e | 1:09 | 6,261 | 9:35 |
| 382 | 267 | GAWERA SZYMON | 12 BZ, PYRZYCE | 1984 | 427e | 1:09 | 6,261 | 9:35 |
| 383 | 103 | ANIOLA DOMINIK | SZCZECIN | 1979 | 429e | 1:09 | 6,261 | 9:35 |
| 384 | 40 | RUSKIEWICZ WOJCIECH | DELOITTE ADVENTURE T | 1988 | 430e | 1:09 | 6,261 | 9:35 |
| 385 | 666 | ORŁOWSKI ADAM | AKADEMIA MIŁOSCI, SZC | 1990 | 431e | 1:09 | 6,261 | 9:35 |
| 386 | 868 | WOJCIK PATRYK | SSC SALLING GROUP, PO | 1995 | 433e | 1:09 | 6,261 | 9:35 |
| 387 | 755 | MACUDZINSKI ADAM | PYRZYCE BIEGAJA, BRZE | 1977 | 434e | 1:10 | 6,171 | 9:43 |
| 388 | 285 | WRONSKI JULIAN | HIAB SPORT TEAM, STAR | 1985 | 435e | 1:10 | 6,171 | 9:43 |
| 389 | 483 | ZDUNEK PIOTREK | SZCZECIN | 1988 | 437e | 1:10 | 6,171 | 9:43 |
| 390 | 514 | URBANCZYK MARCIN | MNC NE, SZCZECIN | 1974 | 438e | 1:10 | 6,171 | 9:43 |
| 391 | 580 | PODGAJNY DARIUSZ | SZCZECIN | 1964 | 442e | 1:10 | 6,171 | 9:43 |
| 392 | 725 | KAZIMIERCZAK LESZEK | CENTRUM SZKOLENIA SI | 1980 | 443e | 1:10 | 6,171 | 9:43 |
| 393 | 336 | RYCHŁOWSKI PIOTR | LENIWE BULY MIERZYN, | 1980 | 444e | 1:10 | 6,171 | 9:43 |
| 394 | 710 | WOSIAK PAWEŁ | SZCZECIN | 1986 | 445e | 1:10 | 6,171 | 9:43 |
| 395 | 679 | STEFANIAK PAWEŁ | 14 BUJ/2BPZMOT, STARG | 1980 | 446e | 1:10 | 6,171 | 9:43 |
| 396 | 100 | DROP SŁAWOMIR | SZCZECIN | 1972 | 447e | 1:10 | 6,171 | 9:43 |
| 397 | 649 | GRYGIELEWICZ LESZEK | BEZRZECZE | 1963 | 448e | 1:10 | 6,171 | 9:43 |
| 398 | 684 | SKRZYPCZAK SEBASTIAN | 12 BZ, SZCZECIN | 1978 | 449e | 1:11 | 6,085 | 9:51 |
| 399 | 708 | PAWŁASZEK LECH | SZCZECIN | 1981 | 451e | 1:11 | 6,085 | 9:51 |
| 400 | 721 | LESNIEWSKI-PARFIANOWICZ G | ZLOCINIENIEC | 1990 | 452e | 1:11 | 6,085 | 9:51 |

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| Msc | NrSt | Nazwisko | Klub/Miasto | Rok | MscKat | Netto | Km/h | Tempo |
|-----|------|-----------------------|------------------------|------|--------|-------|-------|-------|
| 401 | 801 | ELERT MARIUSZ | PAPRYKARZE, SZCZECIN | 1988 | 453e | 1:11 | 6,085 | 9:51 |
| 402 | 34 | BANAS MARCIN | WIECZORNE BIEGANIE W | 1978 | 454e | 1:11 | 6,085 | 9:51 |
| 403 | 463 | GŁOWKA MARCIN | SZCZECIN | 1980 | 455e | 1:11 | 6,085 | 9:51 |
| 404 | 513 | NICKOWSKI JEREMIASZ | SZCZECIN | 1972 | 456e | 1:11 | 6,085 | 9:51 |
| 405 | 882 | PRAWDA SEBASTIAN | WIECZORNE BIEGANIE W | 1975 | 457e | 1:11 | 6,085 | 9:51 |
