

VII BIEG PRZEŁAJOWY ROLLERCOASTER - 30.09.2023, ZIELONA GÓRA  
WYNIKI - 10KM  
GENERAL

| Msc | Numer | Nazwa                  | Zespół/Miejscowość   | Ur.  | MscKtg | Ktg  | Brutto  | Netto   | Km/h   | Czas/km |
|-----|-------|------------------------|----------------------|------|--------|------|---------|---------|--------|---------|
| 1   | 125   | KOTLAREK DAWID         | MIZUNO RUNNING TEAM, | 1978 | 1      | 10M4 | 43:32   | 43:31   | 13,788 | 4:21    |
| 2   | 86    | ŚLIWIŃSKI PAWEŁ        | TEAMKOTLAREK RUNNERS | 1983 | 1      | 10M3 | 46:46   | 46:44   | 12,839 | 4:40    |
| 3   | 25    | FIJAŁKOWSKI SEBASTIAN  | ZIELONA GÓRA         | 1990 | 2      | 10M3 | 48:01   | 47:58   | 12,509 | 4:47    |
| 4   | 120   | GADOMSKA AGNIESZKA     | CTS/ ENDLESSPAIN     | 1996 | 1      | 10K3 | 49:31   | 49:29   | 12,125 | 4:56    |
| 5   | 38    | JODŁOWSKI MAREK        | KROSNO ODRZAŃSKIE    | 1979 | 2      | 10M4 | 50:38   | 50:34   | 11,866 | 5:03    |
| 6   | 119   | MICHNOWICZ EWELINA     | PROGRESSCONTROL      | 1992 | 2      | 10K3 | 53:23   | 53:20   | 11,250 | 5:20    |
| 7   | 80    | SKRZYŃSKI PRZEMYSŁAW   | MCH RUN TEAM,ZIELONA | 1981 | 3      | 10M4 | 53:27   | 53:12   | 11,278 | 5:19    |
| 8   | 24    | FEDYCZAK TOMASZ        | ZIELONA GÓRA         | 1977 | 4      | 10M4 | 53:41   | 53:34   | 11,201 | 5:21    |
| 9   | 45    | KOZINOGA PAWEŁ         | KOZIKI ,ZIELONA GÓRA | 2002 | 3      | 10M3 | 54:02   | 53:53   | 11,135 | 5:23    |
| 10  | 84    | SZOSTAK KRZYSZTOF      | MCH RUN TEAM,ZIELONA | 1977 | 5      | 10M4 | 54:17   | 54:07   | 11,087 | 5:24    |
| 11  | 116   | KISZKOWSKI TOMASZ      | ZIELONA GÓRA         | 1997 | 4      | 10M3 | 58:09   | 57:55   | 10,360 | 5:47    |
| 12  | 97    | ZAGRODNIK ROMAN        | RZEPIN               | 1988 | 5      | 10M3 | 58:57   | 58:49   | 10,201 | 5:52    |
| 13  | 17    | CZUCHMAN AGNIESZKA     | ZIELONA GÓRA         | 1987 | 3      | 10K3 | 1:00:16 | 1:00:11 | 9,970  | 6:01    |
| 14  | 69    | PODLIPSKI PAWEŁ        | MCH RUN TEAM,ZIELONA | 1987 | 6      | 10M3 | 1:02:11 | 1:02:01 | 9,675  | 6:12    |
| 15  | 63    | OLSZEWSKI DANIEL       | MCH RUN TEAM,SUDOŁ   | 1985 | 7      | 10M3 | 1:02:11 | 1:01:57 | 9,685  | 6:11    |
| 16  | 37    | JODLOWSKA EWA          | BBC KROSNO ODRZAŃSKI | 1980 | 1      | 10K4 | 1:02:42 | 1:02:37 | 9,582  | 6:15    |
