

**VII BIEG NIEPODLEGŁOŚCI - 11.11.2018, ŻAGAŃ**  
**- 10KM - M50**

11-11-2018 12:47

Str: 1

| Msc | NrSt | Nazwisko                | Klub/Miasto          | Rok  | MscKat | Miedzy | Bruto   | Netto   | Km/h   | Tempo |
|-----|------|-------------------------|----------------------|------|--------|--------|---------|---------|--------|-------|
| 1   | 43   | SZTURO JAN              | PODGORZYN-GMINA PRZY | 1967 | 38e    | 19:41  | 39:13   | 39:11   | 15.313 | 3:55  |
| 2   | 91   | SZYMALAK GRZEGORZ       | STELLA ART,NOWA SOL  | 1968 | 55e    | 20:18  | 40:39   | 40:36   | 14,778 | 4:03  |
| 3   | 93   | SKORUPKA LESZEK         | ZIELONA GORA         | 1966 | 86e    | 20:40  | 41:56   | 41:52   | 14.331 | 4:11  |
| 4   | 264  | EIRYS DARIUSZ           | NOWA SOL             | 1966 | 104e   | 21:16  | 42:59   | 42:54   | 13.986 | 4:17  |
| 5   | 192  | STĘPIEN JAROSŁAW        | ZAGAN                | 1968 | 108e   | 20:54  | 43:06   | 43:00   | 13,953 | 4:18  |
| 6   | 97   | NYKIEL TOMASZ           | PRZEMYSKI KLUB BIEGA | 1966 | 125e   | 20:41  | 43:51   | 43:46   | 13.709 | 4:22  |
| 7   | 176  | STACHOWSKI MIROSŁAW     | CZARNA DWIZJA,ZARY   | 1964 | 127e   | 21:49  | 44:10   | 43:57   | 13,652 | 4:23  |
| 8   | 66   | LEKS IRENEUSZ           | ZIELONA GORA         | 1963 | 152e   | 21:49  | 44:56   | 44:43   | 13,418 | 4:28  |
| 9   | 280  | POLANSKI TOMASZ         | PRZEMYSKI KLUB BIEGA | 1966 | 159e   | 22:17  | 45:05   | 44:54   | 13.363 | 4:29  |
| 10  | 190  | OLEKSYK JULIAN          | ZARY                 | 1962 | 163e   | 21:15  | 45:12   | 45:06   | 13,304 | 4:30  |
| 11  | 209  | ŁAWNICZAK ANDRZEJ       | ZGORZELEC            | 1959 | 164e   | 22:21  | 45:19   | 45:09   | 13.289 | 4:30  |
| 12  | 232  | DUSZA ZBIGNIEW          | BIEGAM Z DUSZA, KOZU | 1963 | 165e   | 22:16  | 45:20   | 45:09   | 13,289 | 4:30  |
| 13  | 290  | GOSTYNSKI BOGUMIŁ       | ZABIEGANY SULECHOW,S | 1962 | 211e   | 22:35  | 46:59   | 46:50   | 12,811 | 4:41  |
| 14  | 145  | ZIELINSKI KRZYSZTOF     | STARY WEGLINIEC      | 1960 | 222e   | 22:51  | 47:27   | 47:19   | 12.681 | 4:43  |
| 15  | 255  | SOCZOMSKI MIROSŁAW      | EDI TEAM ZGORZELEC,Z | 1965 | 225e   | 23:56  | 47:34   | 47:22   | 12,667 | 4:44  |
| 16  | 173  | WŁUDARSKI MACIEJ        | ZARY RUNNERS TEAM,GR | 1965 | 234e   | 23:14  | 47:47   | 47:39   | 12,592 | 4:45  |
| 17  | 273  | BORYSIONEK JAROSŁAW     | ZARY                 | 1968 | 235e   | 23:22  | 47:55   | 47:44   | 12.570 | 4:46  |
| 18  | 198  | SAWICKI ARTUR           | JABLONOW             | 1967 | 247e   | 24:00  | 48:18   | 48:09   | 12,461 | 4:48  |
| 19  | 442  | BERNAD KRZYSZTOF        | ZAGAN                | 1967 | 278e   | 23:43  | 49:30   | 49:03   | 12.232 | 4:54  |
| 20  | 117  | JELINSKI JANUSZ         | BBL ZAGAN,ZAGAN      | 1964 | 283e   | 23:47  | 49:18   | 49:08   | 12.212 | 4:54  |
| 21  | 359  | WELCZ ANDRZEJ           | ZAGAN                | 1965 | 288e   | 24:17  | 49:31   | 49:15   | 12.183 | 4:55  |
| 22  | 347  | DANIELAK KRZYSZTOF      | ZARY                 | 1960 | 298e   | 24:21  | 49:50   | 49:31   | 12.117 | 4:57  |
| 23  | 283  | SUCHOCKI GRZEGORZ       | NOWE MIASTECZKO      | 1966 | 311e   | 24:28  | 49:58   | 49:46   | 12.056 | 4:58  |
| 24  | 430  | PATYK HENRYK            | ZARY                 | 1961 | 314e   | 24:22  | 50:08   | 49:50   | 12,040 | 4:59  |
| 25  | 147  | BAER WALDEMAR           | ZABIEGANY SULECHOW,S | 1962 | 316e   | 24:09  | 50:08   | 49:53   | 12.028 | 4:59  |
| 26  | 457  | BERCZUK JOZEF           | MKST ASTRA NOWA SOL, | 1967 | 328e   | 24:46  | 50:45   | 50:15   | 11,940 | 5:01  |
| 27  | 351  | JASTRZĘBSKI DARIUSZ     | SWIETOSZOW           | 1966 | 333e   | 24:48  | 50:47   | 50:28   | 11.889 | 5:02  |
