

| Msc | Numer | Nazwa                     | Zespół/Miejscowość    | Ur.  | MscGen | 4.7km | Netto   | Km/h   | Czas/km |
|-----|-------|---------------------------|-----------------------|------|--------|-------|---------|--------|---------|
|     | 329   | OWCZAREK DAGMARA          | VEGAN-RUNNERS, JELENI | 1979 | 9      | 19:19 | 39:09   | 15,326 | 3:54    |
| 1   | 721   | KAZIMIROWA OLGA           | ERKA TEAM MTB KALISZ  | 1975 | 15     | 20:09 | 41:33   | 14,440 | 4:09    |
| 2   | 515   | NOCUŃ IWONA               | LUBIN                 | 1978 | 27     | 22:10 | 44:57   | 13,348 | 4:29    |
| 3   | 547   | OWCZAREK IZABELA          | SLEZAKTEAM, GŁOGÓW    | 1974 | 31     | 22:11 | 45:31   | 13,182 | 4:33    |
| 4   | 312   | OSIŃSKA AGNIESZKA         | KGHM ZG RUN/FEHLAU R  | 1980 | 32     | 22:03 | 45:56   | 13,062 | 4:35    |
| 5   | 275   | ŚLIWIŃSKA PAULINA         | DTR BIEGA/MARIO TEAM  | 1978 | 41     | 23:26 | 48:09   | 12,461 | 4:48    |
| 6   | 689   | ZAPŁATA ANNA              | BBL LEGNICA ,LEGNICA  | 1979 | 47     | 25:05 | 49:20   | 12,162 | 4:56    |
| 7   | 778   | HOŁOWNIA PATRYCJA         | BIEGUSY CZAPLE ,CZAP  | 1983 | 51     | 24:20 | 49:41   | 12,076 | 4:58    |
| 8   | 51    | TUCZYŃSKA BARBARA         | ACTIVE TEAM BEZBALAS  | 1982 | 54     | 24:33 | 50:00   | 12,000 | 5:00    |
| 9   | 564   | KOZIMOR KATARZYNA         | KUBUTEK RUNNING TEAM  | 1980 | 55     | 24:19 | 50:02   | 11,992 | 5:00    |
| 10  | 813   | WOLNY-KRUSZYŃSKA MICHALIN | ŁAWKA TEAM, LUBIN     | 1980 | 57     | 25:35 | 50:53   | 11,792 | 5:05    |
| 11  | 18    | KARWACKA KATARZYNA        | NIEMSTOW              | 1977 | 60     | 25:23 | 51:19   | 11,692 | 5:07    |
| 12  | 68    | GLAPIAK AGNIESZKA         | GŁOGÓW                | 1978 | 61     | 26:25 | 51:27   | 11,662 | 5:08    |
| 13  | 665   | KURIATA EDYTA             | POLKOWICE             | 1977 | 64     | 25:50 | 51:56   | 11,553 | 5:11    |
| 14  | 912   | GŁOWACKA EWA              | BIEGAM BO LUBIE, LUBI | 1982 | 66     | 26:49 | 52:17   | 11,476 | 5:13    |
| 15  | 296   | RZECZYCKA JOANNA          | ZZPPM, RADWANICE      | 1981 | 68     | 25:35 | 52:33   | 11,418 | 5:15    |
| 16  | 473   | GADZIŃSKA BARBARA         | POLKOWICE             | 1976 | 72     | 26:40 | 52:57   | 11,331 | 5:17    |
| 17  | 734   | ZDAŃSKA URSZULA           | XXXXX ,ZAGRODNO       | 1980 | 76     | 26:18 | 53:11   | 11,282 | 5:19    |
| 18  | 752   | JARZEBSKA MARTA           | MIROSZOWICE           | 1978 | 80     | 25:41 | 53:20   | 11,250 | 5:20    |
| 19  | 806   | PILAWA-CHMIELEWSKA AGNIES | STOWARZYSZENIE MADNE  | 1979 | 81     | 25:41 | 53:21   | 11,246 | 5:20    |
| 20  | 749   | GAJEWSKA MAGDALENA        | MIEDZIOWE TOWARZYSTW  | 1983 | 84     | 26:40 | 53:26   | 11,229 | 5:20    |
| 21  | 639   | KAŹMIERSKA MONIKA         | PROCHOWICE            | 1979 | 89     | 26:51 | 54:03   | 11,101 | 5:24    |
| 22  | 660   | JAKUBOWSKA- LEŚNIAK EDYTA | JERZMANOWA            | 1975 | 92     | 27:40 | 54:26   | 11,023 | 5:26    |
| 23  | 862   | KAJDAS KATARZYNA          | CROSS STRACEŃCÓWTEAM  | 1978 | 94     | 27:16 | 54:36   | 10,989 | 5:27    |
| 24  | 576   | DEKIERT AGNIESZKA         | LUBIN                 | 1980 | 95     | 27:42 | 54:38   | 10,982 | 5:27    |
| 25  | 153   | POMIERNY KATARZYNA        | LUBIN                 | 1980 | 99     | 27:04 | 54:48   | 10,949 | 5:28    |
| 26  | 126   | SZCZUROWSKA JOANNA        | MTS DRUŻYNA SZPIKU K  | 1978 | 101    | 27:39 | 54:52   | 10,936 | 5:29    |
| 27  | 872   | BANIAK MAGDALENA          | GŁOGÓW                | 1981 | 111    | 27:25 | 55:57   | 10,724 | 5:35    |
| 28  | 584   | JAŚLAR ANNA               | GRUBIKO, POLKOWICE    | 1978 | 117    | 27:52 | 56:04   | 10,702 | 5:36    |
| 29  | 481   | DOŃCZYK-KARSZNIA KATARZYN | KOBIETY W BIEGU, WROC | 1975 | 123    | 28:10 | 56:32   | 10,613 | 5:39    |
| 30  | 859   | KALISZCZAK JUSTYNA        | JAWOR                 | 1978 | 124    | 27:55 | 56:37   | 10,598 | 5:39    |
| 31  | 520   | STEFANIAK IWONA           | LUBIN                 | 1978 | 139    | 27:39 | 58:09   | 10,318 | 5:48    |
| 32  | 519   | SAWICKA ANETA             | POLKOWICE             | 1980 | 140    | 27:46 | 58:10   | 10,315 | 5:49    |
| 33  | 923   | MARTYNA SYLWIA            | ŚCINAWA               | 1977 | 145    | 28:41 | 59:11   | 10,138 | 5:55    |
| 34  | 360   | RAJCZEWSKA AGNIESZKA      | BIEGAJĄCA KASTA MIED  | 1978 | 148    | 29:52 | 59:36   | 10,067 | 5:57    |
| 35  | 83    | PILCH BARBARA             | POLKOWICE             | 1980 | 150    | 29:45 | 59:46   | 10,039 | 5:58    |
| 36  | 273   | PAPROCKA NATALIA          | POLKOWICE             | 1975 | 152    | 29:35 | 1:00:34 | 9,906  | 6:03    |
| 37  | 918   | ŻUKIEWICZ MAŁGORZATA      | BIEGAJĄCA KASTA MIED  | 1980 | 154    | 30:21 | 1:00:59 | 9,839  | 6:05    |
| 38  | 924   | HAGEL JULITA              | SZKLARY GÓRNE         | 1982 | 158    | 29:13 | 1:01:36 | 9,740  | 6:09    |
| 39  | 586   | KOPEĆ URSZULA             | LUBIN                 | 1983 | 163    | 31:25 | 1:02:53 | 9,541  | 6:17    |
| 40  | 765   | SOKOŁOWSKA-SYGUŁA EWA     | BRZEG DOLNY           | 1979 | 166    | 32:13 | 1:03:15 | 9,486  | 6:19    |
| 41  | 906   | ISKIERSKA-ŁAPA JOANNA     | OSIEK                 | 1980 | 170    | 31:13 | 1:03:31 | 9,446  | 6:21    |
| 42  | 297   | STACHOWIAK AGNIESZKA      | AKS WYBIEGANI POLKOW  | 1979 | 172    | 31:49 | 1:03:37 | 9,431  | 6:21    |
| 43  | 824   | WILK EWELINA              | LUBIN                 | 1982 | 176    | 32:25 | 1:04:25 | 9,314  | 6:26    |
| 44  | 152   | NIEMIEC KATARZYNA         | PARKRUN GŁOGÓW, GŁOGÓ | 1979 | 177    | 32:24 | 1:04:29 | 9,305  | 6:26    |
| 45  | 208   | ZIOBRO SYLWIA             | RZESZOTARY            | 1982 | 178    | 31:04 | 1:04:31 | 9,300  | 6:27    |
| 46  | 499   | ZACZYŃSKA-POZNIAK JARKA   | OD JEZIORA DO JEZIOR  | 1974 | 179    | 31:31 | 1:04:31 | 9,300  | 6:27    |
| 47  | 16    | JAS DOROTA                | PRZEMKÓW              | 1977 | 181    | 32:18 | 1:05:08 | 9,212  | 6:30    |

