

WYNIKI - 10KM GENERAL

| Msc | Numer | Nazwisko | Zespół/Miejscowość | Ur. | MscKtg | Ktg | Brutto | Netto | Km/h | Czas/km |
|-----|-------|-----------------------|----------------------|------|--------|-----|--------|-------|--------|---------|
| 1 | 32 | GWÓZDŹ JACEK | FSD RUN DREZDENKO ,D | 1989 | 1 | M30 | 35:56 | 35:54 | 16,713 | 3:35 |
| 2 | 66 | PRĘDKIEWICZ MARCEL | WIERZBICKI RUNNING T | 2000 | 1 | M16 | 37:57 | 37:56 | 15,817 | 3:47 |
| 3 | 39 | KOWALCZYK MICHAŁ | BBL GORZÓW ,GORZÓW | 1987 | 2 | M30 | 38:18 | 38:17 | 15,673 | 3:49 |
| 4 | 48 | ŁUKASZEWSKI SEBASTIAN | STARGARDZKI KLUB LEK | 1979 | 1 | M40 | 38:48 | 38:47 | 15,471 | 3:52 |
| 5 | 86 | HELAK KAROL | KB AKTYWNI KRZY? WLK | 1973 | 1 | M50 | 38:57 | 38:56 | 15,411 | 3:53 |
| 6 | 43 | KWAŚNIK MARIUSZ | WIERZBICKI RUNNING P | 1978 | 2 | M40 | 39:13 | 39:13 | 15,300 | 3:55 |
| 7 | 6 | BARTOSIK PRZEMYSŁAW | HRMAX BARLINEK,BARLI | 1976 | 3 | M40 | 39:54 | 39:53 | 15,044 | 3:59 |
| 8 | 90 | SOPATA PATRYK | DREZDENKO | 1995 | 2 | M16 | 40:01 | 39:59 | 15,006 | 3:59 |
| 9 | 64 | PIÓRCZYŃSKI PATRYK | ZMĘCZENI NA STARCIE | 1994 | 3 | M16 | 40:13 | 40:11 | 14,932 | 4:01 |
| 10 | 47 | ŁATUSZYŃSKI DANIEL | FSD RUN DREZDENKO ,D | 1977 | 4 | M40 | 40:34 | 40:32 | 14,803 | 4:03 |
| 11 | 87 | GRZEMSKI ROMAN | HRMAX BARLINEK ,BARL | 1968 | 2 | M50 | 40:52 | 40:51 | 14,688 | 4:05 |
| 12 | 37 | KOTOWICZ JAKUB | GORZOWSKA SIŁA ,GORZ | 1985 | 3 | M30 | 41:19 | 41:16 | 14,540 | 4:07 |
| 13 | 41 | KUCZYŃSKA WIOLETTA | WIERZBICKI RUNNING P | 1985 | 1 | K30 | 42:22 | 42:21 | 14,168 | 4:14 |
| 14 | 26 | FOŁTA ADRIAN | WIERZBICKI RUNNING P | 1983 | 5 | M40 | 42:51 | 42:49 | 14,013 | 4:16 |
| 15 | 4 | BACZYŃSKI EMIL | STRZELCE KRAJEŃSKIE | 1992 | 4 | M30 | 43:09 | 43:01 | 13,948 | 4:18 |
| 16 | 60 | PAWLAK ADRIAN | GORZOWSKASIŁA ,GORZO | 1994 | 4 | M16 | 43:36 | 43:34 | 13,772 | 4:21 |
| 17 | 40 | KRÓLAK MAREK | FSD RUN,STRZELCE KRA | 1974 | 6 | M40 | 44:28 | 44:26 | 13,503 | 4:26 |
| 18 | 25 | FIENKO KATARZYNA | WIERZBICKI RUNNING P | 1989 | 2 | K30 | 44:33 | 44:31 | 13,478 | 4:27 |
| 19 | 54 | MUCHA ROBERT | ROBERT MUCHA,DREZDEN | 1969 | 3 | M50 | 45:42 | 45:38 | 13,148 | 4:33 |
| 20 | 46 | LOC PAWEŁ | ZWIERZYN | 1989 | 5 | M30 | 45:59 | 45:53 | 13,077 | 4:35 |
| 21 | 91 | SAJDOWSKI DARIUSZ | STRZELCE KRAJ. | 1975 | 7 | M40 | 46:06 | 46:03 | 13,029 | 4:36 |
| 22 | 84 | ZALEWSKI MARIUSZ | FIZJOTERAPIA DZIECIĘ | 1969 | 4 | M50 | 46:12 | 46:06 | 13,015 | 4:36 |