| 406 | 661 | NADOLNY PRZEMYSŁAW | PARKRUN SZCZECIN, SZC | 1977 | 459e | 1:11 | 6,085 | 9:51 |
| 407 | 582 | STANKIEWICZ KRZYSZTOF | SZCZECIN | 1977 | 460e | 1:11 | 6,085 | 9:51 |
| 408 | 592 | PORZYCH ZBIGNIEW | CALIBRA TIM, SZCZECIN | 1983 | 462e | 1:11 | 6,085 | 9:51 |
| 409 | 67 | BAUMGART GRZEGORZ | STARGARD. JA SIE NIE | 1980 | 463e | 1:12 | 6,000 | 10:00 |
| 410 | 224 | JACHER MATEUSZ | SZCZECIN | 1988 | 464e | 1:12 | 6,000 | 10:00 |
| 411 | 547 | SZEŁEMEJ ŁUKASZ | FUNDACJA POLSKICH WA | 1981 | 467e | 1:12 | 6,000 | 10:00 |
| 412 | 19 | CICHOCKI JAKUB | HKS SKAUT SZCZECIN, S | 1978 | 469e | 1:12 | 6,000 | 10:00 |
| 413 | 35 | ORZŁOWSKI JAROSŁAW | OSTROWSKA, SZCZECIN | 1985 | 471e | 1:12 | 6,000 | 10:00 |
| 414 | 656 | ANTKOWIAK ARTUR | ZOFIOWO | 1989 | 472e | 1:12 | 6,000 | 10:00 |
| 415 | 706 | ODROWSKI PIOTR | DOBRA, ZMIANA, SZCZECI | 1972 | 473e | 1:12 | 6,000 | 10:00 |
| 416 | 641 | BARSZCZEWSKI JACEK | MORZYCZYN | 1979 | 474e | 1:12 | 6,000 | 10:00 |
| 417 | 760 | CYGIEL PIOTR | PHOBOS KLUB, SZCZECIN | 1977 | 475e | 1:12 | 6,000 | 10:00 |
| 418 | 46 | ULATOWSKI TOMASZ | SZCZECIN | 1982 | 476e | 1:12 | 6,000 | 10:00 |
| 419 | 873 | FEDORCHENKO MYKHAILO | ZAPOROZE | 1987 | 477e | 1:12 | 6,000 | 10:00 |
| 420 | 826 | BORSKOWICZ PAWEŁ | SZCZECIN | 1981 | 479e | 1:12 | 6,000 | 10:00 |
| 421 | 387 | RUDKOWSKI GRZEGORZ | SZCZECIN | 1980 | 480e | 1:13 | 5,918 | 10:08 |
| 422 | 424 | ZEMANKIEWICZ ŁUKASZ | KANAL 6 AM, SZCZECIN | 1981 | 481e | 1:13 | 5,918 | 10:08 |
| 423 | 845 | GAŁĄZKA JAREK | BOBROWKOW BIEGA, GORZ | 1975 | 482e | 1:13 | 5,918 | 10:08 |
| 424 | 746 | BŁĄZEJCZAK WALDEMAR | STARE CZARNOWO | 1964 | 483e | 1:13 | 5,918 | 10:08 |
| 425 | 872 | SZYMCZAK KRZYSIEK | LAPP KABEL, STUTTGART | 1958 | 484e | 1:13 | 5,918 | 10:08 |
| 426 | 361 | MALEC MARIUSZ | MIEDWIANIE-STARGARDZ | 1973 | 486e | 1:13 | 5,918 | 10:08 |
| 427 | 652 | STROMCZYNSKI SZYMON | CZARNKOW | 1980 | 487e | 1:13 | 5,918 | 10:08 |
| 428 | 176 | GŁADYSZ ŁUKASZ | TT SZCZECIN, SZCZECIN | 1981 | 488e | 1:13 | 5,918 | 10:08 |
| 429 | 850 | HRYCIEW PAWEŁ | JW1223, BIALOGARD | 1984 | 489e | 1:13 | 5,918 | 10:08 |
| 430 | 302 | WALCZAK RAFAŁ | GEPARDY Z OSOWA, SZCZ | 1975 | 490e | 1:13 | 5,918 | 10:08 |
| 431 | 808 | RYMSZA JAKUB | SZCZECIN | 1988 | 492e | 1:13 | 5,918 | 10:08 |