37. BIEG BARBORKOWY O LAMPKĘ GÓRNICZĄ - 22.10.2023, LUBIN  
WYNIKI - 10KM  
K40

| Msc | Numer | Nazwa                  | Zespół/Miejscowość   | Ur.  | MscGen | 4.7km | Netto   | Km/h  | Czas/km |
|-----|-------|------------------------|----------------------|------|--------|-------|---------|-------|---------|
| 48  | 346   | DAVIS MALGORZATA       | LUBIN                | 1974 | 182    | 31:47 | 1:05:26 | 9,170 | 6:32    |
| 49  | 661   | JASTRZĘBSKA AGNIESZKA  | OSIEK                | 1980 | 184    | 31:44 | 1:05:33 | 9,153 | 6:33    |
| 50  | 868   | KUCHCZYŃSKA ANNA       | LUBIN                | 1982 | 188    | 33:09 | 1:06:30 | 9,023 | 6:39    |
| 51  | 164   | KACZANOWSKA MAGDALENA  | LUBIN                | 1977 | 190    | 32:10 | 1:07:35 | 8,878 | 6:45    |
| 52  | 711   | TYLUTKI JOANNA         | LUBIN                | 1979 | 191    | 32:10 | 1:07:35 | 8,878 | 6:45    |
| 53  | 526   | KABALA KAMILA          | POLKOWICE            | 1982 | 196    | 34:02 | 1:11:09 | 8,433 | 7:06    |
| 54  | 505   | MILER KOWALSKA DAGMARA | LUBIN                | 1976 | 199    | 34:45 | 1:11:49 | 8,355 | 7:10    |
| 55  | 159   | GAJEWSKA SYLWIA        | GRZYBOWSKI_TEAM,LUBI | 1975 | 205    | 38:56 | 1:20:08 | 7,488 | 8:00    |