

34. NOCNY BIEG BACHUSA - 07.09.2019, ZIELONA GÓRA
- 10KM
Kategoria M30

| MscKt | NrSt | Nazwisko | Zespół/Miejscowość | Ur. | MscGen | Kateg | 2.5km | 5km | 7.5km | Brutto | Netto |
|-------|------|----------------------|----------------------|------|--------|-------|-------|-------|-------|--------|-------|
| 4 | 354 | ABDERRAHIM ELASRI | GHORZÓW | 1982 | 2 | M30 | 7:37 | 15:32 | 23:39 | 34:44 | 34:43 |
| 2 | 117 | ZAGORNY MARCIN | RADNICA | 1988 | 5 | M30 | 8:27 | 17:15 | 26:13 | 35:02 | 35:02 |
| 3 | 260 | SZATKOWSKI PAWEŁ | HARPAGAN ZG,NIWISKA | 1980 | 9 | M30 | 8:59 | 18:19 | 27:37 | 36:42 | 36:40 |
| 4 | 18 | BLACHA KRZYSZTOF | METAPACK POLSKA,ZIEL | 1982 | 12 | M30 | 8:59 | 18:19 | 27:37 | 36:53 | 36:53 |
| 5 | 235 | RZEŹNIK DACJAN | BOHAR PALETY RUNNERS | 1989 | 17 | M30 | 9:22 | 19:00 | 28:40 | 38:12 | 38:11 |
| 6 | 356 | SALEJ KRZYSZTOF | ZIELONA GÓRA REDKOT | 1985 | 19 | M30 | 9:28 | 19:19 | 29:14 | 38:57 | 38:55 |
| 7 | 183 | MICHALCZAK RADEK | ELECTRIC FLASH ,ZIEL | 1982 | 20 | M30 | 9:20 | 19:14 | 29:37 | 39:25 | 39:23 |
| 8 | 247 | SOBOLEWSKI ŁUKASZ | TEAM DRACZYŃSKI/ WWW | 1983 | 22 | M30 | 9:45 | 19:52 | 29:48 | 39:33 | 39:32 |
| 9 | 133 | KRASIŃSKI PIOTR | GUBIN | 1984 | 28 | M30 | 9:31 | 19:39 | 29:51 | 40:01 | 39:59 |
| 10 | 315 | CUNHA TELMO | ZIELONA GÓRA | 1983 | 32 | M30 | 10:27 | 20:39 | 30:42 | 40:25 | 40:17 |
| 11 | 200 | OKOŃ PAWEŁ | JASZCZURY ,ŁAGÓW | 1985 | 33 | M30 | 9:46 | 19:58 | 30:22 | 40:25 | 40:23 |
| 12 | 161 | MACIEJEWSKI ROMAN | KROSNO ODRZAŃSKIE | 1983 | 36 | M30 | 9:54 | 20:09 | 30:33 | 40:51 | 40:47 |
| 13 | 156 | ŁOJKO MICHAŁ ESTEBAN | RAJTAROWIANKA DRZONK | 1987 | 37 | M30 | 10:08 | 20:25 | 30:46 | 40:59 | 40:57 |
| 14 | 77 | GOŁĘBIEWSKI TYTUS | NGB / ULTRA FALUBAZ, | 1989 | 40 | M30 | 9:40 | 20:13 | 31:01 | 41:51 | 41:49 |
| 15 | 204 | OSZCZYK MARCIN | ZIELONA GÓRA | 1980 | 41 | M30 | 10:39 | 21:13 | 31:44 | 41:51 | 41:48 |
| 16 | 73 | GŁÓWNIAK WOJCIECH | ZIELONA GÓRA | 1981 | 42 | M30 | 10:11 | 20:50 | 31:35 | 41:57 | 41:55 |
| 17 | 67 | GARLICKI BARTOSZ | ZIELONA GÓRA | 1987 | 44 | M30 | 10:10 | 20:56 | 31:49 | 42:02 | 42:01 |
| 18 | 236 | RZĘSA ŁUKASZ | ŚWIDNICA | 1985 | 53 | M30 | 10:42 | 21:21 | 32:07 | 42:51 | 42:47 |
| 19 | 122 | KONOWALCZUK TOMASZ | AKS WYBIEGANI POLKOW | 1980 | 56 | M30 | 10:39 | 21:22 | 32:21 | 43:06 | 43:00 |
| 20 | 75 | GOŁONKA PAWEŁ | KB WIKON NOWA SÓL,NO | 1983 | 57 | M30 | 10:45 | 21:34 | 32:27 | 43:06 | 43:03 |
| 21 | 292 | WRÓBEL PAWEŁ | NOWE MIASTECZKO | 1981 | 58 | M30 | 10:32 | 21:21 | 32:20 | 43:21 | 43:17 |
| 22 | 205 | OŚKO SZYMON | ZIELONA GÓRA | 1984 | 66 | M30 | 10:53 | 21:45 | 32:55 | 43:52 | 43:42 |