| 432 | 482 | MIELNIK MICHAŁ | SZCZECIN | 1980 | 496e | 1:14 | 5,838 | 10:16 |
| 433 | 601 | JURYS KRZYSZTOF | SZCZECIN | 1970 | 497e | 1:14 | 5,838 | 10:16 |
| 434 | 306 | TERPIŁOWSKI ŁUCJAN | GORZOW WIELKOPOLSKI | 1958 | 499e | 1:14 | 5,838 | 10:16 |
| 435 | 178 | ZARZYCKI PIOTR | SZCZECIN | 1968 | 501e | 1:14 | 5,838 | 10:16 |
| 436 | 413 | KOŁODZIEJSKI WOJTEK | SZCZECIN | 1983 | 502e | 1:14 | 5,838 | 10:16 |
| 437 | 634 | JASAK MICHAŁ | GRYFINO | 1987 | 505e | 1:14 | 5,838 | 10:16 |
| 438 | 594 | PAWLUS TOMASZ | TANOWO | 1980 | 506e | 1:14 | 5,838 | 10:16 |
| 439 | 555 | STAMATE IONUT | SZCZECIN | 1983 | 507e | 1:14 | 5,838 | 10:16 |
| 440 | 250 | WYPIJEWSKI IGOR | SZCZECIN | 1977 | 508e | 1:14 | 5,838 | 10:16 |
| 441 | 611 | NASTAROWICZ TOMASZ | SZCZECIN | 1978 | 509e | 1:15 | 5,760 | 10:25 |
| 442 | 678 | KLEPACKI TOMASZ | GRYFINO | 1983 | 510e | 1:15 | 5,760 | 10:25 |
| 443 | 159 | GLINKA BOGUSZ | CYBINKA | 1977 | 511e | 1:15 | 5,760 | 10:25 |
| 444 | 841 | OMELANCZUK PIOTR | TRZEBIATOW | 1978 | 513e | 1:15 | 5,760 | 10:25 |
| 445 | 287 | HAWRYLAK MARCIN | SOSW NR 1 DLA DZIECI | 1969 | 516e | 1:15 | 5,760 | 10:25 |
| 446 | 431 | GOZDEK NORBERT | BKF MYJNIE, SZCZECIN | 1992 | 517e | 1:15 | 5,760 | 10:25 |
| 447 | 382 | MAZURKIEWICZ MARCIN | CORAL REEF TEAM, SZCZ | 1980 | 518e | 1:15 | 5,760 | 10:25 |
| 448 | 716 | WOŁK MARCIN | MYSLIBORZ | 1984 | 520e | 1:15 | 5,760 | 10:25 |
| 449 | 266 | GRABINSKI MICHAŁ | SZCZECIN | 1979 | 521e | 1:15 | 5,760 | 10:25 |
| 450 | 98 | PIETRZAK MACIEJ | LUKECIN | 1974 | 524e | 1:15 | 5,760 | 10:25 |

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| Msc | NrSt | Nazwisko | Klub/Miasto | Rok | MscKat | Netto | Km/h | Tempo |
|-----|------|----------------------|----------------------|------|--------|-------|-------|-------|
| 451 | 636 | MLECZEK ROMAN | BABINEK BIEGA,SZCZEC | 1972 | 525e | 1:15 | 5,760 | 10:25 |
| 452 | 738 | DĘBCZYNSKI MICHAŁ | WILD HORSE ZURICH,ZU | 1981 | 529e | 1:15 | 5,760 | 10:25 |
| 453 | 65 | RUTKOWSKI KRZYSZTOF | BKF MYJNIE,SZCZECIN | 1984 | 531e | 1:16 | 5,684 | 10:33 |
| 454 | 855 | GOS ARKADIUSZ | KANBO,SZCZECIN | 1979 | 533e | 1:16 | 5,684 | 10:33 |
| 455 | 113 | DYMONSKI PAWEŁ | SZCZECIN BIEGA,SZCZE | 1984 | 535e | 1:16 | 5,684 | 10:33 |
| 456 | 871 | JASTROWICZ MACIEK | DOBRZANY | 1981 | 536e | 1:16 | 5,684 | 10:33 |