| 17  | 15    | CUKIERNIK PRZEMYSŁAW   | HARPAGAN ZG,ZIELONA  | 1982 | 6      | 10M4 | 1:03:18 | 1:02:57 | 9,531  | 6:17    |
| 18  | 7     | BAWOROWSKI GRZEGORZ    | ZIELONA GÓRA         | 1982 | 7      | 10M4 | 1:03:35 | 1:03:17 | 9,481  | 6:19    |
| 19  | 46    | KOZINOGA GABRIELA      | HARPAGAN ZIELONA GÓR | 1977 | 2      | 10K4 | 1:04:40 | 1:04:30 | 9,302  | 6:27    |
| 20  | 127   | MATUSIEWICZ OSKAR      | ZIELONA GÓRA         | 2008 | 8      | 10M3 | 1:05:24 | 1:05:06 | 9,217  | 6:30    |
| 21  | 103   | ŚLIWIŃSKI BARTOSZ      | SUDOŁ                | 1981 | 8      | 10M4 | 1:05:27 | 1:05:10 | 9,207  | 6:31    |
| 22  | 128   | GÓRNY ROBERT           | THE-SKY-IS-THE-LIMIT | 1985 | 9      | 10M3 | 1:06:02 | 1:05:50 | 9,114  | 6:35    |
| 23  | 85    | SZYMAŃSKA KATARZYNA    | MCH RUN TEAM,ZIELONA | 1988 | 4      | 10K3 | 1:06:24 | 1:06:08 | 9,073  | 6:36    |
| 24  | 12    | BUTKIEWICZ KRZYSZTOF   | SULECHÓW             | 1982 | 9      | 10M4 | 1:08:39 | 1:08:23 | 8,774  | 6:50    |
| 25  | 75    | RÓŻAŃSKA MARTYNA       | ŻAGAŃ                | 1994 | 5      | 10K3 | 1:08:43 | 1:08:30 | 8,759  | 6:51    |
| 26  | 79    | SKARUPSKA DOMINIKA     | ZIELONA GÓRA         | 2005 | 6      | 10K3 | 1:08:56 | 1:08:44 | 8,729  | 6:52    |
| 27  | 50    | KRZESIŃSKI DAMIAN      | ZIELONA GÓRA         | 1986 | 10     | 10M3 | 1:09:25 | 1:09:06 | 8,683  | 6:54    |
| 28  | 107   | ANDRZEJEWSKA AGNIESZKA | N26, ZIELONA GÓRA    | 1986 | 7      | 10K3 | 1:09:30 | 1:09:17 | 8,660  | 6:55    |
| 29  | 105   | KACZMAREK KATARZYNA    | NZG ZIELONA GÓRA     | 1980 | 3      | 10K4 | 1:09:30 | 1:09:17 | 8,660  | 6:55    |
| 30  | 106   | KACZMAREK KAROL        | NZG, ZIELONA GÓRA    | 1977 | 10     | 10M4 | 1:09:30 | 1:09:17 | 8,660  | 6:55    |
| 31  | 78    | SIKORSKI CEZARY        | BBL ,GUBIN           | 1970 | 11     | 10M4 | 1:10:01 | 1:09:57 | 8,578  | 6:59    |

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|-----|-------|-------------------------|----------------------|------|--------|------|---------|---------|-------|---------|
| 32  | 74    | ROMBALSKI DAWID         | ŻARY                 | 2000 | 11     | 10M3 | 1:10:05 | 1:09:52 | 8,588 | 6:59    |
| 33  | 48    | KRÓL ŁUKASZ             | MCH RUN TEAM,CZERWIE | 1981 | 12     | 10M4 | 1:11:32 | 1:11:16 | 8,419 | 7:07    |
| 34  | 100   | LEWICKI BARTOSZ         | ZIELONA GÓRA         | 1990 | 12     | 10M3 | 1:12:54 | 1:12:37 | 8,263 | 7:15    |
