



Dystans/Distance: 103 km  
Typ/Type: bieg solo / solo run

## X Ultramaraton Zielonogórski NOWE GRANICE

16.03.2024, Zielona Góra



Mсце Place	Nr Bib	Zawodnik Participant	Klub Club	Miasto City	Rok YOB	Kat. Categ.	Msc. kat. Catg. place	Brutto Gross	Netto Net	23km PK1	30km PS1	40km PK2	50.5km PS2	55km PK3	80km PK4	88.5km PS3	99.5km PS4
1	106	SARNOWSKI PAWEŁ	BUDIO.PL	OSTRZESZÓW	1988	OPEN-M	1	8:50:09	8:50:06	1:45:14	2:14:42	3:10:05	4:02:00	4:23:46	6:41:37	7:24:48	8:26:55
2	18	DUDZIŃSKI PRZEMYSŁAW	LECE PENDZE	SULECHÓW	1978	OPEN-M	2	8:54:05	8:54:04	1:41:41	2:11:30	3:04:53	3:58:18	4:20:42	6:42:41	7:29:07	8:32:56
3	54	MAŁYSZEK LESZEK	BIEGAM BO MUSZĘ-Ż	SIEMIANOWICE ŚLĄSKIE	1981	OPEN-M	3	9:02:47	9:02:44	1:42:25	2:12:12	3:08:00	4:01:43	4:23:55	6:46:15	7:32:09	8:41:32
4	29	JANUSZEWSKI ANDRZEJ	MOUNTAIN TERVEL RUNNER	WARSZAWA	1984	OPEN-M	4	9:45:53	9:45:51	1:56:14	2:29:44	3:29:55	4:26:00	4:50:28	7:26:21	8:16:45	9:24:19
5	72	PODBIELSKI KRYSZTOF	KAJA TEAM	WARSZAWA	1976	OPEN-M	5	9:54:20	9:54:14	2:00:59		3:38:03	4:35:56	5:01:18	7:38:40	8:27:23	9:32:35
6	52	MACIOSEK KRYSZYNA		ZIELONA GÓRA	1987	OPEN-K	1	9:59:04	9:59:02	2:01:04	2:33:37	3:33:39	4:29:29	4:52:28	7:32:48	8:22:24	9:35:17
7	51	ŁUKASIK MARCIN	BIEGNIJ OŁAWO	OŁAWA	1981	OPEN-M	6	10:02:40	10:02:34	2:01:17	2:34:38	3:34:14	4:29:17	4:52:18	7:38:43	8:26:06	9:37:46
8	69	PIGŁOWSKI DAWID	S-ULTRA	GORZÓW WIELKOPOLSKI	1982	OPEN-M	7	10:03:25	10:03:08	1:55:12	2:27:14	3:24:29	4:20:57	4:46:12	7:36:10	8:27:45	9:40:14
9	4	BIEGASIEWICZ MONIKA		SZCZECIN	1976	OPEN-K	2	10:09:57	10:09:55	1:59:45	2:34:55	3:38:01	4:39:03	5:05:51	7:42:32	8:32:59	9:45:39
10	105	FILIP PAWEŁ	MOCNA GRUPA CEZARA		33 1986	OPEN-M	8	10:13:33	10:13:25	2:01:03	2:36:17	3:38:11	4:33:42	4:57:35	7:41:08	8:37:12	9:49:23
11	37	KIELASZEWSKI KAROL	LESZNO LIMITS RUNNERS	HENRYKOWO	1986	OPEN-M	9	10:17:47	10:17:45	1:45:07	2:14:50	3:22:14	4:30:38	4:55:12	7:53:39	8:43:10	9:55:02
12	53	MAŁYSZ KAMIL	PRO TEAM WELTYŃ	WELTYŃ	1988	OPEN-M	10	10:23:29	10:23:24	2:09:36	2:48:24	3:58:57	5:00:30	5:25:02	8:07:07		9:58:57
13	38	KOCIUBA PRZEMYSŁAW	TT SZCZECIN	SZCZECIN	1989	OPEN-M	11	10:27:39	10:27:30	1:52:56	2:24:45	3:25:05	4:26:06	4:53:03	7:42:37	8:36:10	10:02:42