| 457 | 583 | KOZŁOWSKI MAREK | SZCZECIN | 1980 | 537e | 1:16 | 5,684 | 10:33 |
| 458 | 188 | STACHOWSKI ANDRZEJ | LUB WYBIERZ Z LISTY, | 1968 | 538e | 1:16 | 5,684 | 10:33 |
| 459 | 794 | LAU ADAM | SZCZECIN | 1978 | 539e | 1:16 | 5,684 | 10:33 |
| 460 | 729 | WAŚNIK MICHAŁ | ASSET INVESTMENT,BEZ | 1982 | 540e | 1:16 | 5,684 | 10:33 |
| 461 | 506 | SZOSTAK DANIEL | SZCZECIN | 1975 | 541e | 1:16 | 5,684 | 10:33 |
| 462 | 759 | MAZURO PIOTR | MBM-2 SYSTEMY INFORM | 1991 | 542e | 1:16 | 5,684 | 10:33 |
| 463 | 71 | JACHIRA KRZYSZTOF | GRYF TEAM,SWINOUJSCI | 1984 | 543e | 1:16 | 5,684 | 10:33 |
| 464 | 543 | DĄBSKI JAKUB | BEZRZECZE | 1983 | 544e | 1:16 | 5,684 | 10:33 |
| 465 | 484 | KORNAUS DANIEL | SZCZECIN | 1979 | 545e | 1:16 | 5,684 | 10:33 |
| 466 | 622 | SZTARK GRZEGORZ | SZCZECIN | 1987 | 546e | 1:17 | 5,610 | 10:41 |
| 467 | 13 | KSYCKI BŁAZEJ | TIETO,SZCZECIN | 1984 | 547e | 1:17 | 5,610 | 10:41 |
| 468 | 840 | WERYK TOMASZ | NA WZGORZU,BEZRZECZE | 1971 | 548e | 1:17 | 5,610 | 10:41 |
| 469 | 402 | STRZAŁKOWSKI ROBERT | RUN FOR FUN BEZRZECZ | 1979 | 549e | 1:17 | 5,610 | 10:41 |
| 470 | 121 | DUNAJ PRZEMYSŁAW | SZCZECIN | 1975 | 550e | 1:17 | 5,610 | 10:41 |
| 471 | 602 | BŁACHNIO KRZYSZTOF | RAZ SZCZECIN,SZCZECI | 1965 | 553e | 1:17 | 5,610 | 10:41 |
| 472 | 866 | REJNIAK WOJCIECH | SSC SALLING GROUP,SZ | 1986 | 556e | 1:17 | 5,610 | 10:41 |
| 473 | 644 | PRUSZANOW MARCIN | KB HERMES GRYFINO,GR | 1976 | 557e | 1:18 | 5,538 | 10:50 |
| 474 | 148 | WŁOSZAK MAREK | SZCZECIN | 1980 | 558e | 1:18 | 5,538 | 10:50 |
| 475 | 642 | KOMOROWSKI MICHAŁ | SZCZECIN | 1986 | 560e | 1:18 | 5,538 | 10:50 |
| 476 | 458 | MATUSIAK ADAM | BEZRZECZE | 1983 | 561e | 1:18 | 5,538 | 10:50 |
| 477 | 812 | BEJSTER PRZEMYSŁAW | WIECZORNE BIEGANIE W | 1958 | 563e | 1:18 | 5,538 | 10:50 |
| 478 | 842 | DRABARZ MICHAŁ | SZCZECIN | 1977 | 564e | 1:18 | 5,538 | 10:50 |
| 479 | 439 | ZELISKO ŁUKASZ | 12BZ,SZCZECIN | 1990 | 566e | 1:18 | 5,538 | 10:50 |
| 480 | 825 | MAJ PATRYK | BAR DANCERZ,SZCZECIN | 1999 | 568e | 1:18 | 5,538 | 10:50 |
| 481 | 525 | GŁADYSZAK MICHAŁ | SZCZECIN | 1980 | 569e | 1:18 | 5,538 | 10:50 |
| 482 | 527 | DZBANUSZEK KRZYSZTOF | WIECZORNE BIEGANIE,S | 1980 | 570e | 1:18 | 5,538 | 10:50 |
| 483 | 869 | ZUK KRZYSZTOF | SSC SALLING GROUP,SZ | 1986 | 571e | 1:18 | 5,538 | 10:50 |