| 35  | 101   | SOBKOWIAK PAWEŁ         | PŁOTY                | 1985 | 13     | 10M3 | 1:12:55 | 1:12:37 | 8,263 | 7:15    |
| 36  | 30    | GÓRSKI MICHAŁ           | MZP,ZIELONA GÓRA     | 2000 | 14     | 10M3 | 1:13:35 | 1:13:24 | 8,174 | 7:20    |
| 37  | 71    | PRĘTNICKI MICHAŁ        | DRUŻYNA STASIA,POZNA | 1980 | 13     | 10M4 | 1:14:51 | 1:14:39 | 8,038 | 7:27    |
| 38  | 1     | ADAMCZAK SYLWIA         | ZIELONA GÓRA         | 1979 | 4      | 10K4 | 1:15:38 | 1:15:33 | 7,942 | 7:33    |
| 39  | 110   | CEBULA EWELINA          | STOW. WALIM NA ŻĄDAN | 1972 | 5      | 10K4 | 1:15:42 | 1:15:33 | 7,942 | 7:33    |
| 40  | 111   | SOBIERAD ALEKSANDER     | STOW. WALIM NA ŻĄDAN | 1979 | 14     | 10M4 | 1:15:42 | 1:15:33 | 7,942 | 7:33    |
| 41  | 9     | BINIAŚ-KUREK MAŁGORZATA | PNIEWY               | 1984 | 8      | 10K3 | 1:15:52 | 1:15:38 | 7,933 | 7:33    |
| 42  | 98    | ZUŻEWICZ MIROSLAW       | MCH RUN TEAM,ZIELONA | 1974 | 15     | 10M4 | 1:16:52 | 1:16:37 | 7,831 | 7:39    |
| 43  | 88    | ŚWIRKO PRZEMYSŁAW       | ZIELONA GÓRA         | 1972 | 16     | 10M4 | 1:18:15 | 1:18:10 | 7,676 | 7:49    |
| 44  | 114   | MAZUREK MARZENA         | DROSKÓW              | 1982 | 6      | 10K4 | 1:18:16 | 1:18:05 | 7,684 | 7:48    |
| 45  | 57    | MICAŁ MAGDALENA         | MCH RUN TEAM,CZERWIE | 1994 | 9      | 10K3 | 1:19:01 | 1:18:45 | 7,619 | 7:52    |
| 46  | 36    | JARCZYŃSKA KATARZYNA    | DRUŻYNA BELGUSA,ZIEL | 1981 | 7      | 10K4 | 1:19:57 | 1:19:38 | 7,535 | 7:57    |
| 47  | 8     | BIELECKA-WASIAK MARIOLA | ZIELONA GÓRA         | 1967 | 8      | 10K4 | 1:21:11 | 1:21:09 | 7,394 | 8:06    |
| 48  | 43    | KORNILUK IZABELA        | ZIELONA GÓRA         | 1973 | 9      | 10K4 | 1:21:56 | 1:21:41 | 7,345 | 8:10    |
| 49  | 60    | NIERADKA MARTA          | KLUB BIEGACZY JYSK,S | 1982 | 10     | 10K4 | 1:23:39 | 1:23:24 | 7,194 | 8:20    |
| 50  | 21    | DUNAL TOMASZ            | ZIELONA GÓRA         | 1990 | 15     | 10M3 | 1:25:27 | 1:25:06 | 7,051 | 8:30    |
| 51  | 96    | WOZOWCZYK-LESZKO ELA    | ZIELONA GÓRA         | 1965 | 11     | 10K4 | 1:28:39 | 1:28:25 | 6,786 | 8:50    |
| 52  | 14    | CHRUSTEK EWA            | KONIEC WYŚCIGU,ZIELO | 1968 | 12     | 10K4 | 2:33:07 | 2:32:22 | 3,938 | 15:14   |
| 53  | 18    | DĄBEK EMILIA            | ZIELONA GÓRO ZACZNIJ | 1982 | 13     | 10K4 | 2:33:07 | 2:32:23 | 3,937 | 15:14   |