14	45	KUŹMIAK STANISŁAW	ULTRA SPAM ŻARY	ŻARY	1979	OPEN-M	12	10:31:37	10:31:25	1:53:18	2:26:54	3:29:13	4:30:33	4:55:12	7:53:40	8:46:47	10:05:04
15	23	GRABARCZYK MONIKA	POLONIA ŚRODA	DASZEWICE	1981	OPEN-K	3	10:42:54	10:42:52	2:07:26	2:42:43	3:48:02	4:51:11	5:16:19	8:10:42	9:03:27	10:16:14
16	20	GANCZAR GRZEGORZ		ZIELONA GÓRA	1983	OPEN-M	13	10:47:08	10:47:02	1:55:33	2:29:50	3:38:03	4:35:13	5:01:18	8:07:45	9:02:37	10:22:24
17	95	WIZA TOMASZ	BIEGAJĄCE KREJZOLE	SWARZĘDZ	1978	OPEN-M	14	10:49:29	10:49:24	2:13:51	2:52:45	3:59:54	4:58:38	5:22:20	8:22:42	9:12:21	10:25:30
18	50	LUTY MARIUSZ	KĘSY TEAM	OBORNIKI	1979	OPEN-M	15	10:49:29	10:49:24	2:05:03	2:42:34	3:52:38	4:57:30	5:25:26	8:22:43	9:12:18	10:25:20
19	81	STACHURA DAMIAN	ULTRASTACH	LUBIN	1985	OPEN-M	16	10:51:49	10:51:46	2:08:58	2:46:03	3:52:36	5:03:15	5:31:14	8:21:34	9:12:54	10:26:05
20	5	BŁACHOWIAK MARIUSZ	MARATON LESZNO/AMBIT RACIN	LESZNO	1972	OPEN-M	17	10:52:04	10:52:00	2:01:17	2:37:07	3:41:36	4:46:47	5:14:12	8:09:34	9:05:31	
21	43	KRYM KATARZYNA	GOOD MOVE	SMOLEC	1977	OPEN-K	4	10:52:25	10:52:16	2:01:27	2:37:30	3:41:45	4:46:01	5:11:36	8:03:01	8:59:11	10:22:44
22	39	KOMENDACKI DOMINIK	KGHM ZG RUN	GŁOGÓW	1978	OPEN-M	18	10:53:07	10:53:06	1:52:23	2:25:22	3:21:06	4:15:58	4:40:25	7:34:53	8:41:36	
23	12	CEBULA GRZEGORZ		IWINY	1969	OPEN-M	19	10:57:28	10:57:25	2:08:49	2:46:04	3:55:11	5:03:33	5:31:13	8:21:24	9:14:35	10:29:37
24	27	IWANOWSKI PRZEMYSŁAW	HANNA TEAM	CHOCIANÓW	1979	OPEN-M	20	11:08:03	11:07:57	2:10:22	2:47:14	3:54:12	4:55:47	5:22:44	8:30:00	9:28:00	10:41:05
25	68	PICK DOMINIK	LG NORD ULTRATEAM BERLIN	BERLIN	1979	OPEN-M	21	11:08:04	11:08:00	2:09:47	2:47:15	3:52:49	4:55:27	5:22:11	8:30:02	9:27:56	10:40:59
26	1	ADAMOWYCZ BOGUSŁAW	BOJADELSKA BRAC BIEGOWA	BOJADŁA	1963	OPEN-M	22	11:11:06	11:10:58	2:12:54	2:50:25	3:59:16	5:00:35	5:25:03	8:28:12	9:27:28	10:45:35
27	49	LOREK ADAM	ÓBIEGAILESZNO	LESZNO	1978	OPEN-M	23	11:18:13	11:18:08	2:06:09	2:44:49	3:53:13	4:56:45	5:22:06	8:34:36	9:32:51	10:51:54
28	96	WŁODARCZYK KRYSZTOF	GRUPA BIEGOWA TRISTONE WAŁ	WAŁBRZYCH	1985	OPEN-M	24	11:24:06	11:24:00	2:02:36	2:37:27	3:45:09	4:48:31	5:16:25	8:19:18	9:22:53	10:46:21
