

| MscKt | NrSt | Nazwisko | Zespół/Miejscowość | Ur. | MscGen | Kateg | Brutto | Netto | Km/h | Czas/Km |
|-------|------|----------------------|-----------------------|------|--------|-------|---------|---------|--------|---------|
| 4 | 410 | ROMEJKO URSZULA | BBL ŻAGAŃ, ŻAGAŃ | 1983 | 3 | k30 | 1:02:32 | 1:02:28 | 10,374 | 5:47 |
| 2 | 261 | LASKOWSKA DOROTA | ŻARY | 1986 | 4 | k30 | 1:03:09 | 1:03:05 | 10,272 | 5:50 |
| 3 | 362 | PANASZEK JUSTYNA | TRZEBÓW | 1989 | 6 | k30 | 1:04:36 | 1:04:06 | 10,109 | 5:58 |
| 4 | 315 | MORAWSKA ANNA | BERLIN | 1989 | 9 | k30 | 1:06:02 | 1:05:40 | 9,868 | 6:06 |
| 5 | 167 | HORBOWA EWELINA | ŻAGAŃ | 1984 | 13 | k30 | 1:08:06 | 1:07:52 | 9,548 | 6:18 |
| 6 | 50 | BRASZAK PAULINA | NOWOGRODZKA GRUPA BI | 1984 | 14 | k30 | 1:09:35 | 1:09:23 | 9,339 | 6:26 |
| 7 | 396 | NIEMIEC KATARZYNA | BOBRY | 1982 | 15 | k30 | 1:10:03 | 1:10:00 | 9,257 | 6:29 |
| 8 | 539 | WACHOWSKA ALEKSANDRA | ZIELONA GÓRA | 1984 | 16 | k30 | 1:10:31 | 1:10:01 | 9,255 | 6:31 |
| 9 | 400 | RAUBO EMILIA | ZGORZELEC | 1983 | 17 | k30 | 1:11:08 | 1:11:02 | 9,122 | 6:35 |
| 10 | 123 | GACEK RENATA | ABY DO METY - PRZEMK | 1982 | 28 | k30 | 1:14:23 | 1:14:12 | 8,733 | 6:53 |
| 11 | 288 | MARCINOWSKA IWONA | FIBER, NOWOGRÓD BOBRZ | 1983 | 31 | k30 | 1:15:31 | 1:15:20 | 8,602 | 6:59 |
| 12 | 554 | WEBER MALWINA | DERMO ESTETIC, ŻARY | 1987 | 37 | k30 | 1:17:02 | 1:16:51 | 8,432 | 7:07 |
| 13 | 100 | DUDZIK MAGDALENA | KOŻUCHÓW | 1982 | 39 | k30 | 1:18:00 | 1:17:52 | 8,322 | 7:13 |
| 14 | 532 | TUTAJ JOANNA | ŻARY | 1982 | 42 | k30 | 1:20:52 | 1:20:25 | 8,058 | 7:29 |
| 15 | 495 | SZCZĘSNOWICZ NATALIA | TRZEBÓW | 1985 | 43 | k30 | 1:22:57 | 1:22:25 | 7,862 | 7:40 |
| 16 | 565 | WIŚNIEWSKA NATALIA | ŻAGAŃ | 1990 | 45 | k30 | 1:24:15 | 1:23:44 | 7,739 | 7:48 |
| 17 | 146 | GROMANOWSKA ANNA | REZLER TEAM, ŻARY | 1985 | 46 | k30 | 1:24:50 | 1:24:24 | 7,678 | 7:51 |
| 18 | 502 | ŚCIEBURA KATARZYNA | ŻARY | 1991 | 52 | k30 | 1:25:36 | 1:25:18 | 7,597 | 7:55 |
| 19 | 90 | DELEJOWSKA MONIKA | BRAK, TUPLICE | 1983 | 54 | k30 | 1:25:39 | 1:25:10 | 7,609 | 7:55 |
| 20 | 418 | RUDNICKA DARIA | ŻARY | 1990 | 56 | k30 | 1:25:39 | 1:25:08 | 7,612 | 7:55 |
| 21 | 515 | TARGOSZ MAGDALENA | ŻARY | 1983 | 62 | k30 | 1:27:09 | 1:26:45 | 7,470 | 8:04 |
| 22 | 586 | ZADOŃ AGNIESZKA | W KUPIE SIŁA- ŚWIĘTO | 1982 | 72 | k30 | 1:28:05 | 1:27:59 | 7,365 | 8:09 |