| 484 | 606 | ZAWADKA ANDRZEJ | SZCZECINSKI KLUB WYS | 1965 | 572e | 1:18 | 5,538 | 10:50 |
| 485 | 226 | SZYBALSKI TOMASZ | SZCZECIN | 1983 | 574e | 1:18 | 5,538 | 10:50 |
| 486 | 688 | KŁYS ADRIAN | SZCZECIN | 1976 | 575e | 1:18 | 5,538 | 10:50 |
| 487 | 726 | IMIĘ I NAZWISKO | SZCZECIN | 1980 | 576e | 1:18 | 5,538 | 10:50 |
| 488 | 345 | ZAPŁATA MAREK | KAMIENIEC | 1956 | 577e | 1:18 | 5,538 | 10:50 |
| 489 | 511 | DUDA PIOTR | SZCZECIN | 1982 | 578e | 1:18 | 5,538 | 10:50 |
| 490 | 22 | MIELNICZUK MARCIN | SZCZECIN | 1986 | 586e | 1:19 | 5,468 | 10:58 |
| 491 | 765 | ROZGA ZBIGNIEW | VIKING 88,SZCZECIN | 1977 | 587e | 1:19 | 5,468 | 10:58 |
| 492 | 824 | DROZD MICHAŁ | BAR DANCERZ,SZCZECIN | 1997 | 589e | 1:19 | 5,468 | 10:58 |
| 493 | 298 | SZOTOWICZ ADAM | BRIDGESTONE STARGARD | 1990 | 592e | 1:19 | 5,468 | 10:58 |
| 494 | 698 | WIKTORZAK KAMIL | SZCZECIN | 1979 | 593e | 1:19 | 5,468 | 10:58 |
| 495 | 604 | WŁODARCZAK PAWEŁ | SZCZECIN | 1962 | 594e | 1:19 | 5,468 | 10:58 |
| 496 | 770 | BIERNACKI ANDRZEJ | SZCZECIN | 1978 | 595e | 1:19 | 5,468 | 10:58 |
| 497 | 537 | LECH WOJCIECH | SZCZECIN | 1983 | 597e | 1:20 | 5,400 | 11:06 |
| 498 | 539 | KOZIEŁ JACEK | K2,GRYFINO | 1979 | 601e | 1:20 | 5,400 | 11:06 |
| 499 | 199 | MALESA MACIEJ | BEZ KLUBU,SZCZECIN | 1974 | 604e | 1:20 | 5,400 | 11:06 |
| 500 | 153 | ZYREK JAROSŁAW | PRZYBIERNOW | 1984 | 605e | 1:20 | 5,400 | 11:06 |

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| Msc | NrSt | Nazwisko | Klub/Miasto | Rok | MscKat | Netto | Km/h | Tempo |
|-----|------|-----------------------|-----------------------|------|--------|-------|-------|-------|
| 501 | 348 | CIEPŁUCHA MARCIN | SZCZECIN BUKOWE, SZCZ | 1976 | 606e | 1:21 | 5,333 | 11:15 |
| 502 | 370 | PLĄSEK SYLWESTER | LOVELASY, POLICE | 1971 | 607e | 1:21 | 5,333 | 11:15 |
| 503 | 196 | SIEMIERNIK DARIUSZ | KOSTRZYN NAD ODRA | 1975 | 608e | 1:21 | 5,333 | 11:15 |
| 504 | 418 | PLESNIAK JAROSŁAW | BIZON TEAM, SZCZECIN | 1981 | 609e | 1:21 | 5,333 | 11:15 |
| 505 | 654 | RAJCHEL MARCIN | POLICE | 1988 | 610e | 1:21 | 5,333 | 11:15 |
| 506 | 238 | RAC MICHAŁ | DOBRA | 1973 | 612e | 1:21 | 5,333 | 11:15 |
| 507 | 534 | GUZIKOWSKI TOMASZ | GUZIK TEAM, SZCZECIN | 1979 | 614e | 1:21 | 5,333 | 11:15 |
| 508 | 712 | KARAS JACEK | DRUZYNA SZPIKU / PAT | 1979 | 618e | 1:21 | 5,333 | 11:15 |
