

9. BIEG BEZ GRANIC - 21.05.2023, GUBIN-GUBEN
WYNIKI - 10KM
K50

| Msc | Numer | Nazwisko | Zespół/Miejscowość | Ur. | MscGen | 5km | Netto | Km/h | Czas/km |
|-----|-------|--------------------------|----------------------|------|--------|-------|---------|--------|---------|
| 1 | 123 | MICHALAK MONIKA | ZIELONA GÓRA | 1971 | 12 | 24:01 | 49:11 | 12,199 | 4:55 |
| 2 | 268 | LEDWIG BEATE | DIEHLOER HÜGELLÄUFER | 1966 | 26 | 25:22 | 52:43 | 11,382 | 5:16 |
| 3 | 14 | BORKOWSKA BOŻENA | SULMA SULECHÓW ,SULE | 1968 | 28 | 25:18 | 53:02 | 11,314 | 5:18 |
| 4 | 132 | NAREJKO AGATA | PARKRUN,ŻARY | 1964 | 30 | 25:56 | 53:33 | 11,204 | 5:21 |
| 5 | 82 | KORBECKA - RYGIEL AGNIES | KB WIKON NOWA SÓL ,N | 1973 | 39 | 27:35 | 55:58 | 10,721 | 5:35 |
| 6 | 174 | ROSOŁEK ELA | GREEN TEAM ,ZIELONA | 1965 | 62 | 29:28 | 1:00:50 | 9,863 | 6:05 |
| 7 | 119 | MATUSIAK ADRIANA | ZIELONA GÓRA | 1973 | 68 | 29:20 | 1:02:11 | 9,649 | 6:13 |
| 8 | 13 | BOCZAR BEATA | GREEN YEAM,ZIELONA G | 1965 | 77 | 29:14 | 1:05:29 | 9,163 | 6:32 |
| 9 | 266 | KÜHNEL PEGGY | LTSV FORST 1990 E. V | 1971 | 83 | 32:01 | 1:07:51 | 8,843 | 6:47 |
| 10 | 246 | BUSSE MARTINA | LTSV FORST,FORST ŻŁA | 1965 | 93 | 59:42 | 1:10:36 | 8,499 | 7:03 |
| 11 | 253 | HANDRISCHECK JANA | COTTBUS | 1967 | 98 | 32:48 | 1:11:56 | 8,341 | 7:11 |
| 12 | 249 | DÖHLER MANUELA | LTSV FORST 1990 E. V | 1971 | 99 | 35:02 | 1:12:38 | 8,261 | 7:15 |
| 13 | 157 | POPIELARZ RENATA | ZIELONA GÓRA | 1971 | 100 | 34:56 | 1:13:19 | 8,184 | 7:19 |
| 14 | 129 | MRULA EWA | EKM,ZIELONA GÓRA | 1973 | 101 | 34:57 | 1:13:19 | 8,184 | 7:19 |
| 15 | 240 | BÄRBEL HERMANN | EISENHÜTTENSTADT | 1967 | 109 | 35:06 | 1:23:35 | 7,178 | 8:21 |