29	86	SZUBERT MARCIN	KOŁOBRZEG BIEGA	USTRONIE MORSKIE	1977	OPEN-M	25	11:26:30	11:26:15	2:15:56	2:53:15	4:00:16	5:05:15	5:31:55	8:25:46	9:26:35	10:56:35
30	10	BURA KRYSZTOF	ÓBIEGAILESZNO / GIDASTEAM	LESZNO	1985	OPEN-M	26	11:35:40	11:35:36	2:06:10	2:44:50	3:53:13	4:56:44	5:22:06	8:37:56	9:42:28	11:07:41
31	99	WOJTULEWSKI DARIUSZ		ZIELONA GÓRA	1975	OPEN-M	27	11:38:24	11:38:18	2:10:25	2:47:12	3:54:16	4:55:49	5:23:02	8:30:23	9:53:18	11:11:32
32	87	SZUT DARIUSZ	KS IRONMAN SZCZECIN	SZCZECIN	1975	OPEN-M	28	11:42:55	11:42:50	2:01:37	2:36:23	3:38:42	4:42:41	5:11:35	8:53:04	9:46:18	11:13:54
33	6	BOBIN TOMASZ	ZOCHU TEAM	GORZÓW WIELKOPOLSKI	1978	OPEN-M	29	11:44:59	11:44:53	2:00:23	2:35:35	3:49:27	4:56:29	5:22:59	8:40:31	9:43:19	11:16:38
34	63	MOWNY ADAM	ORANGE POLSKA	ZILELONA GÓRA	1970	OPEN-M	30	11:49:18	11:49:12	2:03:57	2:39:31	3:50:59	4:57:52	5:26:14	8:52:38	8:52:19	11:21:56
35	71	PIOTROWSKI KRYSZTOF		LEGNICA	1979	OPEN-M	31	11:51:45	11:51:43	2:00:47	2:35:11	3:38:38	4:53:52	5:26:24	8:45:41	9:53:42	11:20:41
36	41	KOZŁOWSKI ŁUKASZ		SULECHÓW	1977	OPEN-M	32	11:59:38	11:59:31	2:16:05	2:53:05	4:00:15	5:05:01	5:31:22	9:10:00	6:54:39	11:35:20
37	85	SZUBERT AGNIESZKA	KOŁOBRZEG BIEGA	USTRONIE MORSKIE	1979	OPEN-K	5	12:01:26	12:01:10	2:17:48	2:56:00	4:09:03	5:20:40	5:49:14	9:10:20	10:10:25	11:35:00
38	83	STUBIEDA ROBERT		BIAŁOGARD	1981	OPEN-M	33	12:01:26	12:01:14	2:25:43	3:08:14	4:24:53	5:31:52	6:01:38	9:17:45	10:14:32	11:33:43
39	46	KWAŚNIEWSKI TOMASZ	ZABIEGANY SULECHÓW	SULECHÓW	1973	OPEN-M	34	12:04:16	12:04:08	2:16:04	2:59:28	4:17:02	5:25:21	5:54:05	9:09:59	10:07:05	11:35:31
40	97	WOJCIECHOWSKI MATEUSZ		ŚWIEBODZIN	1986	OPEN-M	35	12:04:47	12:04:46	2:14:45	2:52:58	4:03:11	5:06:14	5:32:48	8:53:24	10:03:49	11:32:13
41	67	OGRODOWCZYK BŁAŻEJ		TUREK	2001	OPEN-M	36	12:10:22	12:10:16	2:16:03	2:54:43	4:09:17	5:17:30	5:46:13	9:07:27	10:02:58	11:35:24
42	90	TUCZYŃSKA BARBARA	ACTIVE TEAM BEZ BALASTU	JERZMANOWA	1979	OPEN-K	6	12:19:09	12:19:02	2:11:08	2:50:04	4:02:08	5:17:07	5:49:38	9:07:11	10:07:02	11:41:27
43	28	JAKUBOWSKI ANDRZEJ	ULTRA DZIADY	ŻMIGRÓD	1983	OPEN-M	37	12:25:43	12:25:29	2:09:14	2:46:27	4:00:33	5:15:00	5:49:04	9:20:12	10:26:20	11:56:48
