

| MscGen | NrSt | Nazwisko | Zespół/Miejscowość | Ur. | MscKt | Kateg | Brutto | Netto | Km/h | Czas/Km |
|--------|------|---------------------------|----------------------|------|-------|-------|---------|---------|-------|---------|
| 1 | 80 | MICHNOWICZ EWELINA | KROSNO ODRZAŃSKIE | 1992 | 1 | SENK | 1:01:23 | 1:01:22 | 9,777 | 6:08 |
| 2 | 42 | GÓRECKA MILENA | PANDA TEAM,ZIELONA G | 1987 | 2 | SENK | 1:03:30 | 1:03:16 | 9,484 | 6:21 |
| 3 | 7 | BABEL DE FRONSBURG MAŁGOR | ZIELONA GÓRA | 1980 | 3 | SENK | 1:03:58 | 1:03:55 | 9,387 | 6:23 |
| 4 | 79 | MICHALSKA DARIA | ZIELONA GÓRA | 1982 | 4 | SENK | 1:05:18 | 1:05:02 | 9,226 | 6:31 |
| 5 | 112 | RATAJCZAK MAŁGORZATA | ZIELONA GÓRA | 1985 | 5 | SENK | 1:06:49 | 1:06:34 | 9,014 | 6:40 |
| 6 | 51 | KALICZAK-SZWAJA MONIKA | DRUŻYNA CHROBREGO,SZ | 1974 | 1 | WETK | 1:07:28 | 1:07:21 | 8,909 | 6:44 |
| 7 | 91 | OLEJNIK ILONA | KRWIOBIEGANIE,ZIELON | 1968 | 2 | WETK | 1:08:36 | 1:08:25 | 8,770 | 6:51 |
| 8 | 41 | GÓRECKA ALDONA | PANDA TEAM,WRONKI | 1987 | 6 | SENK | 1:08:55 | 1:08:41 | 8,736 | 6:53 |
| 9 | 55 | KLYMENKO IANINA | ZIELONA GÓRA | 1991 | 7 | SENK | 1:09:47 | 1:09:31 | 8,631 | 6:58 |
| 10 | 140 | WASZAK JOANNA | ZIELONA GÓRA | 1983 | 8 | SENK | 1:10:53 | 1:10:45 | 8,481 | 7:05 |
| 11 | 11 | KRZESIŃSKA KATARZYNA | ZIELONA GÓRA | 1984 | 9 | SENK | 1:11:18 | 1:11:04 | 8,443 | 7:07 |
| 12 | 61 | KOWALCZUK ANNA | ZIELONA GÓRA | 1977 | 3 | WETK | 1:12:17 | 1:12:06 | 8,322 | 7:13 |
| 13 | 63 | KOZINOGA GABRIELA | HARPAGAN ZG,ZIELONA | 1977 | 4 | WETK | 1:13:10 | 1:12:55 | 8,229 | 7:19 |
| 14 | 49 | JARCZYŃSKA KATARZYNA | DRUŻYNA BELGUSA,ZIEL | 1981 | 10 | SENK | 1:13:45 | 1:13:32 | 8,160 | 7:22 |
| 15 | 10 | BARTKIEWICZ HALINA | ZIELONA GÓRA | 1974 | 5 | WETK | 1:17:44 | 1:17:25 | 7,750 | 7:46 |
| 16 | 130 | SZUROWSKA JOANNA | ZIELONA GÓRA | 1976 | 6 | WETK | 1:18:15 | 1:18:01 | 7,691 | 7:49 |
| 17 | 148 | ZIŃSKA DOROTA | DRUŻYNA CHROBREGO,MA | 1984 | 11 | SENK | 1:23:48 | 1:23:41 | 7,170 | 8:22 |
| 18 | 81 | MIERKIEWICZ JUSTYNA | ZIELONA GÓRA | 1980 | 12 | SENK | 1:24:11 | 1:23:50 | 7,157 | 8:25 |
| 19 | 58 | KORNILUK IZABELA | ZIELONA GORA | 1973 | 7 | WETK | 1:27:13 | 1:26:56 | 6,902 | 8:43 |
| 20 | 145 | WOZOWCZYK-LESZKO ELA | ZIELONA GÓRA | 1965 | 8 | WETK | 1:27:16 | 1:26:59 | 6,898 | 8:43 |
| 21 | 48 | HIRSCH ŻANETA MAURA | WATAHA,BOBROWICE | 1993 | 13 | SENK | 1:28:07 | 1:27:56 | 6,823 | 8:48 |
| 22 | 99 | PŁAWIAK-MOWNA ANNA | ZIELONA GÓRA | 1972 | 9 | WETK | 1:29:19 | 1:28:57 | 6,745 | 8:55 |
| 23 | 15 | BIELEC KAROLINA | ZIELONA GÓRA | 1988 | 14 | SENK | 1:30:57 | 1:30:50 | 6,606 | 9:05 |
| 24 | 2 | ADACH MAGDALENA | ENDORFINA WSCHOWA,WS | 1994 | 15 | SENK | 1:40:52 | 1:40:33 | 5,967 | 10:05 |