| 509 | 263 | NIEZGODA MARIUSZ ADAM | KOMPAS TEAM, POLICE | 1973 | 619e | 1:21 | 5,333 | 11:15 |
| 510 | 289 | KLIMCZYK MAREK | 12BZ/1BPZMOT, SZCZECI | 1979 | 621e | 1:22 | 5,268 | 11:23 |
| 511 | 174 | JEMIELITY ROBERT | SZCZECIN | 1986 | 623e | 1:22 | 5,268 | 11:23 |
| 512 | 109 | KORDUS TOMASZ | SZCZECIN | 1963 | 625e | 1:22 | 5,268 | 11:23 |
| 513 | 114 | KONNEK IRENEUSZ | SZCZECIN | 1973 | 626e | 1:22 | 5,268 | 11:23 |
| 514 | 191 | SMERD GRZEGORZ | STARGARD | 1987 | 629e | 1:22 | 5,268 | 11:23 |
| 515 | 38 | KASPRZAK MAREK | SZCZECIN, SZCZECIN | 1961 | 630e | 1:22 | 5,268 | 11:23 |
| 516 | 168 | TIJEWSKI MACIEJ | MIERZYN | 1977 | 631e | 1:22 | 5,268 | 11:23 |
| 517 | 300 | ORŁOWSKI MARCIN | SZCZECIN | 1995 | 632e | 1:22 | 5,268 | 11:23 |
| 518 | 772 | JASŁOWSKI ARTUR | HIAB SPORTS TEAM, STA | 1978 | 633e | 1:22 | 5,268 | 11:23 |
| 519 | 846 | FRACKOWSKI SŁAWOMIR | NA WZGORZU, BEZRZECZE | 1962 | 635e | 1:23 | 5,205 | 11:31 |
| 520 | 816 | STEMPINSKI PAWEŁ | GRYFUS SZCZECIN, SZCZ | 1989 | 636e | 1:23 | 5,205 | 11:31 |
| 521 | 138 | PEDA LESZEK | POLICE | 1952 | 637e | 1:23 | 5,205 | 11:31 |
| 522 | 819 | FRYDRYSZAK WOJCIECH | 12 BZ/ 1 BPZMOT, CHOJ | 1982 | 639e | 1:23 | 5,205 | 11:31 |
| 523 | 181 | WARNICKI TOMASZ | SZCZECIN | 1982 | 643e | 1:24 | 5,143 | 11:40 |
| 524 | 347 | ROSIK SEBASTIAN | SZCZECIN | 1980 | 644e | 1:24 | 5,143 | 11:40 |
| 525 | 464 | BALBUS JERZY | SZCZECIN | 1957 | 645e | 1:24 | 5,143 | 11:40 |
| 526 | 122 | NAKLICKI MARCIN | SZCZECIN | 1983 | 646e | 1:24 | 5,143 | 11:40 |
| 527 | 718 | KAMROWSKI HUBERT | SZCZECIN | 1986 | 648e | 1:24 | 5,143 | 11:40 |
| 528 | 338 | TYRCHA SZYMON | SZCZECIN | 1987 | 649e | 1:24 | 5,143 | 11:40 |
| 529 | 7 | GORSKI DAMIAN | 12BZ KU CZCI PAMIECI | 1989 | 650e | 1:24 | 5,143 | 11:40 |
| 530 | 117 | ZIOŁKOWSKI MARCIN | SZCZECIN | 1990 | 651e | 1:24 | 5,143 | 11:40 |
| 531 | 631 | BOHDANOWICZ MAREK | SZCZECIN | 1960 | 654e | 1:25 | 5,082 | 11:48 |
| 532 | 461 | FLIS ANDRZEJ | MIERZYN | 1968 | 657e | 1:25 | 5,082 | 11:48 |
| 533 | 258 | JANCZARA SEBASTIAN | STARGARD JA SIE NIE | 1982 | 658e | 1:25 | 5,082 | 11:48 |
| 534 | 797 | OLSZEWSKI ROBERT | SZCZECINEK | 1971 | 659e | 1:25 | 5,082 | 11:48 |
| 535 | 903 | DOBREK WOJCIECH | WIECZORNE BIEGANIE, S | 1966 | 660e | 1:25 | 5,082 | 11:48 |