| 23 | 268 | ŚLIWIŃSKI PAWEŁ | ZIELONA GÓRA | 1983 | 71 | M30 | 11:33 | 22:56 | 33:48 | 44:04 | 44:01 |
| 24 | 291 | WÓJTOWICZ MATEUSZ | APATOR RECTOR TEAM,Z | 1983 | 80 | M30 | 10:57 | 22:19 | 34:10 | 45:09 | 45:04 |
| 25 | 160 | MACIEJEWSKI PAWEŁ | BOHAR PALETY RUNNERS | 1980 | 82 | M30 | 10:44 | 22:18 | 33:53 | 45:12 | 45:10 |
| 26 | 363 | MIKOŁAJCZYK DARIUSZ | ZIELONA GÓRA | 1984 | 88 | M30 | 10:52 | 22:33 | 34:33 | 45:46 | 45:43 |
| 27 | 141 | KUBALSKI ŁUKASZ | KARGOWA | 1987 | 95 | M30 | 10:54 | 22:35 | 34:39 | 46:35 | 46:31 |
| 28 | 135 | KRAWCZYK PIOTR | GOŚCIESZOWICE | 1989 | 96 | M30 | 11:24 | 23:23 | 35:13 | 46:36 | 46:30 |
| 29 | 261 | SZATKOWSKI PIOTR | NIWISKA | 1982 | 97 | M30 | 11:29 | 23:21 | 35:12 | 46:46 | 46:38 |
| 30 | 126 | KORALIK TOMASZ | SŁONE | 1984 | 98 | M30 | 12:04 | 23:49 | 35:37 | 46:50 | 46:32 |

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|-------|------|--------------------------|----------------------|------|--------|-------|-------|-------------|-------|--------|-------|
| 31 | 357 | SZYNAKA KAROL | ZIELONA GÓRA | 1986 | 103 | M30 | | 12:05 23:53 | 35:43 | 47:19 | 47:03 |
| 32 | 272 | TRICZKA MACIEJ | AEROKLUB ZIEMI LUBUS | 1988 | 105 | M30 | | 12:05 23:58 | 35:53 | 47:20 | 47:07 |
| 33 | 23 | BONDZIAK ERNEST | TOBIASZ KLUB HULIGAN | 1980 | 114 | M30 | | 12:35 24:53 | 36:49 | 47:57 | 47:44 |
| 34 | 37 | CICHOMSKI KAMIL | AKS WYBIEGANI POLKOW | 1984 | 117 | M30 | | 12:10 24:10 | 36:25 | 48:02 | 47:51 |
| 35 | 100 | JANUS PIOTR | ŻARY | 1987 | 124 | M30 | | 12:19 24:29 | 36:49 | 48:23 | 48:06 |
| 36 | 251 | STANKIEWICZ DAMIAN | ZIELONA GÓRA | 1988 | 126 | M30 | | 12:26 24:41 | 36:52 | 48:25 | 48:14 |
| 37 | 136 | KRYSIŃSKI ŁUKASZ | APATOR RECTOR ,ZIELO | 1984 | 128 | M30 | | 11:44 24:10 | 36:39 | 48:30 | 48:16 |
| 38 | 266 | SZYLKIN WOJCIECH | LEZNICA TEAM,ZIELONA | 1981 | 139 | M30 | | 12:18 25:09 | 38:26 | 49:37 | 49:25 |
| 39 | 144 | KUROWSKI ROBERT | AKS WYBIEGANI POLKOW | 1984 | 143 | M30 | | 12:10 24:32 | 37:14 | 49:58 | 49:48 |
| 40 | 187 | MIKOŁAJCZAK MIKOŁAJ | ZIELONA GÓRA | 1981 | 144 | M30 | | 12:29 25:11 | 37:56 | 50:04 | 49:53 |
| 41 | 38 | CUKIERNIK PRZEMYSŁAW | HARPAGAN ZG,ZIELONA | 1982 | 150 | M30 | | 12:19 25:07 | 37:55 | 50:23 | 50:16 |
| 42 | 335 | ŁOTYSZONEK TOMASZ | ZIELONA GÓRA | 1980 | 153 | M30 | | 11:01 23:28 | 36:45 | 50:35 | 50:30 |
| 43 | 226 | ROGOWSKI TOMASZ | UMLAUT,KROSNO ODRZAŃ | 1983 | 154 | M30 | | 12:28 25:22 | 38:09 | 50:37 | 50:33 |
| 44 | 271 | TOMASZEWSKI ŁUKASZ | SZPROTAWA | 1981 | 159 | M30 | | 12:51 25:37 | 38:40 | 51:06 | 50:50 |
| 45 | 305 | ŻELAZIŃSKI MARCIN | ZIELONA GÓRA | 1980 | 160 | M30 | | 13:05 26:02 | 38:58 | 51:13 | 50:57 |