| 23 | 63 | PICZAK MATEUSZ | BRACIAK TEAM,PRZYNOT | 1999 | 5 | M16 | 46:13 | 46:08 | 13,006 | 4:36 |
| 24 | 17 | BULWAN BARTOSZ | SARBIEWO | 1991 | 6 | M30 | 46:31 | 46:24 | 12,931 | 4:38 |
| 25 | 69 | SIKORA ROBERT | HR-MAX BARLINEK,BARL | 1962 | 1 | M60 | 46:28 | 46:24 | 12,931 | 4:38 |
| 26 | 38 | KOWALCZYK KAMILA | WIERZBICKIRUNNINGPRO | 1989 | 3 | K30 | 46:38 | 46:34 | 12,885 | 4:39 |
| 27 | 57 | NOWAK ZBIGNIEW | FSD RUN DREZDENKO ,D | 1978 | 8 | M40 | 46:46 | 46:43 | 12,843 | 4:40 |
| 28 | 80 | WOJTYSIAK OLA | MATEJKI | 1985 | 4 | K30 | 47:01 | 46:56 | 12,784 | 4:41 |
| 29 | 75 | TWARDOSZ BENEDYKT | FSD RUN DREZDENKO ,S | 1982 | 9 | M40 | 47:04 | 47:00 | 12,766 | 4:42 |
| 30 | 73 | ŚWIERZKO ARTUR | GORZÓW WIELKOPOLSKI | 1975 | 10 | M40 | 47:11 | 47:06 | 12,739 | 4:42 |
| 31 | 95 | GADOCHA DAMIAN | DREZDENKO | 1997 | 6 | M16 | 47:21 | 47:16 | 12,694 | 4:43 |

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|-----|-------|-----------------------|----------------------|------|--------|-----|--------|-------|--------|---------|
| 32 | 76 | WALENTYNOWICZ MONIKA | GORZÓW WLKP. | 1981 | 1 | K40 | 47:38 | 47:35 | 12,609 | 4:45 |
| 33 | 56 | NOWAK MARIUSZ | GORZÓW WIELKOPOLSKI | 1989 | 7 | M30 | 47:39 | 47:36 | 12,605 | 4:45 |
| 34 | 72 | ŚWIĄTEK PAWEŁ | BARLINEK | 1975 | 11 | M40 | 47:41 | 47:39 | 12,592 | 4:45 |
| 35 | 16 | BUKIEL KRZYSZTOF | TWÓJ STYL PRODUCENT | 1961 | 2 | M60 | 47:56 | 47:54 | 12,526 | 4:47 |
| 36 | 51 | MAZUR ANNA | GORZÓW WIELKOPOLSKI | 1981 | 2 | K40 | 48:03 | 48:00 | 12,500 | 4:48 |
| 37 | 82 | WOŹNICA RAFAŁ | BIEGACZE JÓZEFA NOJI | 1980 | 12 | M40 | 48:36 | 48:30 | 12,371 | 4:51 |
| 38 | 12 | BOJKO JAN | ZMĘCZENI NA STARCIE | 1986 | 8 | M30 | 48:44 | 48:40 | 12,329 | 4:52 |
| 39 | 7 | BARTOSIK WOJCIECH | BARLINEK | 1989 | 9 | M30 | 48:55 | 48:52 | 12,278 | 4:53 |
| 40 | 27 | GAPSKA ZUZANNA | BIEGACZE JÓZEFA NOJI | 1992 | 5 | K30 | 49:30 | 49:26 | 12,138 | 4:56 |
| 41 | 89 | KOWALCZYK PAULINA | ZMĘCZENI NA STARCIE | 1983 | 3 | K40 | 49:45 | 49:42 | 12,072 | 4:58 |
| 42 | 79 | WOJCIESZYŃSKI TOMASZ | BBL GORZÓW ,BACZYNA | 1974 | 13 | M40 | 50:22 | 50:20 | 11,921 | 5:02 |
| 43 | 55 | NEUMANN MACIEJ | STRZELCE IMPROJEKT S | 1976 | 14 | M40 | 50:45 | 50:43 | 11,830 | 5:04 |
| 44 | 65 | PNIEWSKI TOMASZ | FSD RUN DREZDENKO,DR | 1974 | 15 | M40 | 51:00 | 50:55 | 11,784 | 5:05 |