| 536 | 510 | DENISIUK KRZYSZTOF | SZCZECIN, SZCZECIN | 1957 | 661e | 1:26 | 5,023 | 11:56 |
| 537 | 434 | MAŁECKI ARTUR | STARGARD | 1978 | 662e | 1:26 | 5,023 | 11:56 |
| 538 | 372 | MALINOWSKI RAFAŁ | HIAB SPORT TEAM, SZCZ | 1991 | 663e | 1:26 | 5,023 | 11:56 |
| 539 | 104 | ŁOCMAN DANIEL | SZCZECIN | 1976 | 664e | 1:26 | 5,023 | 11:56 |
| 540 | 363 | PRZYGODZKI PAWEŁ | SZCZECIN | 1982 | 665e | 1:26 | 5,023 | 11:56 |
| 541 | 182 | MAŁECKI SEBASTIAN | SZCZECIN, SZCZECIN | 1981 | 666e | 1:26 | 5,023 | 11:56 |
| 542 | 720 | KUCHTA PIOTR | KB PIONIER SZCZECIN, | 1988 | 673e | 1:28 | 4,909 | 12:13 |
| 543 | 566 | KOPANIECKI SEBASTIAN | SZCZECIN | 1974 | 679e | 1:29 | 4,854 | 12:21 |
| 544 | 478 | DZBANUSZEK MARIUSZ | WIECZORNE BIEGANIE, S | 1984 | 680e | 1:30 | 4,800 | 12:30 |
| 545 | 802 | MIESZAŁA ŁUKASZ | SZCZECIN | 1983 | 681e | 1:30 | 4,800 | 12:30 |
| 546 | 632 | WARUSZEWSKI MACIEJ | GUBIN | 1994 | 682e | 1:30 | 4,800 | 12:30 |
| 547 | 393 | SIKORSKI DARIUSZ | SZCZECIN | 1964 | 685e | 1:31 | 4,747 | 12:38 |
| 548 | 255 | ŁUKASZCZUK PAWEŁ | SZCZECIN | 1984 | 686e | 1:31 | 4,747 | 12:38 |
| 549 | 70 | GNAT JAKUB | MIERZYN | 1977 | 687e | 1:31 | 4,747 | 12:38 |
| 550 | 164 | CHROBOCINSKI DANIEL | SZCZECIN | 1993 | 688e | 1:31 | 4,747 | 12:38 |

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Str: 12

| Msc | NrSt | Nazwisko | Klub/Miasto | Rok | MscKat | Netto | Km/h | Tempo |
|-----|------|------------------------|-----------------------|------|--------|-------|-------|---------|
| 551 | 304 | KOWNACKI BARTOSZ | AT-AKTYWNY TRZEBIATO | 1981 | 689e | 1:31 | 4,747 | 12:38 |
| 552 | 617 | GRZESZCZYK SEBASTIAN | WIECZORNE BIEGANIE W | 1975 | 692e | 1:31 | 4,747 | 12:38 |
| 553 | 722 | CHUDZIA MAREK | SZCZECIN | 1984 | 695e | 1:32 | 4,696 | 12:46 |
| 554 | 695 | FRĄCKOWIAK GRZEGORZ | PEOPLE OF THE FUTURE | 1985 | 701e | 1:32 | 4,696 | 12:46 |
| 555 | 633 | DUDKIEWICZ KRZYSZTOF | SZCZECIN | 1969 | 702e | 1:32 | 4,696 | 12:46 |
| 556 | 384 | BAGINSKI MARCIN | KOBYLANKA | 1988 | 703e | 1:33 | 4,645 | 12:55 |
| 557 | 353 | DROZD RADEK | DROZDY, SZCZECIN | 1979 | 704e | 1:33 | 4,645 | 12:55 |
| 558 | 136 | FRITSCH SEBASTIAN | SZCZECIN | 1975 | 707e | 1:33 | 4,645 | 12:55 |
| 559 | 832 | PIECHOCKI JAKUB | SZCZECIN | 1991 | 710e | 1:34 | 4,596 | 13:03 |