| 46 | 51 | DURAJSKI ARIEL | LECZNICA TEAM,ZIELON | 1989 | 163 | M30 | | 12:17 25:08 | 38:26 | 51:23 | 51:13 |
| 47 | 227 | ROSOCHACZ ŁUKASZ | KB FORREST GUMP,ZIEL | 1985 | 166 | M30 | | 12:25 25:23 | 38:27 | 51:30 | 51:21 |
| 48 | 185 | MICHNIEWICZ ŁUKASZ | 1987,KROSNO ODRZ. | 1987 | 167 | M30 | | 12:53 26:00 | 39:04 | 51:33 | 51:22 |
| 49 | 286 | WEBER KRYSZTIAN | DERMO ESTETIC ŻARY,Ż | 1980 | 170 | M30 | | 12:51 25:57 | 39:02 | 51:45 | 51:41 |
| 50 | 374 | MANIA PRZEMYSŁAW | ZIELONA GÓRA | 1981 | 171 | M30 | | 12:22 25:34 | 38:52 | 51:54 | 51:49 |
| 51 | 138 | KRZESIŃSKI DAMIAN | OCR TEAM ZIELONA GÓR | 1986 | 180 | M30 | | 12:32 25:38 | 39:00 | 52:30 | 52:19 |
| 52 | 20 | BOHAREWICZ PAWEŁ | BOHAR PALETY RUNNERS | 1980 | 186 | M30 | | 13:34 26:58 | 40:09 | 53:04 | 52:59 |
| 53 | 149 | LEMAŃSKI PIOTR | ZIELONA GÓRA | 1980 | 189 | M30 | | 13:41 27:16 | 40:38 | 53:32 | 53:22 |
| 54 | 262 | SZCZEŚNIAK LESZEK | GUBIN | 1981 | 192 | M30 | | 13:14 26:57 | 40:43 | 53:48 | 53:40 |
| 55 | 153 | LUTOSTAŃSKI ADAM | KS KASZTELANKA,BOBOW | 1988 | 194 | M30 | | 12:31 26:18 | 40:00 | 53:52 | 53:44 |
| 56 | 15 | BERŁOWSKI BARTOSZ | ALBECO TEAM,PLEWISKA | 1986 | 207 | M30 | | 13:38 27:30 | 41:31 | 55:27 | 55:18 |
| 57 | 164 | MADOŃ-WIŚNIEWSKI MARIUSZ | ZIELONA GÓRA | 1984 | 214 | M30 | | 13:28 27:24 | 42:14 | 56:11 | 56:04 |
| 58 | 210 | PIEŃKOWSKI KRZYSZTOF | ZIELONA GÓRA | 1987 | 216 | M30 | | 14:11 28:19 | 42:41 | 56:29 | 56:11 |
| 59 | 311 | LASOTA PIOTR | ZIELONA GÓRA | 1980 | 223 | M30 | | 14:27 28:53 | 43:28 | 58:03 | 57:53 |
| 60 | 191 | NAGÓRNY MATEUSZ | ZIELONA GÓRA | 1985 | 228 | M30 | | 14:16 29:10 | 43:48 | 58:13 | 57:57 |

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|-------|------|----------------------|----------------------|------|--------|-------|-------|-------------|-------|---------|---------|
| 61 | 321 | LUDWICKI JAROSŁAW | ZIELONA GÓRA | 1987 | 233 | M30 | | 14:41 29:32 | 44:50 | 59:34 | 59:19 |
| 62 | 202 | OLSZEWSKI MIKOŁAJ | AKS WYBIEGANI POLKOW | 1980 | 238 | M30 | | 14:45 30:05 | 45:16 | 1:00:01 | 59:50 |
| 63 | 45 | DAWIEC WOJCIECH | SŁONE | 1986 | 239 | M30 | | 14:17 29:16 | 44:47 | 1:00:02 | 59:51 |
| 64 | 30 | BYKOWSKI BARTŁOMIEJ | ZIELONAGÓRA | 1982 | 245 | M30 | | 13:54 28:35 | 43:59 | 1:00:40 | 1:00:24 |
| 65 | 59 | FLIS PIOTR | ZIELONA GÓRA | 1986 | 266 | M30 | | 15:42 32:35 | 50:22 | 1:09:15 | 1:09:04 |
| 66 | 60 | FRAĆKOWIAK KRZYSZTOF | PRYWATNY,ZIELONA GÓR | 1982 | 267 | M30 | | 16:35 34:04 | 52:08 | 1:09:27 | 1:09:23 |
| 67 | 119 | KOBZA PAWEŁ | REAC,ZIELONA GÓRA | 1986 | 269 | M30 | | 16:31 34:10 | 52:39 | 1:11:02 | 1:10:59 |