| 45 | 22 | DĘBSKI MARCIN | FSD RUN DREZDENKO,DR | 1976 | 16 | M40 | 51:10 | 51:05 | 11,746 | 5:06 |
| 46 | 28 | GAPSKI BOGDAN | BIEGACZE JÓZEFA NOJI | 1965 | 5 | M50 | 51:22 | 51:17 | 11,700 | 5:07 |
| 47 | 8 | BATÓG IWONA | IWONKA BIEGA,DĘBNO | 1981 | 4 | K40 | 51:34 | 51:29 | 11,654 | 5:08 |
| 48 | 2 | ADAMSKI KRZYSIEK | WOJCIESZYCE | 1985 | 10 | M30 | 51:42 | 51:35 | 11,632 | 5:09 |
| 49 | 85 | ZIÓLKOWSKA KAROLINA | STRZELCE KRAJEŃSKIE | 1995 | 1 | K16 | 52:16 | 52:10 | 11,502 | 5:13 |
| 50 | 78 | WOJCIECHOWSKI ROBERT | STRZELCE KLASZTORNE | 1989 | 11 | M30 | 52:17 | 52:10 | 11,502 | 5:13 |
| 51 | 29 | GIERLINSKI TOMASZ | GORZÓW WIELKOPOLSKI | 1981 | 17 | M40 | 52:44 | 52:38 | 11,400 | 5:15 |
| 52 | 67 | RONERT LIDIA | FSD RUN DREZDENKO,DR | 1974 | 5 | K40 | 53:01 | 52:57 | 11,331 | 5:17 |
| 53 | 24 | DUKACZEWSKI SEBASTIAN | FSD RUN DREZDENKO,DR | 1971 | 6 | M50 | 53:02 | 52:57 | 11,331 | 5:17 |
| 54 | 23 | DUKACZEWSKA EDYTA | FSD RUN DREZDENKO,DR | 1974 | 6 | K40 | 53:01 | 52:57 | 11,331 | 5:17 |
| 55 | 62 | PICZAK ŁUKASZ | BRACIAK TEAM,PRZYNOT | 1992 | 12 | M30 | 53:15 | 53:10 | 11,285 | 5:19 |
| 56 | 33 | JAKÓBCZYK EWELINA | GORZÓW WLKP. | 1992 | 6 | K30 | 53:15 | 53:11 | 11,282 | 5:19 |
| 57 | 93 | PIECHOWSKI RAFAŁ | ZWIERZYN | 1999 | 7 | M16 | 53:17 | 53:12 | 11,278 | 5:19 |
| 58 | 61 | PAWŁAK HENRYK | BBL GORZÓW,STRZELCE | 1962 | 3 | M60 | 53:32 | 53:28 | 11,222 | 5:20 |
| 59 | 50 | MAJŁOWSKI ALEKSANDER | TEAM MAJLOWSCY,GORZÓ | 1950 | 1 | M70 | 53:37 | 53:30 | 11,215 | 5:21 |
| 60 | 21 | DĄBROWSKI MAREK | BIEGACZE JÓZEFA NOJI | 1973 | 7 | M50 | 53:42 | 53:36 | 11,194 | 5:21 |
| 61 | 42 | KURKIEWICZ TOMASZ | DE POOLSTER,GORZOW | 1990 | 13 | M30 | 53:49 | 53:40 | 11,180 | 5:22 |
| 62 | 49 | MAJŁOWSKA IRENA | TAM MAJLOWSCY,GORZÓW | 1953 | 1 | K70 | 54:23 | 54:15 | 11,060 | 5:25 |

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|-----|-------|----------------------|----------------------|------|--------|-----|---------|---------|--------|---------|
| 63 | 58 | OKONEK KAZIMIERZ | BBL GORZÓW WLKP.,GOR | 1949 | 2 | M70 | 54:50 | 54:42 | 10,969 | 5:28 |
| 64 | 30 | GÓRNICKI RAFAŁ | SMURFIT KAPPA ADVENT | 1978 | 18 | M40 | 54:51 | 54:48 | 10,949 | 5:28 |
| 65 | 20 | DAWISKIBA ANNA | FSD RUN DREZDENKO ,D | 1985 | 7 | K30 | 55:07 | 54:59 | 10,912 | 5:29 |
| 66 | 14 | BORKOWSKI KRZYSZTOF | GORZÓW WIELKOPOLSKI | 1977 | 19 | M40 | 55:06 | 55:00 | 10,909 | 5:30 |