44	74	SADOWSKA NATALIA	TLENOWA RADOŚĆ TEAM	ZIELONA GÓRA	1988	OPEN-K	7	12:26:17	12:26:08	2:20:03	3:00:16	4:17:58	5:27:48	5:57:13	9:14:58	10:22:47	11:56:05
45	11	BURZYŃSKI ŁUKASZ	BIEGAJĄCE KREJZOLE	BOGUCIN	1987	OPEN-M	38	12:37:18	12:37:13	2:13:53	2:52:44	4:02:04	5:15:03	5:47:52	9:21:08	10:25:22	12:01:40
46	3	BIEGAJO KRYSZTOF	MTS KGHM DRUŻYNA SZPIKU	RUSZOWICE	1978	OPEN-M	39	12:48:52	12:48:44	2:14:14	2:55:56	4:09:33	5:23:07	5:52:32	9:19:27	10:27:37	12:12:56
47	89	TOMCZUK GRZEGORZ		GŁOGÓW	1975	OPEN-M	40	12:48:54	12:48:45	2:14:15	2:56:01	4:10:08	5:23:22	5:52:35	9:19:30	10:27:42	12:12:58
48	70	PILECKI ŁUKASZ	ULTRA DZIADY	DĄBROWA	1977	OPEN-M	41	12:52:42	12:52:28	2:17:50	3:00:44	4:10:52	5:18:56	5:49:05	9:23:02	10:32:45	



Dystans/Distance: 103 km  
Typ/Type: bieg solo / solo run

## X Ultramaraton Zielonogórski NOWE GRANICE

16.03.2024, Zielona Góra



Mсце Place	Nr Bib	Zawodnik Participant	Klub Club	Miasto City	Rok YOB	Kat. Categ.	Msc. kat. Catg.place	Brutto Gross	Netto Net	23km PK1	30km PS1	40km PK2	50.5km PS2	55km PK3	80km PK4	88.5km PS3	99.5km PS4
49	19	FORCZMAŃSKI PAWEŁ	KS IRONMAN SZCZECIN	SZCZECIN	1974	OPEN-M	42	12:52:43	12:52:37	2:01:40	2:38:46	3:52:16	5:14:55	5:46:16	9:28:43	10:36:32	12:13:54
50	73	ROGOWSKI TOMASZ	BBC KROSNO ODRZAŃSKIE	KROSNO ODRZAŃSKIE	1983	OPEN-M	43	12:54:35	12:54:29	2:20:43	3:03:11	4:19:31	5:41:02	6:14:36	9:46:02	10:53:11	
51	93	WIECZOREK MAKSYMILIAN	DROADER	ZIELONA GÓRA	1988	OPEN-M	44	13:15:34	13:15:28	2:21:26	3:01:52	4:17:53	5:34:25	6:09:00	9:56:34	11:04:06	12:40:57
52	88	TKACZ ŁUKASZ	PARKRUN LUBIN	LUBIN	1990	OPEN-M	45	13:16:03	13:15:52	2:24:32	3:11:42	4:56:45	6:13:10	6:39:14	10:09:13	11:13:55	12:50:55
53	58	MATUSEWICZ IRENEUSZ		ZIELONA GÓRA	1979	OPEN-M	46	13:20:50	13:20:44	2:15:03	2:55:09	4:15:41	5:29:48	6:03:41	9:55:05	11:03:35	12:42:53
54	15	DREGER DARIUSZ		GORZÓW WLKP.	1968	OPEN-M	47	13:26:03	13:25:52	2:20:30	2:59:44	4:14:41	5:30:33	6:03:59	9:57:11	11:04:51	12:51:12
55	75	SAJNÓG LESZEK	ÓBIEGAJLESZNO	MÓRKOWO	1980	OPEN-M	48	13:27:25	13:27:22	2:23:08	2:35:24	4:29:41	5:49:05	6:19:59	10:05:28	11:13:55	12:56:15
56	2	BAUM TOMASZ		FRANKOWO	1985	OPEN-M	49	13:27:26	13:27:22	2:23:00	3:05:40	4:30:02	5:49:01	6:21:09	10:05:27	11:13:53	12:57:31