| 28  | 266  | AST KRZYSZTOF           | ZIELONA GORA         | 1962 | 336e   | 24:57  | 50:50   | 50:35   | 11,862 | 5:03  |
| 29  | 157  | SKORA ZBIGNIEW          | ZAGAN                | 1963 | 338e   | 24:24  | 50:49   | 50:39   | 11,846 | 5:03  |
| 30  | 324  | PAWŁAK PIOTR            | ZAGAN                | 1965 | 355e   | 24:57  | 51:45   | 51:29   | 11.654 | 5:08  |
| 31  | 452  | BIEDROŃSKI STANISŁAW    | BOGATYNIA            | 1960 | 359e   | 25:03  | 51:53   | 51:35   | 11,632 | 5:09  |
| 32  | 252  | KAWALEC LESZEK          | NIEZRZESZONY,BRODY   | 1961 | 363e   | 26:07  | 51:56   | 51:43   | 11,602 | 5:10  |
| 33  | 233  | KOSAŁKA EDWARD          | 11 DKPANC,ZARY       | 1965 | 364e   | 24:08  | 51:58   | 51:44   | 11.598 | 5:10  |
| 34  | 517  | BUJAK ANDRZEJ           | VIRTUAL RUNNER CLUB, | 1968 | 378e   | 26:07  | 52:46   | 52:25   | 11,447 | 5:14  |
| 35  | 497  | MICHAJLUK BOGDAN        | SADKOW               | 1959 | 387e   | 25:58  | 52:55   | 52:38   | 11,400 | 5:15  |
| 36  | 635  | GALANTY JACEK           | SWIDNICA             | 1959 | 416e   | 26:03  | 54:07   | 53:39   | 11,184 | 5:21  |
| 37  | 381  | RUDZIŃSKI MARIUSZ       | JEDI GROUP,MIROSTOWI | 1968 | 428e   | 26:42  | 54:22   | 53:59   | 11,115 | 5:23  |
| 38  | 511  | FURTAŁ KRZYSZTOF        | KTOS MUSI BYC OSTATN | 1962 | 448e   | 26:42  | 55:06   | 54:43   | 10.966 | 5:28  |
| 39  | 646  | JAKUBOWSKI MIROSŁAW     | KB LEW 2000 LEGNICA, | 1959 | 456e   | 27:31  | 55:56   | 55:12   | 10,870 | 5:31  |
| 40  | 527  | BRZAŃKAŁA KAZIMIERZ     | ZAGAN                | 1964 | 470e   | 26:52  | 56:11   | 55:42   | 10,772 | 5:34  |
| 41  | 366  | KROLIKOWSKI DARIUSZ     | AMATOR,LUBAN         | 1966 | 484e   | 28:38  | 56:24   | 56:01   | 10,711 | 5:36  |
| 42  | 608  | KONIECPOLESKI KRZYSZTOF | ZARY                 | 1968 | 488e   | 28:10  | 56:47   | 56:04   | 10,702 | 5:36  |
| 43  | 303  | HARENDA CZESŁAW         | HARENDEZIANKI,ZARY   | 1967 | 493e   | 28:23  | 56:49   | 56:14   | 10.670 | 5:37  |
| 44  | 755  | CZAJA ADAM              | NIEZRZESZONY,MIROSTO | 1961 | 507e   | 28:18  | 57:33   | 56:54   | 10,545 | 5:41  |
| 45  | 582  | SROCZYŃSKI BOGUSŁAW     | BOGATYNIA            | 1961 | 538e   | 28:36  | 58:05   | 57:37   | 10,414 | 5:45  |
| 46  | 580  | PIETRENKO MIROSŁAW      | NIEZRZESZONY,KROSNO  | 1963 | 572e   | 28:53  | 59:53   | 59:10   | 10.141 | 5:55  |
| 47  | 456  | STAYKOV NIKOLAY         | ZIELONA GORA         | 1963 | 578e   | 28:15  | 59:46   | 59:25   | 10,098 | 5:56  |
| 48  | 555  | ORCIUCH MACIEJ          | RUNPLANETTEAM,ZIELON | 1968 | 587e   | 29:14  | 1:00:39 | 1:00:00 | 10,000 | 6:00  |
| 49  | 596  | KULASZA JERZY           | ZAGAN                | 1964 | 594e   | 28:55  | 1:00:52 | 1:00:26 | 9.928  | 6:02  |
| 50  | 514  | NICPON WOJCIECH         | BIEGAM POMAGAM LEGNI | 1965 | 610e   | 30:22  | 1:01:50 | 1:01:27 | 9,764  | 6:08  |

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Str: 2

| Msc | NrSt | Nazwisko         | Klub/Miasto          | Rok  | MscKat | Miedzy | Bruto   | Netto   | Km/h  | Tempo |
|-----|------|------------------|----------------------|------|--------|--------|---------|---------|-------|-------|
| 51  | 725  | MYSZKA MARIAN    | ZAGAN                | 1968 | 613e   | 29:40  | 1:02:02 | 1:01:33 | 9,748 | 6:09  |
| 52  | 409  | ZUREK ROMAN      | ZAGAN                | 1961 | 634e   | 29:29  | 1:03:31 | 1:02:47 | 9,557 | 6:16  |
| 53  | 355  | PUDA ARTUR       | BRACTWO BIEGACZY ZIE | 1967 | 644e   | 31:22  | 1:04:10 | 1:03:33 | 9,441 | 6:21  |
| 54  | 719  | SKOBELSKI ROBERT | BRACTWO BIEGACZY ZIE | 1968 | 645e   | 31:22  | 1:04:10 | 1:03:33 | 9,441 | 6:21  |