| 560 | 273 | LIGOCKI TOMASZ | BIO-SPA, SZCZECIN | 1974 | 711e | 1:34 | 4,596 | 13:03 |
| 561 | 42 | IWANIUK ADAM | MOTOCYKLISCI DLA DZI | 1978 | 719e | 1:36 | 4,500 | 13:20 |
| 562 | 111 | RUTKIEWICZ MAREK | MIEDWIANIE, NIEDZWIED | 1966 | 723e | 1:36 | 4,500 | 13:20 |
| 563 | 97 | SPUNDA PIOTR | DRUZYNA MIKOLAJA, SZC | 1980 | 724e | 1:37 | 4,454 | 13:28 |
| 564 | 883 | CHORBOT ŁUKASZ | BOBROWKO BIEGA, STRZ | 1980 | 729e | 1:37 | 4,454 | 13:28 |
| 565 | 314 | SZCZYGIEL PAWEŁ | STARGARD | 1987 | 730e | 1:37 | 4,454 | 13:28 |
| 566 | 901 | DASZEWSKI LECH | DEBNO | 1963 | 735e | 1:40 | 4,320 | 13:53 |
| 567 | 257 | STRONIKOWSKI KAMIL | SZCZECIN | 1979 | 736e | 1:40 | 4,320 | 13:53 |
| 568 | 707 | NOWACZYK WOJCIECH | SZCZECIN | 1983 | 737e | 1:41 | 4,277 | 14:01 |
| 569 | 673 | RACHWAŁSKI PIOTR | SZCZECIN | 1983 | 742e | 1:41 | 4,277 | 14:01 |
| 570 | 519 | ROMANOWICZ MAREK | PARKRUN SZCZECIN, SZC | 1966 | 743e | 1:41 | 4,277 | 14:01 |
| 571 | 209 | KOS PIOTR | SZCZECIN | 1956 | 748e | 1:43 | 4,194 | 14:18 |
| 572 | 562 | NOWAK WOJCIECH | POZNAN | 1980 | 749e | 1:43 | 4,194 | 14:18 |
| 573 | 158 | WIECZORKIEWICZ RYSZARD | RYS BANDA, STARGARD | 1946 | 751e | 1:43 | 4,194 | 14:18 |
| 574 | 398 | KACZYNSKI ARTUR | PILCHOWO | 1970 | 754e | 1:44 | 4,154 | 14:26 |
| 575 | 27 | GRUZEWSKI WACŁAW | STARGARD JA SIE NIE | 1950 | 758e | 1:45 | 4,114 | 14:35 |
| 576 | 563 | PIETRUSZKA SŁAWOMIR | BBL SZCZECIN, SZCZECI | 1965 | 759e | 1:46 | 4,075 | 14:43 |
| 577 | 69 | BODNAR ZBIGNIEW | SZCZECIN | 1948 | 760e | 1:46 | 4,075 | 14:43 |
| 578 | 192 | SZYMANOWICZ MARCIN | SZCZECIN | 1983 | 762e | 1:46 | 4,075 | 14:43 |
| 579 | 571 | BARTOSZEWSKI PAWEŁ | L-BUG RUN, SZCZECIN | 1980 | 771e | 1:50 | 3,927 | 15:16 |
| 580 | 542 | BIEGANSKI TOMASZ | SZCZECIN | 1982 | 772e | 1:50 | 3,927 | 15:16 |
| 581 | 18 | CIECIOROWSKI ROBERT | SZCZECIN | 1977 | 774e | 1:51 | 3,892 | 15:25 |
| 582 | 658 | ACHREM GRZEGORZ | NIEZRZESZONY, SZCZECI | 1960 | 775e | 1:51 | 3,892 | 15:25 |
| 583 | 78 | MASLANIK PIOTR | WIECZORNE BIEGANIE W | 1972 | 779e | 1:53 | 3,823 | 15:41 |
| 584 | 864 | ONYSZKIEWICZ MICHAŁ | SSC SALLING GROUP, SZ | 1994 | 783e | 1:59 | 3,630 | 16:31 |
| 585 | 318 | KROPIDŁOWSKI FLORIAN | UKL OSEMKA POLICE, PO | 1935 | 791e | 2:54 | 2,483 | 24:10 |
| 586 | 504 | TOMCZYK JAN | FC AQUILA SZCZECIN, S | 1991 | 792e | 28:58 | 0,249 | 4:01:23 |