57	48	LACROIX WIESŁAW	ZGULTRA	ZIELONA GÓRA	1984	OPEN-M	50	13:28:23	13:28:15	2:19:04	3:01:39	4:32:41	5:52:21	6:27:24	10:17:45	11:22:08	12:58:46
58	7	BOCHENEK MICHAŁ	SEKTOR DOBREJ ZABAWY/ AFROF	POZNAŃ	1984	OPEN-M	51	13:31:45	13:31:41	2:14:50	2:56:33	4:16:58	5:33:43	6:06:06	10:00:08	11:11:15	12:52:30
59	64	MRÓZ AGATA	AFRO-FIT WATAHA	WAŁCZ	1983	OPEN-K	8	13:31:47	13:31:42	2:14:49	2:56:28	4:15:31	5:33:55	6:06:04	10:00:06	11:11:09	12:52:35
60	98	WOJTAK JAKUB		POZNAŃ	1995	OPEN-M	52	13:38:27	13:38:24	2:03:04	2:40:17	3:48:59	5:00:44	5:32:49	9:28:38	10:51:11	12:50:58
61	44	KUC PATRYK		SZPROTAWA	1990	OPEN-M	53	13:40:39	13:40:31	2:22:59	3:05:00	4:31:54	5:49:27	6:21:09	9:59:07	11:08:32	12:58:42
62	80	SOBOLEWSKI DARIUSZ	BOREL MARATHON TEAM	KOZUCHÓW	1984	OPEN-M	54	13:40:40	13:40:36	2:03:15	2:43:19	4:05:50	5:27:37	6:04:24	9:51:01	11:08:34	12:58:43
63	60	MILEWICZ MAREK		GDAŃSK	1983	OPEN-M	55	13:43:17	13:43:09	2:19:26	3:07:19	4:35:30	5:50:09	6:20:37	10:22:19	11:27:18	13:10:05
64	8	BOSAK PRZEMYSŁAW	MAGOREX	ŻARY	1980	OPEN-M	56	13:45:41	13:45:28	2:21:15	3:01:50	4:21:53	5:42:22	6:16:58	10:12:46	11:32:04	
65	56	MARCINKOWSKI MAREK		SZCZECIN	1978	OPEN-M	57	13:46:17	13:46:11	2:21:28	3:01:47	4:23:42	5:45:21	6:21:16	10:09:15	11:17:02	12:56:38
66	26	GAWROŃSKI ARTUR		STARGARD	1976	OPEN-M	58	13:53:29	13:53:25	2:13:47	2:52:07	4:16:50	5:37:04	6:11:21	10:21:47	11:30:41	13:10:11
67	102	ŻEBROWSKI MARIUSZ	KARLINOBIEGAJ	KARLINO	1975	OPEN-M	59	13:54:25	13:54:13	2:25:43	3:09:28	4:38:49	5:56:14	6:31:13	10:29:04	11:38:15	13:17:44
68	14	DIDŁUCH JACEK	KARLINOBIEGAJ	KARLINO	1977	OPEN-M	60	13:54:25	13:54:11	2:25:42	3:09:18	4:38:51	5:56:16	6:31:11	10:28:58	11:38:11	13:18:00
69	82	STRONIKOWSKI KAMIL	DRUŻYNA STASIA	SZCZECIN	1979	OPEN-M	61	13:58:42	13:58:32	2:24:16	3:10:05	4:43:00	6:17:06	6:52:41	10:29:12	11:37:22	13:23:48
70	57	MATCZAK MACIEJ	GARMIN WROCŁAW	KIELCZÓW	1985	OPEN-M	62	14:00:27	14:00:20	2:23:00	3:05:50	4:29:46	5:48:57	6:21:26	10:10:32	11:28:57	13:22:32
71	47	KWIECIŃSKI FELIKS		WOLIN	1991	OPEN-M	63	14:00:53	14:00:43	2:23:24	3:06:42	4:40:40	6:08:57	6:45:01	10:27:27	11:37:18	13:17:29
72	101	ZALEWSKI MATEUSZ	NECROFUCKER	DZIWNÓW	1984	OPEN-M	64	14:00:53	14:00:45	2:23:28	3:06:41	4:35:41	6:08:55	6:45:01	10:27:28	11:37:34	13:17:27