| 67 | 83 | ZAKRZEWSKI GRZEGORZ | FSD RUN DREZDENKO ,D | 1994 | 8 | M16 | 55:25 | 55:20 | 10,843 | 5:32 |
| 68 | 52 | MISA ZBIGNIEW | GORZÓW WLKP. | 1973 | 8 | M50 | 56:05 | 55:58 | 10,721 | 5:35 |
| 69 | 11 | BŁAŻKÓW STANISŁAW | DĘBNOWSKIE CZŁAPAKI, | 1971 | 9 | M50 | 56:38 | 56:29 | 10,623 | 5:38 |
| 70 | 74 | ŚWIŁO MICHAŁ | GORZÓW WIELKOPOLSKI | 1987 | 14 | M30 | 56:40 | 56:35 | 10,604 | 5:39 |
| 71 | 88 | MICHALSKI KAMIL | STRZELCE KRAJ. | 1987 | 15 | M30 | 56:45 | 56:39 | 10,591 | 5:39 |
| 72 | 31 | GRAFFUNDER MAREK | STRZELCE KRAJ | 1984 | 16 | M30 | 57:13 | 57:03 | 10,517 | 5:42 |
| 73 | 77 | WIECZOREK ARTUR | FSD RUN DREZDENKO ,D | 1974 | 20 | M40 | 57:29 | 57:26 | 10,447 | 5:44 |
| 74 | 92 | AMBROSZKIEWICZ RAFAŁ | DREZDENKO | 2000 | 9 | M16 | 57:45 | 57:39 | 10,408 | 5:45 |
| 75 | 13 | BONISŁAWSKA JOANNA | GORZÓW WIELKOPOLSKI | 1983 | 7 | K40 | 58:19 | 58:14 | 10,303 | 5:49 |
| 76 | 45 | LOC JERZY | ZWIERZYN | 1967 | 10 | M50 | 58:34 | 58:26 | 10,268 | 5:50 |
| 77 | 1 | NEUMANN KAROL | SARBIEWO | 1979 | 21 | M40 | 58:34 | 58:33 | 10,248 | 5:51 |
| 78 | 59 | OSADNIK MONIKA | BBL BOGDANIEC ,GORZÓ | 1981 | 8 | K40 | 59:13 | 59:06 | 10,152 | 5:54 |
| 79 | 3 | ANDRZEJCZAK ELA | DĘBNOWSKIE CZŁAPAKI, | 1967 | 1 | K50 | 1:00:27 | 1:00:20 | 9,945 | 6:02 |
| 80 | 71 | STAWOWA KAROLINA | WF TEAM,GORZÓW WIELK | 1996 | 2 | K16 | 1:00:51 | 1:00:48 | 9,868 | 6:04 |
| 81 | 94 | GADOCHA JAGODA | DREZDENKO | 1999 | 3 | K16 | 1:02:07 | 1:02:01 | 9,675 | 6:12 |
| 82 | 68 | SACHARCZUK ANDRZEJ | BIEGACZE JÓZEFA NOJI | 1969 | 11 | M50 | 1:04:31 | 1:04:21 | 9,324 | 6:26 |
| 83 | 34 | JESSA ANDRZEJ | BIEGACZE JÓZEFA NOJI | 1971 | 12 | M50 | 1:04:32 | 1:04:22 | 9,322 | 6:26 |
| 84 | 9 | BERLIŃSKI ANDRZEJ | FSD RUN DREZDENKO,DR | 1987 | 17 | M30 | 1:05:32 | 1:05:27 | 9,167 | 6:32 |
| 85 | 70 | SOKÓŁKA MAŁGORZATA | KWILCZ | 1977 | 9 | K40 | 1:05:32 | 1:05:28 | 9,165 | 6:32 |
| 86 | 18 | BURY JACEK | WYLUZOWANI BIEGACZE, | 1969 | 13 | M50 | 1:07:50 | 1:07:40 | 8,867 | 6:46 |
| 87 | 19 | BURY MARIANNA | WYLUZOWANI BIEGACZE, | 1972 | 2 | K50 | 1:07:49 | 1:07:40 | 8,867 | 6:46 |
| 88 | 15 | BUĆKOWSKA MARIA | FSD RUN,DREZDENKO | 1982 | 10 | K40 | 1:08:37 | 1:08:28 | 8,763 | 6:50 |
| 89 | 53 | MOLSKA MAŁGORZATA | OSP KŁODAWA ,KŁODAWA | 1968 | 3 | K50 | 1:10:11 | 1:10:03 | 8,565 | 7:00 |
| 90 | 81 | WOTA ADAM | GORZÓW WLKP. | 1970 | 14 | M50 | 1:10:49 | 1:10:40 | 8,491 | 7:04 |