73	78	SIMON KAROL		GLIWICE	2000	OPEN-M	65	14:01:11	14:00:56	2:25:52	3:09:02	4:29:46	5:52:06	6:25:38	10:13:34	11:31:07	13:26:38
74	17	DRYWA EWELINA	LEVEL-GEO TEAM	ZIELONA GÓRA	1986	OPEN-K	9	14:04:13	14:03:59	2:33:19	3:16:11	4:36:51	6:00:16	6:40:08	10:25:46	11:41:20	13:25:58
75	94	WIERCIOCH SŁAWOMIR	PARKRUN LUBIN	LUBIN	1973	OPEN-M	66	14:04:40	14:04:28	2:24:33	3:11:33	4:56:43	6:25:18	7:03:54	10:39:30	11:54:04	
76	33	KALICZAK-SZWAJA MONIKA		MAŁOMICE	1974	OPEN-K	10	14:04:40	14:04:29	2:34:39	3:18:14	5:03:37	6:15:15	6:46:05	10:33:51	11:53:56	
77	103	ŻUCHORA SYLWESTER	WIKTOR TEAM	BRZEG DOLNY	1976	OPEN-M	67	14:06:39	14:06:33	2:28:38	3:13:09	4:40:09	6:06:08	6:40:08	10:31:31	11:41:03	13:28:20
78	21	GNIADY KRZYSZTOF	ICT POLAND KKL KOSTRZYŃ NAD	NAMYŚLIN	1981	OPEN-M	68	14:09:06	14:08:51	2:34:31	3:19:59	4:59:13	6:23:57	6:58:03	10:52:03	12:02:13	
79	104	ŻUREK GRZEGORZ	SWIEBODZINSKIBIEGACZ.PL	ŚWIEBODZIN	1989	OPEN-M	69	14:11:24	14:11:23	2:14:42	3:06:15	4:34:53	5:58:02	6:34:51	10:29:34	11:43:32	
80	9	BUJLIŚ EUGENIUSZ	WKURW TEAM	WROCŁAW	1980	OPEN-M	70	14:11:44	14:11:40	2:09:45	2:53:40	4:25:34	5:58:56	6:35:59	10:35:31	11:44:31	13:19:37
81	31	JUNIK ŁUKASZ	MOCNA GRUPA CEZARA	MARCINKOWICE	1984	OPEN-M	71	14:11:44	14:11:35	2:13:51	2:53:36	4:15:18	5:42:17	6:19:04	10:05:32	11:22:47	13:14:51
82	79	SIP MARTA	HERNIK TEAM	POZNAŃ	1990	OPEN-K	11	14:20:28	14:20:20	2:41:07	3:30:25	5:02:24	6:30:06	7:05:37	10:55:05	12:04:10	13:45:32
83	59	MATUSZEWSKA MAŁGORZATA	POWIAT ŚREMSKI - RUNNER'S PO	ŚREM	1975	OPEN-K	12	14:20:28	14:20:18	2:40:54	3:30:35	5:01:36	6:30:01	7:05:38	10:55:15	12:04:08	
84	91	WALCZAK MICHAŁ		LISOWICE	1979	OPEN-M	72	14:20:28	14:20:18	2:41:05	3:30:29	5:02:10	6:30:04	7:05:36	10:55:26	12:04:13	
85	32	KACZMAREK MIROSLAW	RUNNER'S POWER	ŚREM	1991	OPEN-M	73	14:20:29	14:20:18	2:41:03	3:30:30	5:02:27	6:30:09	7:05:42	10:55:22	12:04:15	
86	36	KEPKE MICHAŁ	ZEUS RUN TEAM	LUBAŃ	1982	OPEN-M	74	14:21:07	14:20:53	2:36:00	3:19:28	5:05:30	6:30:58	7:07:37	10:57:03	12:14:18	
87	65	NIEMAS MARIUSZ	OYAMA ONYKS	BŁĄŻEJOWICE	1968	OPEN-M	75	14:34:15	14:34:03	2:33:59	3:20:25	5:02:41	6:27:56	7:06:28	10:59:11	12:16:24	14:03:52